

Lakeshore Dining Hall - Menu A (Lunch)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Adobo Pork Loin, Asian Pepper Chicken	Baked Fish, All-Day Breakfast	Turkey London Broil, Pizza	Chicken Al a King, Fried Fish	BBQ Beef Sandwich	Fried Chicken	Cheeseburger Pie
Veg. Entree	Stuffed Peppers	Bow tie Pasta w/ Lemon & Cheese	Sweet & Sour Tofu Stir Fry	Spinach Quiche	Vegetarian Fajitas	Vegetarian Enchiladas	Spicy Black Bean Cakes
Starch	Vegetable Fried Rice	Parmesan Grilled Potatoes	Herb-Roasted Potatoes	Rice Pilaf	Potato Pancakes	Home Fries	Papas Rancheros
Soup	Vegetable Beef, Cream of Potato	Pesto Minestrone, Cream of Tomato	Gumbo, Hearty Vegetable	Italian Wedding, Cream of Mushroom	Clam Chowder, California Bean	Roasted Corn/Potato, Vegetable	Chicken Noodle, Cream of Vegetable
Vegetable	Stir Fry Vegetables	Orange-Spiced Carrots	Yellow Squash, Seasoned Peas	Vegetable Medley, Green Beans	Seasoned Corn, Vegetable Medley	Yellow Squash, Seasoned Broccoli	Grilled Veggies, Sauteed Baby Carrots
Grill	Grilled Ham & Cheese	Chicken Parmesan	Tuna Melt	Bacon Blue Burger	Gyros	Monterrey Chicken	Turkey BLT
Dessert	Caramel Walnut Bars	Lucky Charms Bars	Apple Spice Bars	Fudge Brownie Cookies	Cheerio Peanut Butter Bars		
Specialty	Tostadas	Pancakes	Nachos	Sausages	Sausages	Nachos	Nachos
Salad	Marinated Cucumber	Corn & Black Bean	Broccoli Penne	Seafood Pasta	Roasted Mushroom	Fruited Wild Rice	Spinach & Penne Pasta Salad
Made-To-Order	General Tsao's Chicken	Southern Frito Pie	Popcorn Chicken Soft Taco	Vegetable Stir-Fry	Bacon, Egg, and Cheese Quesadilla	Omelet	Omelets
Middle	Tour of Italy	Chicken Fajita	Asian Pepper Chicken	Stuffed Potato	Omelet	Brunch	Brunch
Pasta Sauce	Pesto Cream	Bolognese	Alfredo	Bolognese	Alfredo	Bolognese	Pesto Cream



Lakeshore Dining Hall - Menu A (Dinner)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Szechuan Beef, Lemon Pepper Chicken	Southwest Pork Loin	Rotisserie Chicken, Salisbury Steak	Chicken Parmesan, Baked Ham	Baked Fish, Black Bean Enchiladas	Turkey London Broil, Chicken Fried Steak	Beef Round w/ Mushroom Sauce
Veg. Entree	Tamale Cornbread Pie	Vegetarian Lo Mein	Vegetarian Black Bean Peppers	Vegan Sweet & Sour Meatballs	Teriyaki Grilled Tofu	Roasted Winter Vegetables	Spanakopita
Starch	Vegetable Fried Rice	Confetti Rice	Almond/Raisin Jasmine Rice	Linguini Pasta	Potatoes Au Gratin	Lyonnais Potatoes	Scalloped Potatoes
Soup	Vegetable Beef, Cream of Potato	Pesto Minestrone, Cream of Tomato	Gumbo, Hearty Vegetable	Italian Wedding, Cream of Mushroom	Clam Chowder, California Bean	Roasted Corn/Potato, Vegetable	Chicken Noodle, Cream of Vegetable
Vegetable	Herbed Zucchini, Creamed Spinach	Fiesta Rice, Sautéed Squash	Roasted Corn, Seasoned Broccoli	Peas & Carrots, Capri Vegetables	Herbed Mushrooms, Spiced Carrots	Sautéed Cauliflower, Seasoned Broccoli	Seasoned Corn, Sautéed Peas/Onions
Grill	Mesquite Chicken Quesadilla	Monte Cristo Sandwich	Grilled Chicken Sandwich	Spinach & Turkey Burger	Reuben Sandwich	Monterrey Chicken Sandwich	Turkey BLT Sandwich
Dessert	Caramel Walnut Bars	Lucky Charms Bars	Apple Spice Bars	Fudge Brownie Cookies	Cheerio Peanut Butter Bars		
Specialty	Sausages	Pancakes	Nachos	Tostadas	Catfish & Fritters	Nachos	Nachos
Salad	Asian Slaw	Corn & Black Bean	Broccoli Penne	Seafood Pasta	Roasted Mushroom	Coleslaw	Spinach & Penne
Made-To-Order	Sweet & Sour Shrimp	Churrasco Flank Steak w/ Corn Sauce	Red Chili Pork Burrito	Pork Lo Mein	General Tsao's Chicken	Beef Tacos	Kung Pao Chicken w/ Noodles
Middle	Tour of Italy	Chicken Fajita	Asian Saute Chicken	Stuffed Potatoes	Macaroni & Cheese	Asian Shrimp Fajitas	Lo Mein Station
Pasta Sauce	Pesto Cream	Bolognese	Alfredo	Bolognese	Alfredo	Bolognese	Pesto Cream



Lakeshore Dining Hall - Menu B (Lunch)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Jerk Chicken, Beef Stroganoff	Ginger Pork	Homestyle Meatloaf w/ Chipotle Glaze	Caribbean Pork Roast, Salisbury Steak	Chicken Fried Steak, Grilled Turkey	Chicken Noodle Casserole	Beef & Vegetables Stir-Fry
Veg. Entree	Vegan Meatballs	Vegan Chicken Sandwich	Spanakopita	Cheese Enchiladas	Vegan Jambalaya	Szechuan Tofu Stir-Fry	Vegan Sloppy Joe Sandwiches
Starch	Chimichurri Roasted Potatoes	Parsley Rice	Delmonico Potatoes	Orzo	Cilantro Pesto Rice	Roasted Sweet Potatoes	Fried Vegetable Egg Roll
Soup	Vegetable Beef, Curry Cauliflower	Chicken Noodle, Split Pea	Tuscan Beef, Cream of Potato	Chicken & Wild Rice, Cream of Vegetable	Manhattan Chowder, Cuban Black Bean	Beef & Rice, Vegetable	Chicken Noodle, Vegan Carrot Mint
Vegetable	Vegetable Saute, Creamed Spinach	Squash Medley, Fresh Cauliflower	Sugar Snap Peas, Brussels Sprouts	Roasted Vegetables, Seasoned Corn	Vegetable Medley, Seasoned Peas	Sweet & Sour Carrots, Herbed Zucchini	Fried Rice, Green Beans
Grill	Grilled Turkey Reuben Wrap	Chicken Cheese Wrap	Bacon Burger	Bacon & Tomato Grilled Cheese	Fishwich w/ Lettuce	Caprese Melt	Classic Cuban
Dessert	Chocolate Brownie, Lemon Parfait	Magic Bars, Raspberry Parfait	Chocolate Cupcakes, Chocolate Parfait	Banana Cream Pie, Strawberry Parfait	Escaloped Apples, Chocolate Parfait	Chocolate Cupcakes	Chocolate Cream Pie
Specialty	Overstuffed Potatoes	Nachos	Taco Salads	Pretzels	Desserts	Tacos	Burgers
Salad	Carrot/Olive/Orange	Green Bean Marinade	Garbanzo Bean	Mixed Vegetables	Red-Skin Potato	Broccoli Penne	Chef's Salad
Made-To-Order	Penne Cacciatore	Sweet & Sour Tofu	Korean Beef & Vegetable Stir Fry	Beef Stroganoff	Spinach/Bacon/Ravioli Alfredo		
Middle	Tijuana Tacos	Stir Fry	Summer Vegetable Alfredo	Burritos	Beef & Broccoli Stir Fry	Omelet	Omelet
Pasta Sauce	Alfredo	Bolognese	Alfredo	Bolognese	Alfredo	Bolognese	Bolognese



Lakeshore Dining Hall - Menu B (Dinner)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Asian Pepper Chicken, Macaroni Casserole	Chicken Adobo	Fried Chicken, Braised Carnitas	Baked Fish, Braised Brisket	Spiced Ribs, Chicken Creole	Moroccan Chicken, Fried Pork Chop	Cheeseburger Pie
Veg. Entree	Wild Mushroom & Barley Ragout	Black Bean Stuffed Peppers	Asian Sesame Pasta	Grilled Teriyaki Tofu	Chicken Burritos	Vegetable Lasagna	Rosemary Polenta
Starch	Vegetable Fried Rice	Candied Sweet Potatoes	Italian Rice Pilaf	Potatoes Au Gratin	Roasted Red Potatoes	Long Grain & Wild Rice Blend	Parmesan Grilled Potatoes
Soup	Vegetable Noodle, Curry Cauliflower	Chicken Noodle, Split Pea	Tuscan Beef, Potato Chowder	Chicken & Rice, Vegetarian	New York Chowder, Cuban Black Bean	Beef & Rice, Vegetable & Rice	Chicken Noodle, Carrot Mint
Vegetable	Spiced Carrots, Peas & Pearl Onions	Jalapeno Cornbread, Seasoned Corn	Italian Green Beans, Broccoli Florets	Creamed Spinach	Zucchini, Yellow Squash	Cauliflower w/ Garlic, Green Beans	Peas & Pearl Onions, Seasoned Corn
Grill	Grilled Cheese Sandwiches	Italian Beef Burger	South-of-the-Border Wrap	Over-stuffed Fajitas	Grilled Chicken Sandwiches	Caprese Melts	Classic Cuban Sandwich
Dessert	Lemon Meringue Pie	Butterfinger Brownies	Bananas Foster	Apple Betty	Coconut Cream Pie	Pumpkin Pie	Yellow Cupcakes
Specialty	Overstuffed Potatoes	Nachos	Taco Salads	Pretzels	Desserts	Tacos	Burgers
Salad	Carrot/Olive/Orange	Green Bean Marinade	Garbanzo Bean	Mixed Vegetable	Red-Skin Potato	Broccoli Penne	Chef's Salad
Made-To-Order	Curried Pineapple Beef Plate	Honey Mustard Pork Loin	Chicken Cacciatore	Thai Beef Lo Mein w/ Peanut	Beef Soft Tacos	Omelets	Omelets
Middle	Penne Cacciatore	Beef Stroganoff	Korean Beef & Vegetable Stir Fry	Sweet & Sour Tofu	Spinach/Bacon/ Ravioli Alfredo	Pasta Primavera	Chicken Alfredo
Pasta Sauce	Alfredo	Bolognese	Alfredo	Bolognese	Alfredo	Bolognese	Alfredo



Lakeshore Dining Hall - Menu C (Lunch)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Honey Glazed Chicken	Peppered Roasted Turkey Breast	Orange Thyme Chicken	Portobella Jole Mole, Beef & Veggie Stew	Catfish & Critters, Turkey Divan	Beef Tips	Light & Crispy Pecan Chicken
Veg. Entree	Vegan Crispy Tofu	Thai Curry Noodles w/ Tofu	Linguini w/ Red Peppers	Vegan Aztec Wrap	Vegan Grilled BBQ Tofu	Tortellini Pesto	Black Bean Cakes
Starch	Cous Cous Pilaf	Potatoes O'Brian	Chipotle Cheddar Wedges	Lyonnais Potatoes	Au Gratin Potatoes	Egg Noodles	Brown Rice
Soup	Turkey Vegetable, Tomato Rice	Asian Beef Noodle, Potato Leek	Chicken w/ Wild Rice, Cream of Mushroom	Tortilla, Vegan Broccoli	Cape Cod Chowder, Beer Cheese	Beef & Vegetable, Cream of Tomato	Turkey Noodle, Vegetable
Vegetable	Seasoned Corn, Oriental Green Beans	Sugar Snap Peas, Stir-Fried Vegetables	Green Beans/Carrots, Cauliflower w/ Garlic	Roasted Carrots, Sautéed Broccoli	Roasted Mushrooms, Steamed Squash	Vegetable Medley, Peas & Carrots	Green Beans, Cauliflower w/ Garlic
Grill	Spinach Turkey Burger	Veggie Burger	Grilled Cheese w/ Bacon Sandwiches	Cuban Sandwich	Ham & Cheese Melt	Bacon Monterey Chicken Sandwich	Turkey BLT
Dessert	Banana Meringue, Lemon Parfait	Apple Pie, Lucky Charms Bars	Chocolate Cupcakes, Apple Spice Bars	Chocolate Cream Pie, Strawberry Parfait	Chocolate Parfait, Scalloped Apples	Banana Cream Pie	Apple Betty, Bananas Foster
Specialty	Nachos	Mashed Potatoes	Chicken Wings	Steak Fries	Nachos	Nachos	Tostadas
Salad	Black Bean & Corn	White Bean & Herb	Cucumber & Tomato Barley	Fruited Wild Rice	Garbanzo Beans	Marinated Cucumbers	Tomato-Beans
Made-To-Order	Southern Fried Pie	Pasta Fagioli Bowl	Veggie Egg Foo Young	Pork & Red Bean Burrito	Sweet & Sour Chicken	Omelet	Omelet
Middle	Tour of Italy	Chicken Fajitas	Asian Chicken Sautee	Stuffed Potato	Omelet	Brunch	Omelet
Pasta Sauce	Bolognese	Southwestern Alfredo	Bolognese	Pesto Primavera	Alfredo	Bolognese	Tomato Alfredo



Lakeshore Dining Hall - Menu C (Dinner)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Chicken Parmesan, Lasagna	Montreal Roasted Pork Loin	Top-Round Beef w/ Mushroom Sauce	Tandoorie Chicken Casserole	Jamaican Jerked Tilapia	Roast Beef Sandwich, Rotisserie Chicken	Turkey Chow Mein
Veg. Entree	Tamale Cornbread Pie	Vegetable Lo Mein	Black Bean Peppers	Sweet/Sour Meatballs	Teriyaki Grilled Tofu	Spanakopita	Roasted Vegetables
Starch	Linguini	Brown Rice	Tuscan Orzo	Almond Raisin Jasmine Rice	Roasted Red Potatoes	Chipotle Cheddar Wedges	Roasted Sweet Potatoes
Soup	Turkey Vegetable, Tomato Rice	Asian Beef Noodle, Potato Leek	Chicken w/ Wild Rice, Cream of Mushroom	Tortilla, Vegan Broccoli	Cape Cod Chowder, Cheddar Cheese	Beef & Vegetable, Cream of Tomato	Turkey Noodle
Vegetable	Seasoned Broccoli, Sautéed Squash	Macaroni & Cheese, Mexican Corn	Bok Choy/Baby Corn, Broccoli Spears	Creamed Spinach, Sautéed Green Beans	Sugar Snap Peas, Ginger-Honey Carrots	Cauliflower w/ Garlic, Vegetable Medley	Green Bean Casserole Seasoned Peas
Grill	Mesquite Chicken Quesadilla	Monte Cristo Sandwich	Grilled Chicken Sandwich	Spinach Turkey Burger	Reuben Sandwich	Bacon Monterey Chicken Sandwich	Turkey BLT
Dessert	Banana Meringue, Caramel Bars	Apple Pie, Lucky Charms Bars	Chocolate Cupcakes, Apple Spice Bars	Chocolate Cream Pie, Fudge Cookies	Banana Cream Pie, Cheerios Bars	Bananas Foster, Scalloped Apples	Apple Betty
Specialty	Nachos	Mashed Potatoes	Chicken Wings	Steak Fries	Nachos	Nachos	Tostadas
Salad	Black Bean & Corn	White Bean & Herb	Cucumber & Tomato	Fruited Wild Rice	Garbanzo Bean	Marinated Cucumber	Tomato Bean
Made-To-Order	Sweet & Sour Shrimp	Carved Prime Rib Sandwiches	Curry Potato & Chickpea	Vegetable Fajitas	Miso BBQ Beef w/ Ginger Sauce	Omelet	Omelet
Middle	Tour of Italy	Chicken Fajita	Asian Chicken Sauté	Stuffed Potato	Macaroni & Cheese	Lo Mein	Asian Shrimp Fajita
Pasta Sauce	Bolognese	Southwestern Alfredo	Bolognese	Pesto Primavera	Alfredo	Bolognese	Tomato Alfredo



Lakeshore Dining Hall - Menu D (Lunch)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Chicken Cordon Blue, Broiled Pollock	BBQ Beef Brisket	Pork Cutlet w/ Mushroom Gravy	Sesame Soy Chicken, Adobo Pork Loin	Black Bean Tacos, Top Round Beef	Tomato Beef Macaroni Casserole	Baked Chicken
Veg. Entree	Vegetarian Enchiladas	Vegan Tofu Cajun Scrambler	Vegan Rosemary Polenta	Garden Nuggets	Vegan Crispy Tofu	Sweet & Sour Tofu	Vegan Mushroom & Barley Ragout
Starch	Scalloped Potatoes	Herb Roasted Red Potatoes	Confetti Rice Pilaf	Jasmine Rice	Chipotle Cheddar Wedges	Cilantro Pesto Rice	Roasted Sweet Potatoes
Soup	Beef Barley, Vegetarian Chili	Chicken Soup, Cream of Mushroom	Italian Wedding, Corn Chowder	Vegetable Beef, Lentile Soup (Kosher)	NY Clam Chowder, Cream of Vegetarian	Cream of Chicken, Pasta Fajoli	Turkey Vegetable, Regular Vegetable
Vegetable	Vegetable Medley, Herbed Zucchini	Sugar Snap Peas, Roasted Corn	Seasoned Peas, Tomato & Zucchini	Asian Vegetables, Cantonese Vegetables	Vegetable Medley, Creamed Spinach	Sauteed Squash, Roasted Carrots	Cauliflower, Mushrooms, & Peas
Grill	Bacon/Swiss Burgers	Grilled Ham & Cheese	Turkey Sloppy Joes	Texas Beef Burger	Grilled Tomato, Bacon, & Cheese	Caprese Melt	Cuban Sandwiches
Dessert	Congo Bars, Lemon Meringue Pie	Mega Chip Blondies, Butterfinger Brownies	Magic Bars, Bananas Foster	Lemon Bars, Apply Betty	Chinese Chew Bars, Coconut Cream Pie	Chocolate Cupcakes	Yellow Cupcakes, Pumpkin Pie
Specialty	Stuffed Potatoes	Cupcakes	Nachos	Sausages	Asian	Burgers	Nachos
Salad	Dill-Cucumber	Red Potato	Ranch Pasta	Barley Cucumber & Tomato	Red Skin Potato	Contry Style Tomato	Tabouleh & Cous Cous
Made-To-Order	Shrimp Fried Rice	Mexican Beef Fajitas	Beef & Vegetable Stir Fry	San Juan Beef Stew	Vegetable Lo Mein	Omelet	Omelet
Middle	Tijuana Tacos	Stir Fry	Vegetable Tortellini Alfredo	Burrito	Beef & Broccoli Stir Fry	Brunch	Brunch
Pasta Sauce	Bolognese	Tomato Alfredo	Bolognese	Pesto Cream	Bolognese	Pesto Cream	Tomato Alfredo



Lakeshore Dining Hall - Menu D (Dinner)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Chipotle Pork Loin, Orange Chicken	Beef Chimichanga	Red Curry Chicken, Beef Paprikish	Beef & Pepper Steak, London Broil	Braised Pollock, Orange Pork Loin	Turkey Meatloaf, Fried Chicken	Thai Curry Chicken
Veg. Entree	Latin Grains	Curried Eggplant	Vegan Jambalaya	Morrocان Vegetable Stew	Cantonese Vegetable Stir Fry	Eggplant Parmesan	Lentil Stuffed Potatoes
Starch	Lyonnais Noodles	Spanish Rice	Delmoncino Potatoes	Sweet Potatoes	Home Fries	Roasted Red Potatoes	Grilled Potatoes
Soup	Beef Barley, Vegetarian Chili	Chicken Soup, Cream of Mushroom	Italian Wedding, Corn Chowder	Vegetable Beef, Lentile Soup (Kosher)	NY Clam Chowder, Cream of Vegetarian	Cream of Chicken, Pasta Fajoli	Turkey Vegetable, Regular Vegetable
Vegetable	Lemon Broccoli, Stir Fry Vegetables	Sauteed Green Beans, Seasoned Corn	Sauteed Squash, Orange Spiced Carrots	Roasted Mushrooms, Braised Cabbage	Squash Medley, Broccoli/Cauliflower	Italian Style Green Beans	Corn on the Cob, Oven Roasted Carrots
Grill	Monte Cristo Sandwiches	Bratwurst & Sauerkraut	Reuben Sandwiches	Italian Sausage Sandwiches	Stacked Chicken Quesadillas	Fish Sandwiches	Italian Burgers
Dessert	Congo Bars, Lemon Meringue Pie	Mega Chip Blondies, Butterfinger Brownies	Magic Bars, Bananas Foster	Lemon Bars, Apple Betty	Chinese Chew Bars, Coconut Cream Pie	Chocolate Cupcakes, Pumpkin Pie	Chocolate Cream, Yellow Cupcakes
Specialty	Stuffed Potatoes	Cupcakes	Nachos	Asian	Sausages	Burgers	Nachos
Salad	Dill-Cucumber	Red Potato	Ranch Pasta	Barley Cucumber & Tomato	Red Skin Potato	Contry Style Tomato	Tabouleh & Cous Cous
Made-To-Order	Chicken Asopao	Carved Bone-In Ham	Cantonese Vegetable Lo Mein	Chicken Valdastano Over Pasta	Sweet Potato Hash	Omelet	Omelet
Middle	Tijuana Tacos	Stir Fry	Vegetable Tortellini Alfredo	Burrito	Beef & Broccoli Stir Fry	Artichoke & Tomato Tortellini	Noodle Bowl
Pasta Sauce	Bolognese	Tomato Alfredo	Bolognese	Pesto Cream	Bolognese	Pesto Cream	Tomato Alfredo

