

Lakeshore Dining Hall - Menu B (Lunch)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Jerk Chicken, Beef Stroganoff	Ginger Pork	Homestyle Meatloaf w/ Chipotle Glaze	Caribbean Pork Roast, Salisbury Steak	Chicken Fried Steak, Grilled Turkey	Chicken Noodle Casserole	Beef & Vegetables Stir-Fry
Veg. Entree	Vegan Meatballs	Vegan Chicken Sandwich	Spanakopita	Cheese Enchiladas	Vegan Jambalaya	Szechuan Tofu Stir-Fry	Vegan Sloppy Joe Sandwiches
Starch	Chimichurri Roasted Potatoes	Parsley Rice	Delmonico Potatoes	Orzo	Cilantro Pesto Rice	Roasted Sweet Potatoes	Fried Vegetable Egg Roll
Soup	Vegetable Beef, Curry Cauliflower	Chicken Noodle, Split Pea	Tuscan Beef, Cream of Potato	Chicken & Wild Rice, Cream of Vegetable	Manhattan Chowder, Cuban Black Bean	Beef & Rice, Vegetable	Chicken Noodle, Vegan Carrot Mint
Vegetable	Vegetable Saute, Creamed Spinach	Squash Medley, Fresh Cauliflower	Sugar Snap Peas, Brussels Sprouts	Roasted Vegetables, Seasoned Corn	Vegetable Medley, Seasoned Peas	Sweet & Sour Carrots, Herbed Zucchini	Fried Rice, Green Beans
Grill	Grilled Turkey Reuben Wrap	Chicken Cheese Wrap	Bacon Burger	Bacon & Tomato Grilled Cheese	Fishwich w/ Lettuce	Caprese Melt	Classic Cuban
Dessert	Chocolate Brownie, Lemon Parfait	Magic Bars, Raspberry Parfait	Chocolate Cupcakes, Chocolate Parfait	Banana Cream Pie, Strawberry Parfait	Escaloped Apples, Chocolate Parfait	Chocolate Cupcakes	Chocolate Cream Pie
Specialty	Overstuffed Potatoes	Nachos	Taco Salads	Pretzels	Desserts	Tacos	Burgers
Salad	Carrot/Olive/Orange	Green Bean Marinade	Garbanzo Bean	Mixed Vegetables	Red-Skin Potato	Broccoli Penne	Chef's Salad
Made-To-Order	Penne Cacciatore	Sweet & Sour Tofu	Korean Beef & Vegetable Stir Fry	Beef Stroganoff	Spinach/Bacon/Ravioli Alfredo		
Middle	Tijuana Tacos	Stir Fry	Summer Vegetable Alfredo	Burritos	Beef & Broccoli Stir Fry	Omelet	Omelet
Pasta Sauce	Alfredo	Bolognese	Alfredo	Bolognese	Alfredo	Bolognese	Bolognese



Lakeshore Dining Hall - Menu B (Dinner)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Reg. Entree	Asian Pepper Chicken, Macaroni Casserole	Chicken Adobo	Fried Chicken, Braised Carnitas	Baked Fish, Braised Brisket	Spiced Ribs, Chicken Creole	Moroccan Chicken, Fried Pork Chop	Cheeseburger Pie
Veg. Entree	Wild Mushroom & Barley Ragout	Black Bean Stuffed Peppers	Asian Sesame Pasta	Grilled Teriyaki Tofu	Chicken Burritos	Vegetable Lasagna	Rosemary Polenta
Starch	Vegetable Fried Rice	Candied Sweet Potatoes	Italian Rice Pilaf	Potatoes Au Gratin	Roasted Red Potatoes	Long Grain & Wild Rice Blend	Parmesan Grilled Potatoes
Soup	Vegetable Noodle, Curry Cauliflower	Chicken Noodle, Split Pea	Tuscan Beef, Potato Chowder	Chicken & Rice, Vegetarian	New York Chowder, Cuban Black Bean	Beef & Rice, Vegetable & Rice	Chicken Noodle, Carrot Mint
Vegetable	Spiced Carrots, Peas & Pearl Onions	Jalapeno Cornbread, Seasoned Corn	Italian Green Beans, Broccoli Florets	Creamed Spinach	Zucchini, Yellow Squash	Cauliflower w/ Garlic, Green Beans	Peas & Pearl Onions, Seasoned Corn
Grill	Grilled Cheese Sandwiches	Italian Beef Burger	South-of-the-Border Wrap	Over-stuffed Fajitas	Grilled Chicken Sandwiches	Caprese Melts	Classic Cuban Sandwich
Dessert	Lemon Meringue Pie	Butterfinger Brownies	Bananas Foster	Apple Betty	Coconut Cream Pie	Pumpkin Pie	Yellow Cupcakes
Specialty	Overstuffed Potatoes	Nachos	Taco Salads	Pretzels	Desserts	Tacos	Burgers
Salad	Carrot/Olive/Orange	Green Bean Marinade	Garbanzo Bean	Mixed Vegetable	Red-Skin Potato	Broccoli Penne	Chef's Salad
Made-To-Order	Curried Pineapple Beef Plate	Honey Mustard Pork Loin	Chicken Cacciatore	Thai Beef Lo Mein w/ Peanut	Beef Soft Tacos	Omelets	Omelets
Middle	Penne Cacciatore	Beef Stroganoff	Korean Beef & Vegetable Stir Fry	Sweet & Sour Tofu	Spinach/Bacon/ Ravioli Alfredo	Pasta Primavera	Chicken Alfredo
Pasta Sauce	Alfredo	Bolognese	Alfredo	Bolognese	Alfredo	Bolognese	Alfredo

