



# SAFETY INFORMATION SHEET

## FALL ARREST

### TO WHAT AND TO WHOM THIS SHEET PERTAINS

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All persons working on ladders, scaffolds or in other high spaces. All persons exposed to falls from open staging and irregular platforms.

### RISKS OR CONSEQUENCES

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Falls, bruises, muscle & ligament injuries, broken bones, and falling objects.

### BEST PRACTICES, RULES & PROCEDURES

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- Working on a ladder above 6 feet from the floor requires the use of a full body harness and appropriate lanyard connected to a cross-arm strap or other approved building structure. See the Department of Fine and Performing Arts Technical Director for harness certification and approval on connection points.
- Consider wearing a fall protection harness on any occasion where there is a potential fall of 6 feet or more.
- Keep the lanyard from getting caught by your feet or legs while climbing ladders and stairs.
- When using fall arrest anywhere in Mullady Theater, it is required that another person be in the theater to assist in case of an accident.
- Remove any unnecessary items from pockets or which could otherwise fall off before climbing up a ladder, working in the catwalks or near the edge of any abrupt change in flooring.
- All platforming, stairs, and scenery should be properly secured, inspected, and approved for use by a knowledgeable authority (such as the Technical Director) before using them in any way.
- People unfamiliar with the terrain should “walk the set” and/or be shown any hazards before trying to work, rehearse, or perform.
- Make sure that adequate lighting is provided in all fall risk situations.
- Anyone using equipment that impedes their field of vision must have a spotter if they intend to move around while using that equipment. Spotters should monitor the stage position of the equipment operator and stop any filming or other relevant activity should a potential hazard arise.

### FOR FURTHER STUDY

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<http://www.asse.org/practicespecialties/docs/Z359ArticleoftheMonth.pdf>

[http://www.asse.org/practicespecialties/engineering/docs/ByDesign\\_Z359Special\\_Fall2007.pdf](http://www.asse.org/practicespecialties/engineering/docs/ByDesign_Z359Special_Fall2007.pdf)

<http://www.yokeeusa.com>

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