

PRIVATE SWIM LESSONS!

September 8-October 3rd

Private lessons offer one-on-one instruction for all ages and all abilities. These lessons are 30 minutes long and can be scheduled any day of the week. Please see attached schedule.

Knowing which level best fits your child is helpful for instructors:

Level 1: This introductory level is for swimmers who have never taken swim lessons, or who are too timid to let go of the wall. This class focuses on the basic swimming skills while swimming with assistance.

Level 2: This level introduces different strokes such as freestyle, breast stroke and back stroke. This class focuses on learning to swim unassisted.

Level 3: An intermediate level is designed for those who struggle to swim the length of the pool. This level works on refining the freestyle stroke while practicing the breast and back stroke.

Level 4: This level is for swimmers who can comfortably swim the length of the pool using the freestyle stroke, and who know the basics of the back and breast stroke.

Adult Swim: This lesson is for adults who wish to learn the correct stroke techniques. No swimming experience required!!

- The cost per lesson package is \$60. Each 'single' lesson package includes 4 lessons for four consecutive weeks on the day you choose.
- Participants interested in meeting with their private swim instructor twice per week for four consecutive weeks may purchase a 'double' lesson package. The cost for a double lesson package is \$90. Participants may choose the dates and times from the available list.
- If two participants would like to share a private lesson, they may purchase a double lesson as well for \$100. Maximum is 2 per lesson and the two people will meet with the instructor for once a week for 4-consecutive weeks.
- Two participants meeting with their instructor twice per week for four consecutive weeks is \$180.
- No refunds or make ups will be given for missed lessons.

**** Register must be done in person at Halas Sports Center****

** Registration opens on 9:00 am on August 24th **

Questions? Contact April Boulter at aboulte@luc.edu