

Shifting the Way We Think:

Session 6:

Pillar 4-Positive Behavior
Management



Shifting the Way We Think:

Session Outcomes:

Participants will be able to:

- Name the benefits of moving to positive approaches to behavior management*
- Describe the key steps to implementing a positive behavioral management approach*
- Self-assess knowledge, skill and readiness in regard to Pillar Four and identify possible next steps for implementing Pillar Four at your school*





An Example...

What is your
definition of
“Tardy”?



Over 35 years of research has shown us that universally defined and articulated behavioral expectations has :

★ *significantly decreased behavioral issues*

★ *increased time for teaching and learning*

★ www.pbis.org

Paradigm Shift

Moving from school culture that

- is set up to “catch” kids breaking the rules. (Punitive approach)
- to a culture that is set up to “catch” kids in positive behaviors. (Positive approach)



Robert March Ph.D.

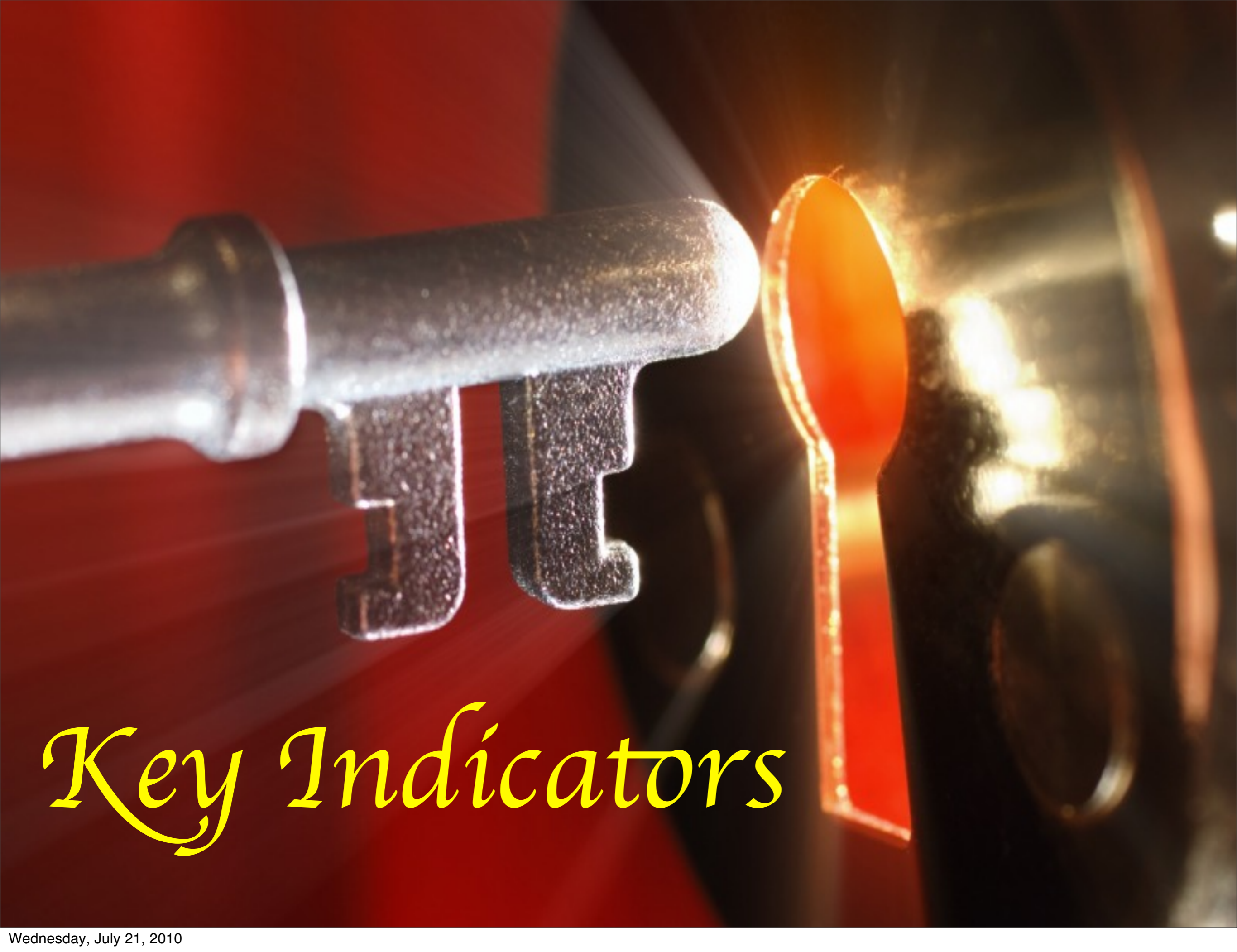
Elements of a Positive Approach

- Proactive – emphasis on *prevention*
- Common approach to discipline
- Clearly defined behavior expectations
- Direct teaching of expected behavior
- Frequent celebrations for appropriate behavior
- Strategies for discouraging/preventing inappropriate behavior
- Misbehavior offers a “teachable moment” and is dealt with immediately in a positive way

PBIS Schools Report...

- an increase in attendance
- students view school as a more positive and calm environment
- teachers report a more positive and calm environment and relationship with students
- reduction in the proportion and number of behavioral disruptions
- an increase in academic performance

(Horner & Sugai, 2000; Todd, Horner, Sugai and Colvin, 1999; Taylor-Greene, Brown, et al, 1997; Sugai & Colvin, 1996; 1994;1993)



Key Indicators

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- ★ 3-5 agreed upon school-wide behavioral expectations
- ★ System to teach behavioral expectations to students
- ★ System to teach behavioral expectations to transfer students
- ★ Plan to celebrate student success
- ★ System to collect data on student behavior
- ★ Data used to make changes in school program

If you can
predict it,
you can
prevent it!



What is PBS?



Five Steps

★ **Define**

**Universally agreed upon
set of expectations**

★ **Teach**

**Explicit instruction of
expectations**

★ **Remind**

**Frequent Cues to elicit
desired behavior**

★ **Correct**

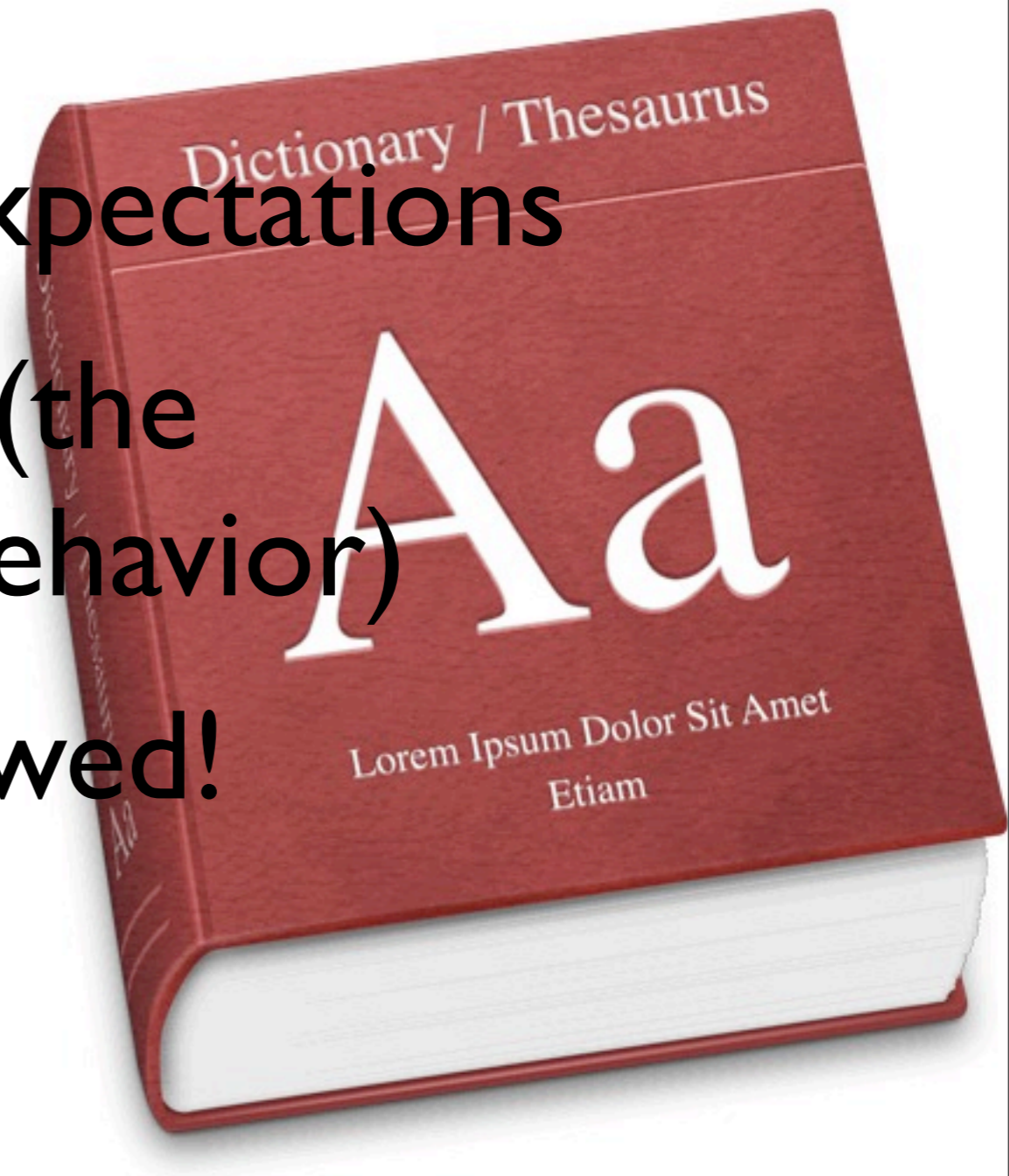
**Positive Procedures to
correct misbehavior**

★ **Celebrate**

**Positive ways to
acknowledge behavior**

Define

- Select 3-5 behavioral expectations
- State in positive terms (the preferred observable behavior)
- Only one “do not” allowed!
- Identify the contexts



St. Michael School PBIS Matrix

	BUSES	BUS STOPS	ARRIVAL & DISMISSAL	BATHROOMS	LUNCHROOM
BE SAFE	<ol style="list-style-type: none"> 1. Stay seated at all times (back to back, bottom to seat, backpacks on lap) 2. Enter/exit carefully 3. Use quiet voices on the bus 4. Keep hands, feet, objects to yourself 5. Open windows to line only (do not put anything out the window) 6. Carry all backpacks on and off the bus (handles must be collapsed) 7. No open food or drink on the bus. 	<ol style="list-style-type: none"> 1. Keep hands and feet to yourself 2. Do not go into the street for any reason 3. Stay on the sidewalk at your bus stop 4. Get on and off only at your assigned stop 	<p>Arrival inside the school:</p> <ol style="list-style-type: none"> 1. Go to designated areas promptly 2. Put belongings in correct places 3. Report to office when arriving late <p>Dismissal:</p> <ol style="list-style-type: none"> 1. Promptly exit assigned doors and walk directly home, to bus, or after school activity 2. Report to office if ride home is late <p>Mid-day Release:</p> <ol style="list-style-type: none"> 1. Report to office for sign out 	<ol style="list-style-type: none"> 1. Use facilities appropriately 2. Wash hands with soap 3. Turn off faucet 4. Walk back to class 5. Use bathroom at appropriate times 	<ol style="list-style-type: none"> 1. Walk everywhere 2. Stay seated 3. Clean up properly Be responsible for your own food items
BE RESPECTFUL	<ol style="list-style-type: none"> 1. Take your seat quickly 2. Listen to the bus driver, patrols, and supervisors. 3. Slide in and let others sit 4. Use kind words when speaking to others 	<ol style="list-style-type: none"> 1. Respect the personal property of others 2. Respect others as you board and exit the bus 	<ol style="list-style-type: none"> 1. Respond to patrols and adults 2. Use indoor voices when entering building. 3. Remove hats when entering school. 4. Use kind words when speaking to others. 5. Respect personal space and belongings. 	<ol style="list-style-type: none"> 1. Respect your privacy 2. Give others privacy 3. Flush toilet after use 4. Use one paper towel and put in trash 5. Keep bathroom clean 6. Be silent 	<ol style="list-style-type: none"> 1. Inside voices 2. Follow directions 3. Wait your turn in line 4. Listen to lunchroom supervisors 5. Use good table manners 6. Take turns washing tables 7. Ask for bathroom privileges
BE PREPARED	<ol style="list-style-type: none"> 1. Make sure to take all belongings with you when exiting the bus. 	<ol style="list-style-type: none"> 1. Be at the bus stop on time 2. Line up single file safely while waiting to enter the bus at your assigned stop 3. Make sure to take all belongings with you when exiting and boarding the bus. 	<p>Arrival:</p> <ol style="list-style-type: none"> 1. Arrive on time 2. Have belongings in hand 3. Promptly report to your classroom <p>Dismissal:</p> <ol style="list-style-type: none"> 1. Have all belongings ready to go. 	<ol style="list-style-type: none"> 1. Be quick 2. Observe time limits 3. Return to room promptly 	<ol style="list-style-type: none"> 1. Bring your lunch 2. Bring your lunch and milk ticket 3. Dress for the weather 4. Observe time limit

Teach

- Behaviors must be taught in the context where you want them to occur
- Never assume that student know what your definition is-**BE EXPLICIT!**





St. John's Teach Day

Remind

- Prior to the expected behavior occurring, remind the students of the expectations
- “Pre-correct” often during the first days of implementation
- What are the visible signs of your new culture?



Correct

- Develop discipline procedures that flow out of the expectations
- Students should see the connection between consequences and the failure to “live up to expectations”



Celebrate!

- Reinforce positive behavior often !!



Self-Assessment

