

SUZETTE L. SPEIGHT, Ph.D.

School of Education
Loyola University Chicago
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EDUCATIONAL AND PROFESSIONAL BACKGROUND

Ph.D. Counseling Psychology 1990	The Ohio State University, Columbus, OH
Lecturer 1989-1991	Department of Psychology, Ohio State University Columbus, OH
Assistant Professor 1991-1997	Department of Counseling Psychology, Loyola University Chicago
Licensed Clinical Psychologist 1993 - present	State of Illinois # 071 - 004757
Director of Clinical Training 1996 – 2003	Department of Leadership, Foundations, and Counseling Psychology, Loyola University Chicago
Associate Professor 1997 – present	Counseling Psychology, School of Education Loyola University Chicago
Graduate Program Director 2006 – present	Counseling Psychology, Community & School Counseling School of Education, Loyola University Chicago

PROFESSIONAL AFFILIATIONS

American Counseling Association
Association for Multicultural Counseling and Development
Counselor Education and Supervision

American Psychological Association
Division 17 (Counseling)
Convention Program Committee Member, 1995 – 1998, 2003 – 2006
Section on Racial/Ethnic Diversity, Treasurer, 2006 - 2008
Division 45 (Society for Psychological Study of Ethnic Minority Issues)

Association of Black Psychologists
Board of Directors, Chicago Chapter, 1993 - 1996, 1998 - 2006
President, Chicago Chapter, 1994
National Convention Committee, 1996

COURSES TAUGHT

Advanced and Beginning Practicum (graduate)
Counseling Skills (graduate)
Ethical and Legal Issues in Counseling Psychology (graduate)
Ethical and Professional Issues in Counseling (graduate)
Introduction to Counseling Psychology (undergraduate)
Identity and Pluralism (undergraduate)
Multicultural Counseling (graduate)
Psychology of Personal and Academic Effectiveness (undergraduate)
Psychology of Oppression and Liberation (graduate)
Research Seminar in Counseling Psychology (graduate)
Thematic Approach to Multicultural Counseling (graduate)

RESEARCH INTERESTS

African centered psychology
Identity development
Internalized oppression and development of critical consciousness
Multicultural education and training
Process and outcome issues in multicultural counseling
Suicide and African Americans
Culturally specific treatment approaches

SCHOOL AND UNIVERSITY SERVICE

School of Education-Level

Committee on Multicultural Education (1991 - 1996)
School of Education Academic Council (1997 - present)
 Governance committee (2000)
 Vice president (2000- 2002)
School of Education Faculty Development Committee Chair (2005- present)
School of Education Promotion and Tenure Committee (1997 - 2000)
School of Education, Faculty International Work Group (1998 - 1999).
Bilingual Student Service Certification Committee (1999)
Higher Education Search Committee (2002)
Bilingual Faculty Search Committee (2004)
Higher Education Search Committee (2006,2007)

University-Level

Graduate School Committee on Minority Recruitment and Retention (1991 - 1995)
Freshman Experience Task Force, 1994
Loyola 2000 Academic Proposal Committee (1999)
Graduate Fellowships Committee (2001- present)
Lakeside Research Committee (2001 – 2002)
Strategic Agenda Coordinating Council (2002 – 2003)
Center for Faculty Development Advisory Board (2003 – 2005)
Center for Faculty Development, Faculty Mentor (2006- present)
Black World Studies Committee (2004 – present)

PROFESSIONAL SERVICE

- Ad Hoc Reviewer: *Journal of Counseling and Development*
Journal of Clinical and Consulting Psychology
Journal of Counseling Psychology
 Peacock Publishers
 Sage Publishers
- Editorial Board, *The Counseling Psychologist* 1998 - 2000, 2005 - 2007
- Editorial Board, *Journal of Black Psychology* 1999 - 2000, 2004 - present
- National Health Service Corps Ambassador 2003 – present

PUBLICATIONS

- Myers, L. J., Stokes, D. R., & Speight, S. L. (1989). Physiological responses to anxiety and stress: Reactions to oppression, galvanic skin potential and heart rate. *Journal of Black Studies, 20*, 80-96.
- Myers, L. J., Speight, S. L., Highlen, P. S., Cox, C. I., Reynolds, A., Adams, E., Hanley, C. P. (1991). Identity development and world view: Toward an optimal conceptualization. *Journal of Counseling & Development, 70*, 54-63.
- Speight, S. L. (1991). The fourth one's a charm. [Review of *The Skilled Helper*, 4th Edition]. *Contemporary Psychology, 36*, 721-722.
- Speight, S. L., Myers, L. J., Cox, C. I., & Highlen, P. S. (1991). A redefinition of multicultural counseling. *Journal of Counseling & Development, 70*, 29-36.
- Myers, L. J., Haggins, K., & Speight, S. L. (1994). Optimal theory and career assessment: Toward an inclusive, global perspective. *Journal of Career Assessment, 2*, 289-304.
- Myers, L. J., & Speight, S. L. (1994). Optimal theory and the psychology of human diversity. In E. J. Trickett, R. J. Watts and Birman, D. (Eds). *Human diversity: Perspectives on people in context*. San Francisco: Jossey Bass.
- Speight, S. L., Thomas, A. J., Kennel, R. G., & Anderson, M. E. (1995). Operationalizing multicultural training in doctoral programs and internships. *Professional Psychology: Research and Practice, 26*, 401-406.
- Speight, S. L., Vera, E. M., & Derrickson, K. (1996). Racial self-designation, racial identity, and self-esteem revisited. *Journal of Black Psychology, 22*, 37-52.
- Vera, E. M., Speight, S. L. (1996). Promises, promises... *The Counseling Psychologist, 24*, 760-762.
- Speight, S. L., & Vera, E. M. (1997). Similarity and difference in multicultural counseling: Considering the Attraction and Repulsion hypotheses. *The Counseling Psychologist, 25*, 280-298.
- McCurtis, K., Speight, S. L., & Thomas, A. J. (1997). An investigation of racial identity, self-esteem, and academic achievement with African American high school students. *Journal of Black Psychology, 23*, 344-357.
- Thomas, A. J., & Speight, S. L. (1999). Racial identity and racial socialization attitudes of African American parents. *Journal of Black Psychology, 25*, 152-170.
- Vera, E. M., & Speight, S. L. (1999). Clients' perceptions and evaluations of similarities to and differences from their counselors. *Journal of Counseling Psychology, 46*, 277-283.

- Vera, E. M., & Speight, S. L. (2003). Multicultural competence, social justice and counseling psychology: Expanding our roles. *The Counseling Psychologist, 31*, 253-272.
- Myers, L. J., Young, A., Obasi, E., & Speight, S. L. (2003). Recommendations for the treatment of African Descent Populations. In *Psychological treatment of ethnic minority populations*. Washington, DC: Association of Black Psychologists.
- Speight, S. L., & Vera, E. M. (2004). Social justice: Ready, or not? [An invited commentary.] *The Counseling Psychologist, 32*(1), 109-118.
- Thomas, A. J., Witherspoon, K. M., & Speight, S. L. (2004). Exploring internalized oppression of African American women. In J. L. Chin (Ed.). *The psychology of prejudice and discrimination*. Westbrook, CN Praeger Press.
- Witherspoon, K. M., Thomas, A. J., & Speight, S. L. (2004). Toward the development of the Stereotypic Roles for African American Women Scale. *Journal of Black Psychology, 30*(3), 426-442.
- Vera, E. M., Shin, R., Montgomery, G., Mildner, C., & Speight, S.L. (2004). Conflict resolution styles, self-efficacy, self-control, and future orientation in urban adolescents. *Professional School Counseling, 8*, 73-79.
- Speight, S. L., & Vera, E. M. (2005). A four year analysis of counseling center clients' expressed preferences for counselor characteristics. *Journal of College Student Psychotherapy, 19*(3), 55-68.
- Vera, E. M., & Speight, S. L. (In press). Advocacy, outreach, and prevention: Integrating social action roles into professional training. In E. Aldarondo (Ed.) *Social justice in the counseling profession*.
- Miller, M. J., & Speight, S. L. (in press). The Asian Values Scale. In Y. Jackson (Ed.), *Encyclopedia of Multicultural Psychology*. Thousand Oaks, CA: Sage Publications.
- Witherspoon, K.M., Speight, S.L., & Thomas, A. (in press). Understanding racial identity attitudes and school achievement among African American youth. In J.U. Ogbu (Ed.) *Minority Status, Collective Identity and Schooling*. Mahwah, N.J.: Lawrence Erlbaum and Associates.
- Miller, M. J., & Speight, S. L. (in press). Models of second culture acquisition. In Y. Jackson (Ed.) *Encyclopedia of Multicultural Psychology*. Thousand Oaks, CA: Sage.
- Miller, M. J., & Speight, S. L. (in press). Ethnic identity development measures: Asian Values Scale. In Y. Jackson (Ed.) *Encyclopedia of Multicultural Psychology*. Thousand Oaks, CA: Sage.
- Miller, M. J., & Speight, S. L. (in press). Acculturation scales: Suinn-Lew Asian Self-identity Acculturation Scale. In Y. Jackson *Encyclopedia of Multicultural Psychology*. Thousand Oaks, CA: Sage.
- Priester, P. E., Speight, S. L., & Vera, E. M. (in press). The impact of counselor recovery status similarity on perceptions of attractiveness with members of Alcoholics Anonymous: An exception to the Repulsion Hypothesis. *Rehabilitation Counseling Bulletin*.
- Sammons, C. C., & Speight, S. L. (In Press). A qualitative investigation of changes in graduate students associated with multicultural counseling classes. *The Counseling Psychologist*.
- Speight, S. L. (2007). Internalized racism: One more piece of the puzzle. [An invited commentary.] *The Counseling Psychologist, 35*(1), 126-134.

REPORTS UNDER REVIEW

- Thomas, A. J., Witherspoon, K. M., & Speight, S. L. (Revise & Resubmit) Gendered racism, psychological symptoms, and coping styles of African American women
- Witherspoon, K. M., Thomas, A. J., & Speight, S. L. (Revise & Resubmit) Psychological functioning of African American women: The role of stereotypic images.
- Speight, S. L., Thomas, A.J., & Witherspoon, K. M. (Revise & Resubmit) Mental health of African American women.

REPORTS IN PREPARATION

- Speight, S. L., Thomas, A., T., & Witherspoon, K. M. Race-related stress, suicidal ideation and reasons for living: Exploring the moderating effect of Afrocentric values and social support.
- Speight, S. L., Isom, D., Thomas, A. J., Witherspoon, K. M., & Ewing, K.M. Racialized gender: Understanding the complexities of racialized gender identity in African American woman.
- Hill, S., & Speight, S. L. Racial socialization, stigma, and altruism.
- Speight, S. L. & Vera, E.M., Social justice and counseling psychology. (S. D., Brown , & R. Lent, Eds.). *Handbook of Counseling Psychology*

PROFESSIONAL PRESENTATIONS (1997 - present)

- Vera, E. M., London, L., & Speight, S. L. (1997). *Community psychology approaches to multiculturalism*. Paper presented at the annual Teachers College Winter Roundtable on Cross-cultural Psychology and Education.
- Vera, E. M., Speight, S. L., London, L. H. (1998). *Designing school-based violence prevention programs: university-community partnerships*. Workshop presented at the annual Teachers College Winter Roundtable on Cross-cultural Psychology and Education.
- Priester, P. E., Speight, S.L., & Vera, E. M. (1998). *Alcoholism recovery status of clinicians: The impact on client perceptions*. Poster presented at American Counseling Association World Conference, Indianapolis, IN.
- Priester, P. E., Speight, S. L., & Vera, E. M. (1999). *Relationship formation in substance abuse counseling: Attraction or repulsion hypothesis?* Poster presented at Midwestern Psychological Association Meeting, Chicago, IL.
- Sweatt, L. I., & Speight, S. L. (1999). *An exploration of psychologists' social and professional advocacy attitudes and involvement*. Poster presented at American Psychological Association Annual Convention, Boston, MA.
- Vera, E. M., Speight, S. L., Mildner, C., & Carlson, H. (1999). *Clients' perceptions and evaluations of similarities to and differences from their counselors*. Poster presented at American Psychological Association Annual Convention, Boston, MA.
- Speight, S. L. (2000). *Multiculturalism and the status quo*. Invited paper presented at annual Teachers College Winter Roundtable on Cross-cultural Psychology and Education.
- Tolliver, D, Richards, H., & Speight, S. L. (2000). *Teaching psychology from an African Centered Perspective*. Paper presented at the Annual Convention of the Association of Black Psychologists, Accra, Ghana.

- Speight, S. L. & Vera, E. M. (2000). *Counseling center clients' expressed preferences for counselor characteristics*. Poster presentation at the Annual Convention of the American Psychological Association, Washington, D. C.
- Vera, E. M., Shin, R., Montgomery, G., Mildner, C., Speight, S. L., & London, L. (2000). *Resiliency and conflict resolution styles of urban adolescents*. Poster presentation at the Annual Convention of the American Psychological Association, Washington, D. C.
- Vera, E. M., & Speight, S. L. (2001). *Beyond multicultural competencies: Counseling Psychology and social justice*. Paper presented at the 2001 Counseling Psychology Conference, Houston, Texas.
- Vera, E. M., & Speight, S. L. (2002). *Multicultural competence, social justice and counseling psychology: Expanding our roles*. Paper presented at annual Teachers College Winter Roundtable on Cross-cultural Psychology and Education.
- Tolliver, D., Beasley-Harding, D., Wright, D., & James, L. (2002). *African American studies and the development of African centered identity: Social and psychological implications*. Presentation at the African American Studies Association 25th Annual Black Studies Conference. Chicago, IL.
- Thomas, A. J., Witherspoon, K. M., & Speight, S. L. (2002). *Development of the stereotypic roles for Black women scale*. Poster presented at American Psychological Association Annual Conference, Chicago, IL.
- Thomas, A. J., Witherspoon, K. M., & Speight, S. L. (2003). *Exploring internalized oppression of African American women*. Symposium presented at the National Multicultural Psychology Conference and Summit III. Hollywood, CA.
- Thomas, A. J., Witherspoon, K. M., Speight, S. L. (2003). *Black women and identity: Seeing the trees but missing the forest*. Workshop presented at the Third Annual Diversity Challenge. Boston College, Chestnut Hill, MA.
- Speight, S. L. (2004). *Risk and protective factors surrounding suicide for African Americans*. Paper presented at the Urban Living and Mental Health Conference. Chicago State University, Chicago, IL
- Thomas, A. J., Witherspoon, K. M., & Speight, S. L. (2004). *Gendered racism, psychological symptoms, and coping of African American Women*. Poster presented at American Psychological Association Conference. Honolulu, HI.
- Speight, S. L., Thomas, A. J., & Witherspoon, K. M. (2005). *Suicidal behavior in African Americans: Risk and protective factors*. Paper presented at the National Multicultural Summit. Hollywood, CA
- Speight, S. L., Thomas, A. J., & Witherspoon, K. M., (2006). *Gendered racism, psychological symptoms, and coping of African American Women*. Paper presented at Columbia University Teachers' College Witherspoon Roundtable on Multicultural Psychology and Education, New York, NY.
- Speight, S. L., Vera, E. M., Caldwell, J., Clarke, M., & West, M. (August, 2006) *Developing culturally competent practices: Clinicians' reports of "what works"*. Poster presented at American Psychological Association Conference, New Orleans, LA.
- Witherspoon, K. M., Speight, & Thomas, A. J. (August, 2006) *African American women's stereotypical roles and health status*. Poster presented at American Psychological Association Conference, New Orleans, LA.

Guest Lectures (1997 - present)

Speight, S. L. (July, 1997). *Exploring world views & Understanding oppression*. Hines Veteran's Affairs Medical Center Psychology Internship Program.

Speight, S. L. (October/November, 1997). *Exploring world views series*. Cook County Hospital Psychology Internship Program.

Speight, S. L. (October, 1997). *Personal and professional world views*. Ravenswood Community Mental Health Center Training Program.

Speight, S. L. (November, 1997). *Personal and professional world views*. Keynote speaker for "A Multicultural Counseling Workshop" at Moraine Valley Community College.

Speight, S. L. (April, 1998). *Understanding similarity and difference in the counseling relationship*. Columbia Michael Reese Hospital Psychology Internship Program.

Speight, S. L. (September, 1998). *Exploring world views*. Hines Veteran's Affairs Medical Center Psychology Internship Program.

Maher, M., Kaufman, K., Litwicki, M., Diaz, S., Epstein, E., & Speight, S. L. (October, 1998). *Is tolerance enough? The Catholic university and the common good*. A panel discussion. School of Education, Loyola University Chicago.

Speight, S. L. (October, 1998). *Diversity Retreat*. Community College of Lake County.

Speight, S. L. (November, 1998). *Cultural sensitivity training: Professional and personal world views*. University of Illinois at Chicago National Research & Training Center on Psychiatric Disability.

Speight, S. L. (November, 1998). *Personal and professional world views*. Ravenswood Community Mental Health Center Training Program.

Speight, S. L. & Joseph, O. (November, 1998 & March, 1999). *How to make an A*. Oakton Community College, Skokie, IL.

Speight, S. L. (April, 1999). *Cultural sensitivity training: Professional and personal world views*. University of Illinois at Chicago National Research & Training Center on Psychiatric Disability.

Vera, E. M., & Speight, S. L. (April, 1999). *Dialogue on Diversity: Part I & II*. District #65 Family Focus.

Speight, S. L. (July, 1999). *Family and World Views*. Guest lecture Children's Summer Institute's seminar, "Deciding a Child's Best Interest". ChildLaw Center, Loyola University Chicago.

Speight, S. L. (August, 1999). *Exploring world views*. Hines Veteran's Affairs Medical Center Psychology Internship Program.

Speight, S. L. (September, 1999). *Cultural sensitivity training: Professional and personal world views*. University of Illinois at Chicago National Research & Training Center on Psychiatric Disability.

Speight, S. L. (November, 1999). *Personal and professional world views*. Ravenswood Community Mental Health Center Training Program.

Vera, E.M., & Speight, S. L. (November, 1999). *Examining similarities and differences in counseling relationships*. Diversity Colloquia Series, University of Wisconsin, Madison, WI.

- Speight, S. L. (April, 2000). *Cultural sensitivity training: Professional and personal world views*. University of Illinois at Chicago National Research & Training Center on Psychiatric Disability.
- Speight, S. L. (July, 2000). *How families effect how we see the world*. Guest lecture for Children's Summer Institute's seminar, "Deciding a Child's Best Interest". ChildLaw Center, Loyola University Chicago.
- Speight, S. L. (October, 2000). *Exploring world views*. Hines Veteran's Affairs Medical Center Psychology Internship Program.
- Speight, S. L. (October, 2000). *Personal and professional world views*. Ravenswood Community Mental Health Center Training Program.
- Speight, S. L. (October, 2000). *Mentoring African American Girls*. North Shore Delta Sigma Theta Sorority, Inc.
- Speight, S. L. (January, 2001). *Examining Whiteness*. Office of Residence Life, Loyola University Chicago.
- Tolliver, D., Speight, S. L., & James, L. (February 2001). *African psychology: Insight, issues and direction*. NUSAKHU, Black Psychology Club, Northwestern University.
- Speight, S. L. (February, 2001). *Understanding world views*. Social Action Committee, Congregation Solel, Highland Park, IL
- Speight, S. L. (June, 2001). *Examining world views*. Strategic Leadership Forum for Consortium for Community College Development, Milwaukee, WI.
- Speight, S. L. (July, 2001). *How families effect how we see the world*. Guest lecture for Children's Summer Institute's seminar. ChildLaw Center, Loyola University Chicago.
- Speight, S. L., Thomas, A. T., & Witherspoon, M. K. (September, 2001). *Dealing with modern racism*. Staff development for St. Sabina School, Chicago, IL.
- Vera, E. M. & Speight, S. L. (September, 2001). *Team building*. Staff development for Information Technology at New Trier High School, Winneka, IL
- Speight, S. L. (October, 2001). *Exploring world views*. Hines Veteran's Affairs Medical Center Psychology Internship Program.
- Speight, S. L. (October, 2001). *Achieving diversity at ACC*. Workshop series for Austin Community College, Austin, TX.
- Speight, S. L. (November, 2001). *Personal and professional world views*. Ravenswood Community Mental Health Center Training Program.
- Speight, S. L. (December, 2001). *Us vs. them: Dialogue on diversity*. Workshop for Henry Ford Community College, Dearborn, MI.
- Speight, S. L. (February, 2002). *Dialogue on race*. Loyola Academy, Wilmette, IL
- Speight, S. L., & Vera, E. M. (February, 2002). *Social justice and the School of Education Classroom*. Brown Bag Lunch discussion. School of Education, Loyola University Chicago.
- Speight, S. L. (March, 2002). *Increasing multicultural competence*. Workshop series for Austin Community College, Austin, TX.

- Speight, S. L. (March, 2002). *Recruiting Racial and Ethnic Minority Faculty*. Workshop at Austin Community College, Austin, TX.
- Speight, S. L. & Thomas, A. J. (August, 2002). *Anger management*. Workshop for Family Focus Evanston staff.
- Speight, S. L. (August, 2002). *Dealing with anger: A violence prevention program*. Workshop for Family Focus Evanston staff.
- Speight, S. L. (October, 2002). *Personal and professional world views*. Ravenswood Community Mental Health Center Training Program.
- Speight, S. L. (October, 2002). *Exploring world views*. Hines Veteran's Affairs Medical Center Psychology Internship Program.
- Thomas, A. J., Witherspoon, K. M., & Speight, S. L. (February, 2003). *Exploring internalized oppression of African American women*. Center for Urban Mental Health Research. Chicago State University.
- Speight, S. L. (April, 2003). *Examining oppression and privilege*. Appalachian State University. Boone, NC.
- Speight, S. L. (August, 2003). *Each bird thinks its nest is best: Exploring world views*. Convocation keynote address. Lorain County Community College. Lorain, OH.
- Speight, S. L. (October, 2003). *Personal and professional world views*. Advocate/Masonic/Ravenswood Community Mental Health Center Training Program.
- Speight, S. L. (October, 2003). *Exploring world views*. Hines Veteran's Affairs Medical Center Psychology Internship Program.
- Speight, S. L. (December, 2003). *Exploring personal and professional world views*. Allendale Association and Bradley Counseling Center.
- Speight, S. L. (October, 2004). *Exploring world views*. Hines Veteran's Affairs Medical Center Psychology Internship Program.
- Speight, S. L. (October, 2004). *Exploring world views*. Child Development Studies of City Colleges of Chicago and the Erickson Institute.
- Vera, E. M., & Speight, S. L. (October, 2004). *Mental health and social justice*. La Rabida Grand Rounds.
- Speight, S. L. (December, 2004). *Exploring personal and professional world views*. Allendale Association and Bradley Counseling Center.
- Speight, S. L. (January, 2005). *Multicultural competence for student affairs professionals*. Loyola University Chicago.
- Speight, S. L. (February, 2005). *Multicultural competence for the Child Representative*. ChildLaw Center and American Bar Association.
- Speight, S. L. (September, 2005). *The Jesuit mission*. Panel presentation for Mission and Ministry's new faculty/staff orientation.
- Speight, S. L. (October, 2005). *Exploring world views*. Hines Veteran's Affairs Medical Center Psychology Internship Program.

- Speight, S. L. (October, 2005). *Personal and professional world views*. Advocate/Masonic/Ravenswood Community Mental Health Center Training Program.
- Speight, S. L. (March, 2006). *Mentoring Graduate Students*. Panel presentation for Center for Faculty Development and Graduate School.
- Speight, S. L. (March, 2006). *Exploring world views-Revisited*. Child Development Studies of City Colleges of Chicago and the Erickson Institute.
- Speight, S. L. (June, 2006). *How families effect how we see the world*. Guest lecture for Children's Summer Institute's seminar. ChildLaw Center, Loyola University Chicago.
- Speight, S. L. (October, 2006). *Exploring world views*. Hines Veteran's Affairs Medical Center Psychology Internship Program.
- Speight, S. L. (November, 2006). *Facilitating an Inclusive Classroom*. Panel presentation for Center for Faculty Development.
- Speight, S. L. (December, 2006). *Exploring personal and professional world views*. Allendale Association and Bradley Counseling Center.

COMMUNITY INTERVENTION PROJECTS

- "Girls Support Group" with Dr. Vera, Family Focus Evanston (1996 - 1998).
- Six week "CHOICES" prevention program with Dr. Vera. (1997 & 1998), Peirce Elementary School.
- Eight week "Girls Discussion Group" (1998), Family Focus Evanston.
- "Dealing With Anger: A Violence Prevention Program" (1999 - 2001 & 2002 - 2003), Family Focus Evanston.