

LOYOLA UNIVERSITY

IPS

**MASTER OF ARTS
PASTORAL COUNSELING**

507 ASSESSMENT AND INTERVENTION

FALL 2008

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COURSE SYLLABUS AND OUTLINE

Course Goals

- To begin to develop a familiarity and confidence in framing and conceptualizing human psycho-spiritual distress, breakdown, and psychopathology, along with dimensions of growth, change, and transformation in personal life.
- To develop a link between classification efforts and therapeutic strategies.
- To grow in appreciation of the pastoral dimensions of diagnosis, responsiveness, and intervention.
- To serve as an important theoretical and reflective supplement to the practicum experiences which run concurrently.

Course Objectives

- To bring to bear within counseling structure, awareness of personality theory, relational and social contextual perspectives, psychodynamic frameworks, and their link to the creation of healing and renewing climates.
- To allow spiritual/theological themes to inform, challenge, and under-gird the diagnostic effort.
- To offer critique of prevailing cultural attitudes and assumptions as contributors to human distress and relational and personal breakdown.

- To refine the use of self, empathy, and relational engagement as primary assessment and intervention vehicles.

Process

- The course will utilize didactic and video presentations, discussion formats, clinical vignettes, and student presentations. Students are expected to make active use of the material from their practicum sites and from Supervision I.

Texts:

- McWilliams, Nancy. Psychoanalytic Psychotherapy, 2004
- McWilliams, Nancy. Psychoanalytic Diagnosis, 1994



Recommended:

Corey, Gerald. Case Approach to Counseling and Psychotherapy, Sixth Edition, 2005

Supplementary Reading:

- Dougherty, Nancy, and West, Jacqueline, The Matrix and Meaning of Character, Routledge, 2007
- Leupnitz, Debra. The Family Interpreted, 1988
- Cashdan, Sheldon, Objects Relations Therapy, 1988
- Culbertson, Philip, Caring for God's People, 2000
- Faiver, Ingersoll, O'Brien, McNally. Explorations in Counseling and Spirituality, Brooks/Cole, 2001
- Fitchett. Spiritual Assessment in Pastoral Care
- Goldberg, Arnold. How Responsive Should We Be? Progress in Self Psychology. Analytic Press, 2000
- Howe, Leroy. The Image of God, Abingdon, 1994
- Lamson, Amy. Guide for the Beginning Therapist: Relationship between Diagnosis and Treatment
- Masterson. The Narcissistic and Borderline Disorders
- Maxmen, Jerrold & Ward, Nicholas. Essential Psychopathology and its Treatment, Norton, 1995
- McWilliams, Nancy, Psychanalytic Case Formulation, 1997
- Miller, Alice The Drama of the Gifted Child, Basic Books
- Ramsey, Nancy. Pastoral Diagnosis, Augsburg/Fortress, 1998
- Samuels, Andrew. Psychopathology: Contemporary Jungian Perspectives, Guilford Press, 1991
- Seligman. Diagnosis and Treatment Planning in Counseling, 1983

- Stolorow, Brandchaft, Atwood. Psychoanalytic Treatment: An Intersubjective Approach, 1987
- White, Mary Ann & Weiner, Marcella. The Theory and Practice of Self Psychology, 1986
- Wolf, Ernest. Treating the Self, 1988

Evaluations/Expectations

Class participation, reading of relevant materials prior to class, a class presentation, and one “formal” paper are the primary expectations. The paper is intended to serve as a first draft of the Assessment/Theory/Intervention of the MA Final Project.

Written Assignment # 1

Clinical Reflection Paper

Part A Counselee(s), Assessment and Intervention plan using one theory relevant to the case. Maximum 10 pages.
DUE: NOVEMBER 17, 2009.
 See On-line MA Student Manual for outline.

Part B Theological Mini-Paper (2 pages)
DUE: SAME AS ABOVE
 In a brief addendum offer a reflection on your client(s) theological/spiritual world and its presence for better or for worse in client’s life. How does their theology/spirituality fit with their personality organization? How does the client’s theology/spirituality impact the therapeutic process?

Assignment # 2 Class Presentation:

This 50 minute (per group) class presentation will be an assignment of a Personality Disorder as classified by Nancy McWilliams in her text Psychoanalytic Diagnosis. Students will share a summary of the Personality profile with the class at a date to be determined in the second class session. **At least two additional resources should also be consulted for this presentation.**

Tentative Class Schedule

August 25, 2009	Introduction to Course/Syllabus What is Pastoral Diagnosis?
September 1	Psychodynamic orientation to Assessment Object Relations Theory and Counseling McWilliams, 1994, Chapters 1-2 McWilliams, 2004, Chapter 1
September 8	Psychoanalytic Stance Assessment Parameters: Developmental Considerations McWilliams, 1994, Chapters 3-4 McWilliams, 2004, Chapter 2
September 15	Defenses and Character Organization 1994, Chapters 5-6
September 22	Therapist Preparation Client Preparation 2004, Chapters 3-4
September 29	Frameworks of Counseling Therapy Process Psychopathic/Antisocial Personalities 2004, Chapters 5-6 1994, Chapter 7
October 6	Fall Break
October 13	Narcissistic and Schizoid Personality Disorders 1994, Chapters 8-9
October 20	Paranoid and Depressive Personality Disorders 1994, Chapters 10-11
October 27	Empathy Circulated Article on Heinz Kohut