CHAPTER 4
Promising Practices: Student Selection and Admissions

For most universities, the opportunity to increase the rate of student success in Ph.D. programs begins with the recruitment and selection processes for admissions. Recruiting for success means drawing in talented students from diverse backgrounds who have the potential to succeed in a program of their chosen discipline. But it also means identifying and attracting those who are likely to thrive within a specific departmental culture, university environment, and surrounding locale.

One important aspect of recruiting and selecting students is looking for those whose prior experience suggests an ability to succeed in academic coursework, which typically constitutes the first years of doctoral study. Common admissions materials (including test scores and transcripts of undergraduate performance) tend to be good predictors of early success in graduate school. But selecting students for doctoral programs often also depends upon identifying those who have demonstrated the potential to succeed in the later years of a Ph.D., when what is required may be creativity, ability to work in collaborative research settings, and/or perseverance in pursuing independent lines of inquiry that will result in an acceptable dissertation. Early predictors of success in the later stages of doctoral work, particularly in the dissertation stage, are more difficult to define, and require careful review and deliberation by the admissions committee.

Universities participating in the Ph.D. Completion Project use a variety of mechanisms for integrating into the doctoral admissions process a greater attention to the “fit” or “match” between a particular student and a specific program, alongside considerations of traditional measures of student quality. These mechanisms may include the provision of greater transparency about expectations and outcomes, more opportunities for students to visit campus before admission or enrollment, and more intensive orientation once students arrive on campus. A consistent theme across each of these areas of intervention in selection process for admissions is the recruitment, retention and success of underrepresented students. The recognition of the crucial role of active recruitment—especially of women and minorities—was shared by many institutions.

Many of these policies and practices were already extant at the universities. For example, in their pre-project assessments, universities reported a total of over 70 existing policies, practices and programs, many of which mirror
the ones above. Most of these had been in place for 10 or more years. The most commonly reported were “pre-admission visits to campus” and “selection criteria in addition to GPA and GRE scores employed.” The least commonly-reported practice was ‘completion data provided for prospective students,’ reported by just over a third of the universities and fairly recently implemented.

In this and subsequent chapters, we list promising practices in each broad area and then provide additional details by highlighting selected practices through illustrative examples. As mentioned earlier, the list is not meant to be exhaustive and, while we identify these practices as “promising,” we do not—as yet—have evidence of their effectiveness. Nonetheless, the practices listed here and in following chapters are promising in that they have the potential of addressing areas of concern in doctoral education, and, as such, of relevance to the larger community of doctoral institutions.

Promising Practices

We categorized promising practices identified by participating universities in the area of selection and admissions under broad headings but these are not mutually exclusive categories and there is considerable overlap among them. Promising practices include:

Recruitment

- Offer pre-admission and pre-enrollment campus visits:
  - Expand the opportunities for departments to bring prospective students to campus for recruitment visits, with emphasis on those students from underrepresented populations
  - Reimburse direct expenses related to group campus visits
- Use early research opportunities as a recruitment tool:
  - Identify top undergraduates and invite them to participate in a research institute late in their sophomore year to prepare and recruit these students to pursue doctoral studies [See also “Research Experience”]
  - Summer Pre-Doctoral Institute for underrepresented students
- Improve efforts to recruit underrepresented students:
  - Appoint new Diversity Coordinator to devote year-round efforts to minority recruiting
  - Increase departmental participation in the Diversity Outreach Collaboration and the Diversity Coordinators Project to produce a diverse applicant pool for each department/program
  - Send staff, faculty, and/or student teams to recruitment fairs across the country, as well as to HBCUs and other top universities
- Attend national conferences that feature undergraduate research, and provide professional development and mentoring activities for underrepresented students
- Publish email directory of summer research programs, and build strong working relationships with faculty across the country
- Create pipelines to the university through the Ronald McNair Scholars Program, McNair Summer Research Conference, multicultural directors from the three colleges, and the Women in Science and Engineering (WISE) Program, and other sources
- Incorporate alumni into program recruitment strategies, in particular women and members of underrepresented groups who graduated after 1975
- Develop comprehensive university-wide plan for recruiting and retaining students from underrepresented populations and/or women

Transparency

- Improve department websites to ensure that each includes additional data, information, and resources necessary for prospective students to make informed decisions.
- Increase transparency in the selection processes and clarify expectations for students in their doctoral programs, including assessment milestones

Admissions

- Develop workshops for admissions committees and program chairs and informational workshops on diversity for faculty involved in graduate admissions
- Select students based on “fit” to program goals and faculty research expertise
- Develop a post-admissions grid that describes each newly admitted student according to a set of criteria pertinent to graduate school persistence including four common elements across all programs and up to two program-specific predictors
- Create protocol, through data gathered in exit survey, to help identify candidates who are committed to the Ph.D. career path
- Survey applicants to determine why admissions offers are accepted or declined; compare with exit data
Selected Highlights

As mentioned earlier, space limitations preclude us from describing the full set of interventions in each area across all institutions. Thus, we focus on a few types of interventions and then within that type, we select up to six examples to highlight. Our choices do not imply that the practice did not exist at other universities or that the policies and practices implemented by other institutions not highlighted were somehow less interesting or innovative. In each case, we identify the institution and provide a description of the intervention taken verbatim from the proposals or annual reports.

Offer pre-admission and pre-enrollment campus visits

University of Cincinnati: The Graduate Recruitment Weekend...offers an excellent opportunity to study the efficacy of on-campus visits and interaction between prospective students, faculty, and current students, thereby facilitating the appropriateness of program-student matches. Post-event surveys of student participants in recent years indicate that over 96% found the Recruitment Weekend to be helpful or very helpful in their graduate school decision-making process. The Recruitment Weekend has been an effective tool for attracting top students to the University of Cincinnati with greater than 50% of the event participants matriculating.

University of North Carolina at Chapel Hill: Campus visits—either within a structured summer research program or as briefer pre-enrollment visits—can encourage student interest by revealing the program's commitment to student success through the accomplishments of their enrolled students. Campus visits also provide opportunities for interaction with relevant role models. From the departmental perspective, it provides information about student interests that cannot be gleaned from the traditional application... Thirty-four percent of the students who were offered travel awards (CGS funds) to visit the UNC-Chapel Hill campus spring 2006 have entered a graduate program in one of our eleven selected departments included in this study. Sixty-seven percent of these students were female and fifty percent were underrepresented minorities. Departments attribute their success in recruiting these students in part to the increased contact with appropriate role models and one-on-one time afforded by the on-campus visits.

Use early research opportunities as a recruitment tool

Duke University: [The] Office of Graduate Student Affairs (GSA) directs the Summer Research Opportunities Program (SROP) and Post-baccalaureate Research Education Program (PREP) for minority students. The success of these programs has already been shown in that past SROP fellows have entered strong graduate programs at universities such as Duke, University of Michigan, University of Chicago, Johns Hopkins, and Case Western Reserve University... Thirteen of our past SROP Fellows are enrolled at Duke for graduate studies.

University of Illinois at Urbana-Champaign: offers a summer research program that provides undergraduate students from populations underrepresented in graduate study at Illinois with an opportunity to explore careers in research... The many activities offered through the Summer Research Opportunities Program afford participants an opportunity to establish important relationships with faculty in their respective fields of study, conduct graduate-level research under the supervision of a University of Illinois renowned faculty member, become acquainted with the culture of graduate school, and to learn what is needed and expected of them as graduate students in their discipline at the University of Illinois (http://www.grad.illinois.edu/eeep/srop/)

Improve efforts to recruit underrepresented students

Ohio State University: [To increase the number of women in Physics, the department plans to] [Develop a new recruiting strategy by surveying our current students, both graduate and undergraduate, in an effort to uncover the key factors limiting their recruitment of women. We will request additional input from the [Committee on the Status of Women in Physics]... During the 2007-08 academic year, Physics sponsored four recruiting trips for female prospective graduate students. From that candidate pool, eight women graduate students enrolled in the Physics doctoral program beginning Autumn 2008.

Pennsylvania State University: In partnership with the Ronald McNair Scholars Program and Summer Research Opportunity Program (SROP), operated in conjunction with other CIC institutions, the Graduate School and the ten programs will identify and cultivate potential recruits in their junior years. Institutions that historically have been pipelines for these programs will be prime targets for these recruiting efforts and new pipelines will be fostered with other institutions... Penn State sponsors a McNair Summer Research Conference, annually hosting approximately 300 to 400 McNair scholars from around the United States. This conference provides a unique opportunity to introduce the young scholars to faculty and graduate students from the participating programs. The Graduate School will sponsor a roundtable reception during this annual conference to enable students and faculty from the ten doctoral programs to develop contacts with the McNair Scholars. Follow up communications with prospects identified at this summer event will be made by the graduate officers, program faculty, students, and alumni from the programs... Other prospects will be identified by the multi-cultural directors from each of the three colleges and the Women in Science and Engineering
Program (WISE). The multicultural directors have extensive contacts with programs at HBCUs to identify potential graduate student recruits for the participating programs. The science and engineering faculty participate in the WISE program. Through these connections, ties will be established with women's colleges in the United States for the expressed purpose of recruiting women to the ten programs... All programs also will incorporate alumni into their recruitment strategies, in particular women and members of underrepresented groups who graduated after 1975.

University of Maryland, Baltimore County: One of the major initiatives of the PROMISE program is an event called Graduate Horizons where 100 students from around the country are brought to UMBC for a weekend to learn about graduate education and general and opportunities at UMBC in particular. The goal is to increase enrollment of underrepresented minority students, however, participation in this program is open to all domestic students. The PROMISE program provides funds to bring students to campus who were not able to visit during the Graduate Horizons weekend. Some of these students are identified by the PROMISE program while others are in direct contact with the departments.

Yale University: [Under the Diversity Recruitment Program] a faculty member within each department has been appointed as a diversity coordinator (DC)... (who) will play a critical role in the development, implementation, and evaluation of departmental- and/or program-specific minority student recruitment activities during the academic year. Specifically, the DC will a) be an active member of the department admissions committee and will serve as an advocate for students of diverse backgrounds; b) serve as a resource for prospective applicants from diverse backgrounds; c) work closely with the Assistant Dean for Diversity to identify potential feeder schools thereby identifying outstanding diverse student applicants early in the process; d) coordinate travel to feeder schools and provide timely correspondence to diverse applicants throughout the admissions process; e) conduct phone interviews with diverse applicants as appropriate; f) encourage admitted diverse applicants to attend Diversity Recruitment Days; g) provide a short summary report to the Dean of the Graduate School on the general outcome of the diversity recruitment process at the end of each admissions cycle.

Select students based on "fit" to program goals and faculty research expertise

Howard University: In the area of graduate student recruitment, in an effort to build upon the notion of determining a "good program fit" during the admissions review; faculty in Phase II will be engaged in the process of identifying top undergraduate students from Howard University exhibiting a commitment to research pursuits. Those students identified late in their sophomore year will begin an undergraduate research internship designed to prepare them to pursue doctoral studies at Howard. The internship experience will expose these undergraduate scholars to faculty expectations of graduate student work and graduate student mentors with the underlying purpose of expediting the transition into doctoral studies.

Michigan State University: Better evidence of predictors for student success—and more nuanced discussions of how we define success—are needed, particularly as institutions respond to changing political climates for discussions about diversity... In 2004 the Graduate School evaluated completion rates for the major university fellowship recipients from 1999-2000... Selection criteria for the programs were changed in 2005 to emphasize "fit" to programs and faculty research areas, leadership and research experience. We will track the completion rates of students selected under the new criteria to see if that change produces better outcomes, and in particular, better success for women and students of color.

University of Georgia: In September and October, two seminars were conducted for faculty... The first seminar focused on designing program websites to attract the best doctoral students (Condition One)... The second seminar focused on how different programs used innovative ways to improve the doctoral admissions process beyond standardized test scores (Condition Two). Four presenters from four departments spoke to approximately 20 participants...
on strategies and criteria that they have used in their admissions process to increase the likelihood that the students who are admitted will successfully complete their degrees: English: Student writing samples; Adult education: Holistic approach to understanding GRE scores with underrepresented students; Psychology: Fit between program interests and research experiences; Biochemistry/molecular biology: Student interviews/campus visits.

University of Missouri–Columbia: Departments create a post-admissions grid that describes every newly admitted doctoral student according to a set of criteria pertinent to graduate school persistence that includes four common elements across all programs and up to two program-specific predictors. The common elements are: 1) previous undergraduate or graduate research experience; 2) completion of an advanced undergraduate (or beginning graduate) course in research methods, statistics, or theory with a B+ or better; 3) whether the student visited MU prior to making a decision to enroll; and 4) whether the student was offered a position as TA, RA, or a fellowship that qualifies for a fee waiver. Departments choose two additional qualifications that they believe are especially predictive of success in their programs... This initiative was revised to include an additional common element (whether the student was offered a position as a TA, RA, or a fellowship) to provide data on an additional common element, the provision of institutional financial support.

CHAPTER 5
Promising Practices: Mentoring and Advising

Success in achieving a Ph.D. depends upon a close and effective working relationship with one's advisor and mentor. And yet, while virtually every doctoral student has a research advisor, survey data from the Ph.D. Completion Project and other studies show that not every student has access in their doctoral program to someone they consider a mentor (Council of Graduate Schools, 2004; 2009).

Though mentoring is often cited as among the most influential factors on degree completion, that influence is difficult to assess. Student differences in cultural background and field, or discipline, may result in differing perceptions of effective mentoring. For some students, the mentoring that is valued most may be guidance on dissertation research or working with them on publications and presentations; for others, it may be advice about how to navigate a career path after completing the degree; and for others, it may mean providing support and counsel when students are experiencing tough times, including such common obstacles as writer's block, complications in the relationship with one's research advisor or committee, or discouraging experiences on an academic job market.

Mentoring is also an area that can pose unique challenges to universities seeking to implement program-level or university-wide improvements. For example, while research supervision is a formal responsibility of graduate faculty, and is recognized as such within the administrative structure and tenure and promotion processes for faculty career advancement, often universities do not have similar formal structures to require and encourage "mentoring," which is sometimes thought of as going above and beyond the call of research supervision duties (King, 2003). Indeed, some faculty may cling to notions that the qualities of good mentoring are either inborn character traits or else habits that are best acquired and instilled informally (e.g. by example) rather than through professional development.

Because mentoring is practiced and valued unevenly in doctoral programs, and because student expectations of mentors differ, it is not surprising that students report having unequal access to quality mentors as they pursue their Ph.D.s. Some students describe their having access to good mentors in terms of "good luck" (Walker et al., 2008), by contrast to access to their research advisors which is an expectation and understood to be required for degree completion. Some students may have an advisor who effectively doubles as a good mentor,
while others may find a faculty member aside from their advisor who can provide additional guidance on research, career, and other topics. Students also report receiving valuable mentoring from their peers in the program as well as from persons outside their department.

Because effective mentoring of Ph.D. students takes such different forms, the promising practices that universities have developed as participants in the Ph.D. Completion Project are varied. Nevertheless, there are themes that cut across these activities, including: improvements in the structures of support between research advisors and doctoral candidates; encouraging more collective responsibility within the program for the success of doctoral candidates; increased clarity and transparency about expectations; and enhancing conflict management processes when conflicts arise between students and advisors.

All the institutions that submitted a pre-project assessment reported a large number of policies related to advising and mentoring. All indicated that the "graduate handbook [was] available to all new students," that they provided "workshops or seminars about teaching techniques or pedagogy," and that they offered "professional development workshops or seminars." Most also reported that a "program or university ombudsman [was] available to graduate students." Very few reported that "Ph.D. completion data [was] used by [the] university in promotion and tenure decisions," or that they provided "hint or tip sheets for students about program completion." Over half of the policies had been in existence for ten or more years; among the more recent innovations, a "web-based system for tracking student degree progress/milestones" was the most frequently mentioned.

However, improvements in mentoring and advising outnumber improvements in any other area of activity and innovation in the Ph.D. Completion Project. Overall, the activities below represent the recognition of participating universities that improvements in the quality, frequency, and uniformity of interaction between students and program faculty are among the most promising steps that programs and universities can undertake to increase Ph.D. completion.

Promising Practices

Promising practices identified by participating universities in the area of mentoring and advising include:

Resources for students

- Provide a comprehensive orientation to prepare students for graduate school

- Initiate comprehensive orientation program
- Review and revise current department/program new student orientation activities to promote collaboration with the Office of Graduate Studies and continue orientation activities throughout the first year
- Design and pilot test a three-to-five day summer program aimed at preparing incoming underrepresented doctoral students for graduate study and their programs
- Hold Graduate Student Information Fair
- Continue workshop series to define requirements and reinforce information critical to degree outcomes
- Review and revamp orientation programs based on feedback from evaluations and exit interviews

• Develop/revise graduate student handbooks
  - for the university that address academic, social, and orientation needs
  - for each program that convey information that is program-specific
  - for various stages of the Ph.D. process, e.g. first-year doctoral student handbook

• Make expectations and requirements transparent
  - Develop and review the content of departmental web sites
  - Clearly articulate program expectations/academic milestones, requiring completion of all pre-dissertation milestones before year four

• Develop/enhance online mechanisms so students and faculty can track progress and offer feedback or communicate with one another
  - Online milestone tracking systems, "dissertation checklists," electronic portfolios, and annual progress report systems that integrate graduate school records, student input, and evaluative comments from faculty. Such online mechanisms create a framework for greater communication between the graduate school, faculty, and students on student progress in meeting the goals set each year and clarification of goals for the following year. These online resources may also enhance identification of potentially critical times when intervention or communication is needed. Such systems have been tailored to include coursework, annual reviews, teaching materials, thesis proposals, research products, contact information for prospective employers, and file sharing and chat rooms that promote communication with peers and advisors.
Regularity and uniformity of progress review

- Implement regular advisor/advisee meetings and progress reports
- Encourage programs to set up annual student performance review systems
- Develop "best practices" for tracking student progress in relation to the amount and type of student financial aid
- Institute a modified report on students' plans for the remainder of the academic year to be completed immediately upon their advancement to candidacy

Early advising

- Require each first-year student to have an advisor or advisory structure; conduct regular evaluations of progress
- Require faculty advisors to be on campus during advisees' first-year as graduate students
- Encourage the participation of graduate students of color and women in targeted programs (for example, the "Bouchet Fellows" program at Yale University)
- Initiate the "Navigating the System" seminar program to address the theme of inclusion and diversity
- Establish administrative structures for the early identification of, and interventions aimed at retaining, "at-risk" students
- Create ombuds position to support first-year students

Resources for faculty

- Offer workshops for faculty on mentoring
- Make such workshops part of new faculty orientation
- Develop materials/handbooks and online resources for faculty on mentoring
- Offer mini-grants to help faculty develop initiatives aimed at improving the quality of mentoring
- Create a Graduate Program Directors Council to share best practices, to work collaboratively with the Graduate School, and provide programming to strengthen the skills required for effective and innovative leadership of the University's graduate programs
- Recognize excellence in mentoring through faculty awards

Other mentors

- Train peer mentors and ensure that all new students are assigned a trained peer mentor
- Provide students with external mentors

Selected Highlights

Resources for students

Cornell University: We are developing print materials and programming to help faculty become more effective mentors and to help students develop strong relationships with mentors. One of our first steps has been a brief publication for students, which was distributed to new graduate students in Fall 2008. The Graduate School also incorporated a mentoring panel into graduate student orientation programs since Fall 2007. The program, "Establishing and Maintaining Successful Faculty/Student Mentoring Relationships," consists of a panel of students and their faculty mentors who discuss their experience with mentoring relationships. The sessions have been well attended by faculty and graduate students, and the response has been positive.

Marquette University: Selecting a Dissertation Advisor and Configuring a Committee: This workshop for doctoral students will impart strategies for the following: selecting an appropriate dissertation advisor and configuring the dissertation committee; enhancing students' opportunities or productive and successful outcomes in their working relationships with advisors and committee members; engaging more fully in the dissertation process; and becoming more proactive members of the dissertation team.

North Carolina State University: Graduate students at NCSU, as well as students who participated in any of the OPT-ED partner programs, will be invited to attend a special annual symposium for graduate students. Invited experts will address such topics as roles and responsibilities of the mentor and graduate student, how to select a dissertation committee, how to complete the dissertation, and how to find postdoctoral and faculty positions.

University of North Carolina at Chapel Hill: Mentoring tips for students: [T]his topic will be included in the orientation meetings that the Graduate School holds for new graduate students each August... A leading faculty member with a successful mentoring record (perhaps the recipient of the previous year's mentor award) will engage students in a discussion about mentoring and what they can do to facilitate strong, supportive relationships with their faculty advisors. In particular, this discussion session will cover strategies for 1) identifying a research mentor, 2) networking with multiple faculty as 'mentors' during the graduate school tenure, 3) networking with peers as 'peer-mentors' during the graduate school tenure, and 4) how to troubleshoot difficult situations should they arise.

Student Receptions focusing on mentoring: All first and second year students from the participating departments were invited to an informal catered reception that included a panel of advanced students who had agreed to
share their experiences as doctoral students and provide advice on successful strategies for moving through their programs.

**Regularity and uniformity of progress review**

**Ohio State University:** The [History] department has regularized and rationalized the faculty advisor-student advisee relationship. In 2006-07, the program instituted an itemized set of guidelines for advisors, which are now included in the department’s graduate handbook. Faculty members are required to prepare a Course Performance Report on each student in each graduate-level course. These reports evaluate the student’s work (with special attention to suggestions for improvement) and include the student’s grade for the course. Faculty advisors are expected to maintain regular contact with their advisees for the year and schedule specific “landmark” conferences. Early in the third quarter of study, advisors are required to meet with advisees to discuss progress and plans for the coming year... [In addition, the department instituted a] report form for the two crucial advising sessions. The report, written by the advisor and signed by both advisor and advisee, would summarize the students’ progress and outline plans for future study. Delays in completion of program requirements would have to be justified.

**University of Missouri–Columbia:** MU Graduate School policy requires that all graduate students receive an annual review... [In order to ensure that doctoral students in participating programs receive timely and useful feedback, programs participating in the proposed project will make use of a newly developed online progress reporting tool. The on-line report will require students to document completion of required courses and examinations, awards received, and professional accomplishments such as conference presentations and publications. It will also require the student to evaluate his or her own strengths and weaknesses. In response to this self-assessment, the advisor, in turn, will provide a written evaluation of the student’s progress towards the degree and the quality of course, research, and teaching or research assistant performance. This online review will serve as the foundation for a face-to-face meeting between the advisor, the student, and his or her committee members to discuss career aspirations and next steps for reaching them. It may also serve as a mechanism to evaluate the fit between the advisor and the student and provide the mechanisms for a discussion about whether or not changing advisors would be desirable.

**Early advising**

**Ohio State University:** Faculty advisors must be on campus during the first year of their advisees’ graduate program; create ombud position to support first-year students (Neuroscience).

**Yale University:** “Navigating the System” Seminar Program: As a component of the Bouchet Fellows Program, the Graduate School, through the Office for Diversity and Equal Opportunity (ODEO), will develop a seminar series that will address the theme of inclusion and diversity in graduate education, particularly with respect to assessing the needs and providing the resources for the professional career development of URMs and women within the academy. Each seminar will include a diverse panel of graduate School faculty and advanced graduate students from the humanities, social sciences, and sciences... The goal of the “Navigating the System Seminars” is to provide a forum for graduate students to identify specific concerns and discuss how these concerns can be addressed through innovative and thoughtfully developed policies and practices at the Graduate School and departmental levels. These highly participatory discussions will be held every two months (September, November, January, March) during the academic yearResources for faculty

**Brown University:** Four workshops were developed and planned for directors of graduate study and chairs of departments. These workshops are intended to be environments for exchange of information about available resources, strategies, and practices that may be adapted to departmental situations. The four workshops are:

- Recruiting: strategies for attracting the best applicants and improving yield and diversity within programs
- Transition: mentoring and advising students in their early years
- Research and the Ph.D. Candidate: helping students to plan to accomplish their dissertation research
- Dissertation Completion and Beyond: strategies for completing the dissertation and charting the next steps in academic careers

Based on the active engagement of the faculty who attend, we intend to identify those who are best suited to become the Ph.D. completion project advisors to assist students across the graduate school.

**Florida State University:** The Office of Graduate Studies will also develop and offer a graduate student supervision workshop for new faculty each fall semester. The foci of these workshops will be to provide valuable information regarding university graduate policies, standards of responsible conduct of research, the role of the Institutional Review Board, copyright/patent information, the importance of annual student assessments, effective techniques for supervising
doctrinal students, and graduate-education resources available to students (e.g., Workshop Series, RCRC course). Completion rates are increased when it is viewed as a collective responsibility (CGS, 2004). We will coordinate these efforts with the academic deans and the Dean of the Faculties.

Two FSU faculty members awarded $10,000 by OGS and Office of Research to develop [three] mentor/mentee scenarios for the faculty training workshop—will be used to generate interactions between participants and performers. Evaluations will be used to improve these; video tape revised scenarios for future use... There will be two audiences for this activity: the Program of Instructional Excellence (PIE) and the directors of graduate programs. FSU is working on focusing the project on making it have long-term impact... The vignettes will focus on the mentor/mentee relationship and on empowering the mentee. The vignettes will feature the same scene played out with variations three times. The first is a gripe session, the second pulls out salient issues in a realistic scene, and the third offers solutions.

Purdue University: “Mentoring” is the most frequent concern expressed by Ph.D. students. (1) The Graduate School recently changed its graduate faculty appointment policy to require “evidence of successful student mentoring” prior to appointment. New faculty with prior mentoring experience are encouraged to attend mentoring workshops conducted by the Graduate School and faculty without prior mentoring experience are required to attend. (2) Beginning in 2006, the Graduate School hosts a formal reception, attended by faculty, students, and administrators, at which an outstanding graduate student mentor is named. (3) The Graduate School is leading a University-wide program on the responsible conduct of research (RCR) which includes a component on mentoring. Both faculty and graduate students will be required to complete an educational/training program. (4) The University is developing a formal process for review of graduate programs that includes an evaluation of student mentoring. All of these efforts are focused, whole or in part, with the completion of Ph.D. students.

University of California, Los Angeles: UCLA currently publishes several handbooks outlining faculty and students’ rights and responsibilities. We propose to revise both Standards and Procedures, our handbook concerning general policies for graduate study at UCLA, and our Faculty Handbook, which is a faculty advisor’s guide. We would like to develop a checklist for each handbook reflecting best practices in graduate education that would allow the user to assess their own level of understanding, as well as to assess whether these practices are in place in their programs... We propose to provide training workshops to new faculty regarding developing productive advisor student relations. We would offer this workshop at the beginning of each academic year. These workshops will utilize the faculty handbook along with presentations from exemplar faculty to develop a common understanding of what fosters useful and productive student/faculty academic relationships.

University of California, San Diego: Develop department workshops and other information-disseminating opportunities for faculty about positive mentoring, and the differences between mentoring and advising. Departments will also consider approaches for faculty development of techniques and approaches for positive student interaction, and team building. Faculty will be encouraged to attend mentoring meetings at professional conferences and bring back information for department distribution.

Other mentors

External mentors

Florida State University: MentorNet is an award-winning national program that uses the internet to link mentors and mentees. MentorNet focuses on the STEM disciplines and links students with mentors in a variety of sectors (e.g., industry, government, non-profits, and academia)... FSU joined MentorNet (e-mentoring) in June 2008. This program provides an 8-month mentoring relationship in addition to the student’s on campus mentor. A survey of MentorNet participants revealed that most appreciated the one-on-one mentoring program and that they liked the training and the coaching. Students also loved the e-forum, a web-based discussion group on topics such as work/life balance, as well as the resources for and about mentoring, diversity, careers, etc.

University of Maryland, Baltimore County: The Meyerhoff Graduate Program has a full-time staff member who meets regularly with the fellows in that program... The meetings are weekly for first year students and taper off to monthly for more advanced students. The mentoring can be “intrusive” at times when it is clear that intervention is needed. Meyerhoff fellows also meet regularly with each other to discuss progress in coursework and research as well as non-academic issues. The NSF Bridge to the Doctorate (BD) fellows also receive a similar experience through the PROMISE program.

Peer mentors

Pennsylvania State University: All programs will participate in a peer-to-peer mentoring program for new students, especially women and underrepresented students. Programs will be encouraged to incorporate the McNair Scholars, SROP, and WISE graduates currently in Penn State graduate programs, in addition to their own student bodies. Incorporating graduate students with
Purdue University: The Graduate School's peer mentoring program offers first-year doctoral students the opportunity to have senior students in their program act as student mentors. Senior students have experience as first-years, developed research areas, have relationships with faculty, and have knowledge of the town and the social environment. Mentors share their experiences and advice for adjusting to graduate school and the new environment to their mentees while answering questions and offering mentees a place to be heard... The objectives for this program include: 1) providing peer support to first-year doctoral students from senior graduate students, 2) facilitating first-year doctoral students' acclimation to graduate school, 3) providing guidance and advice to first-year doctoral students, and 4) helping first-year doctoral students determine if their program is an appropriate fit.

University of Missouri–Columbia: [Graduate] Colleague Circles [consist] of two [or three] advanced doctoral students and a group of 10-15 students in the same or closely related disciplinary or interdisciplinary area. Circle mentors, chosen because of their strong interpersonal skills and success in both research and teaching, will facilitate monthly discussions on topics chosen by the group. Sample topics might include time management, handling professional [and] ethical dilemmas, teaching techniques, [and] negotiating race, ethnic, and gender differences or divides. During each year of the...project, all students newly admitted to doctoral study in participating programs will be encouraged to participate in peer mentoring... Students value peer mentoring experiences and need to have opportunities to ask questions and interact with others who are having similar experiences in graduate school.

Yale University: Since its inception in September 2005, the Bouchet Fellows Program has continued to provide resources to support the particular needs of URMs and women graduate students in the nine participating programs through mentoring activities, seminars, and workshops aimed at addressing graduate student concerns... [The program is seen] as a three-pronged initiative focused on peer-to-peer advising, research career development seminars, and developing “skills as scholars” workshops. This paradigm has proved both valuable and sustainable. In the peer-to-peer advising program, mentors will continue to meet one-on-one with mentees on a monthly basis, and there are also monthly activities provided by the mentoring program, which allow mentors and mentees to get together, usually in a dinner/discussion format.

CHAPTER 6
Promising Practices: Financial Support

Students and researchers often cite financial support as being among the most influential factors on Ph.D. completion and attrition (Bowen and Rudenstine 1992; Nelson and Lovitts 2001; Nettles and Millett, 2006, among others). On the surface, there would appear to be a direct correlation between the financial support package that students receive and the likelihood that they will complete. Fields in which funding for students is relatively plentiful (such as the life sciences) tend to exhibit higher than average completion rates and shorter than average time to degree, whereas in fields where full and continuous funding for students may be less common (such as the humanities), completion rates are typically lower and time to degree, longer.

Below the surface, however, it may be that while some level of funding provides the minimum conditions for a student’s degree completion, the structure of financial support and the ways that other factors interact with that support play an equal or even larger role in the likelihood that students will complete. For example, some programs offer continuous funding to students through the summer, while other programs do not; and some universities may have more flexibility than others in the timing and number of teaching and research assistantships allocated to students depending on institutional constraints such as budget, student demand, and university requirements. How student support is structured, and whether or not assistantships can be timed to coincide with students’ professional growth needs, can influence degree completion as well as time to degree.

One challenge in studying the effect of financial support on degree completion, nationally, is that some universities and programs that are able to offer doctoral fellowships in amounts greater than the national average may also be in a position to provide extensive support and services to students in other areas that are believed to have a positive impact on completion rates. For example, one factor that has perhaps received the greatest attention by researchers is academic and social integration (Lovitts, 2001). Depending upon how financial support through assistantships and fellowships is structured, it can either enhance or inhibit academic and social integration. Tying fellowships to activities that promote academic and social integration of students is one of the common themes across participating universities that have implemented improvements in financial support for doctoral students.
In the financial support and funding structures category, all the responding institutions who completed the pre-project assessment template reported that they provided ‘merit-based graduate fellowships/scholarships’ and almost all reported that they provided ‘merit-based graduate research or teaching assistantships/stipends’ and shared ‘information about external fellowships for graduate study.’ Few provided ‘need-based graduate research or teaching assistantships/stipends’ or limited ‘the number of semesters that students can teach.’ Most of these policies had been in place for 10 or more years.

Promising Practices

The Ph.D. Completion Project supports sustainable interventions and innovative practices in the provision and structuring of financial support designed to optimize completion and enhance academic and social integration. Promising practices identified by participating universities in the area of financial support and structure include:

**Increased student support**

- Increase stipend levels to the median of the university’s peer group in each broad disciplinary area of the graduate school
- Increase the number of selective university fellowship awards
- Increase the number of summer research awards in the humanities and social sciences
- Provide health insurance premium coverage
- Initiate fellowship block grants and supplemental graduate fellowships
- Explore higher stipends for students at the dissertation stage
- Create more one-quarter releases from teaching for students at the dissertation stage
- Increase stipend support for summer research
- Change model for graduate assistantship allocation to a “Ph.D. preferred” model, whereby 80% of doctoral students and 20% of master’s students will be funded
- Encourage students to apply for external fellowships
- Address potential IRS tax inequities within graduate student population
- Provide conference travel support [See also Curricular and Administrative Processes and Procedures]

**Linking departmental allocations and performance indicators of student completion**

- Link continuing graduate assistantship positions/fellowship allocations to strategic performance indicators of satisfactory degree progress

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**Selected Highlights**

**Increased student support**

- **Brown University**: Fostering of a research environment and a culture of competing for external grants. We are concerned not only with budget relief but also with the necessary professional development involved in building a record of supported research for our students. [The] Graduate School, in conjunction with the Office of the Vice President for Research, [has sponsored workshops to] assist students to identify funding sources and to help train students in the grant-writing process... The workshops [focus] on specific private grant awards (e.g., Fulbright-Hayes), and federal fellowship sources (e.g., Ruth Kirschstein awards). These workshops were done in consultation with the Career Services Center of Brown University, and were structured by specific disciplines: 1) Humanities & Social Sciences; and 2) Biosciences and Physical Sciences. In [May], the Dean hosted the first annual reception to honor [the] 117 graduate student winners of external grants and awards.

- **Michigan State University**: Electrical Engineering (in conjunction with the CGS grant, AGEP, and an MSU Provost’s initiative grant) has instituted a mentoring program for students preparing for the qualifying exams. The objective of the four-year Incentive Fellowship project is to increase the number of talented U.S. students (especially women and minorities) with financial need who pass the program’s qualifying examination each year during the term of the project. One-semester S-STEM Incentive fellowships will be provided each year to 14 academically talented, financially needy engineering graduate students, enabling them to focus on preparing for the exam rather than working “half” time as teaching or research assistants. Their preparation will be facilitated by participating in structured preparation activities provided by each department.

- **University of California, Los Angeles**: We have been working to improve the amount of full-support available across the campus for doctoral students. This summer we have expanded the number of graduate summer research mentorship awards available to our students. These awards enable students to work exclusively on research projects with a mentor’s guidance. It is expected that such projects will encourage early publications and professional presentations.

- **University of Michigan**: The centerpiece of the University’s MGE/AGEP efforts has been the successful development of a student funding program for under-represented students in STEM fields... The Rackham Engineering Awards (REA) were designed to address these issues, and crafted specifically for the engineering and science model of graduate education... The pilot program called for fellowship support for the first three years followed by teaching or research assistantships for the last two years... [See later discussion in Chapter]
8, under “Selected Highlights” about challenges and revisions to the program. In the new model, REA students receive full first year fellowship support, but must perform research with an advisor in order to obtain summer funding. The subsequent four years of funding are a mixture of fellowship, research and teaching assistantships… Three cohorts of REA students have passed the milestones of terminating studies with a master’s degree and taking their Ph.D. qualifying exams. Of these students, 68% are still pursuing their Ph.D… Furthermore, this number of continuing students is slightly higher than that for the overall graduate student population.

**Linking departmental allocations and performance indicators of student completion**

**Brown University**: The goal of the guaranteed, multi-year support for students is to provide programs with a stable set of resources to design and implement appropriate training experiences for graduate students. In exchange for this flexibility, allocation of resources is dependent upon the successful and meaningful transit of students through the graduate program… [The process allocates funds in a structured manner based on information received from departments. And because [the system] does not assume that every student in every program can complete a doctoral degree in five years, it does not unduly 'punish' students in disciplines that typically take more than five years to complete training. Further, [it] rewards both students and departments that have made efforts to assist students in progressing according to departmental milestones by completing technical and professionalizing experiences.

**Howard University**: In the area of financial support, we propose to make use of graduate student completion and attrition data (but not time-to-degree data) in the determination of monetary allocations to departments. The Graduate School’s Financial Support Program is currently under review… As part of this process, we will include an incentive structure for all departments participating in the pilot programs. The incentive measure will speak directly to their award allocations pending the annual evaluation of each program’s doctoral completion rate targets… In addition to restructuring the policy in Phase II, continuing GA positions will be held to strategic performance indicators of satisfactory degree progress. The key milestone indicators evaluated are time to candidacy and post-candidacy progress. In other words, the amount of continued departmental Graduate Assistantship funding will be based on the degree progress of students recommended for funding.

**University of California, Los Angeles**: UCLA’s QGE [Quality of Graduate Education] program has been used to support innovative departmental practices to improve the quality of graduate education by linking performance indicators to monetary allocation. As a part of our participation in the Completion Project, we have begun to emphasize departmental record of completion as a factor in decisions to allocate funds. Further, departments have been encouraged, using this vehicle, to assess how any requested exceptions, or changes to departmental policy may impact completion and for doctoral students. We have also used completion as an outcome to assess the effectiveness of the QGE program by looking at QGE support and student outcomes among departments with similar departmental characteristics.

**University of California, San Diego**: Commit the Dean of Graduate Studies to increase the amount of fellowship funding that is available to graduate students by one million dollars per year, and to connect funding allocations with department completion/continuation improvement efforts and data. OGS and departments will promote external fellowships with staff help for proposal development and submission. Special efforts will be directed to acquisition of NIH and NSF supplements targeting underrepresented students and women.
CHAPTER 7
Promising Practices: Program Environment

The academic “environment” of a Ph.D. program is shaped by department-led and university-wide efforts to create the conditions for high expectations, high performance, and strong student support. The majority of students’ interactions with faculty and peers in a doctoral program take place in the formal spaces of the classroom, the laboratory, or the advisor’s office. But much of the social interaction that may be conducive both to degree completion and to the adoption of a professional identity in the discipline occurs outside of these formal research spaces. A comfortable graduate student lounge, for example, with professional publications, bulletin boards listing activities in the discipline, and visible recognition of student achievements can provide a space for students to exchange information and to begin the process of assimilating into the social circle of their chosen discipline (Nelson and Lovits, 2001). Campus-wide organizations and graduate student centers can provide professional development and networking opportunities, and can foster interdisciplinary discussion and community building. Informal opportunities to participate in department events, regular social gatherings, or team sports may also prove to be important components of a graduate student’s socialization to their academic discipline.

All the institutions that submitted a pre-project assessment reported that “graduate students [are] invited to serve on university committees,” that they have a “university graduate student organization/group” and that “guest speakers [are] invited from outside the program or university.” A majority reported that “faculty/student discussions about graduate programs [are] encouraged.” Most of these policies and practices had been in place for 10 years or more although a few institutions reported that they had implemented some of these practices more recently.

Promising Practices

The Ph.D. Completion Project supports interventions and innovative practices designed to enhance both the formal as well as the informal spaces that comprise the environment of Ph.D. programs. Promising practices identified by participating universities in the area of enhancing the program and university environment include:

Support networks and support services.
- Initiate campus-wide efforts to bring students together across disciplines and within the department for academic and social interaction
- Encourage graduate student organizations in all programs/departments to explore community building activities
- Promote involvement of graduate students as members of campus-wide or department-wide committees to promote their career development, campus networking, and connection to the campus
- Promote faculty and staff participation in conferences and workshops focused on graduate student services, retention, and development
- Highlight achievements and accomplishments of graduate students through newsletters, dinners, or other venues
- Develop a network for support
- Doctoral Student Connection – A facilitated blogging system that enables communication and forms a network between doctoral students
- Monthly support group for minority students
- Affinity groups or professional associations
- Update institution and program webpages to provide an overview of initiatives to improve Ph.D. completion and highlight efforts to create a more nurturing environment where students can be successful
- Outreach to and integration of fellows
- Offer retention support and intervention services
- Offer conflict resolution workshops
- Establish a Graduate Student Commons as a center for graduate student activities, both academic and social, to promote greater interaction among students of all disciplines.

Family accommodation policies.
- Implement a Parental Accommodation Policy
- Develop institution-wide policy on family and medical leave for graduate assistants

Selected Highlights

Support networks and support services.

Marquette University: The number of underrepresented minority students in Marquette’s doctoral program is smaller than we would like (8%). This often results in students feeling isolated. A support group that encompasses all programs will be established and conduct monthly meetings that address topics of their choosing. Social activities will follow each session. The group will be coordinated by the Associate Provost for Diversity, with guidance
from the Director of the Counseling Center. Advisors will actively encourage students to participate.

*North Carolina State University:* The Graduate School will embark on a new Capital Campaign effort to raise funds for a Graduate Student Commons which will be a center for graduate student activities, both academic and social, to promote greater interaction among students of all disciplines.

*Purdue University:* This specific intervention would enhance the current programming for fellows, including development of a “fellow ambassadors” program and recognition of academic milestones achieved. Enhancements to the Fellows Community, a web-based resource utilizing the university course-management system including links and resources specific to fellows, such as medical insurance and vision in addition to creating a dialogue on academic and social integration, would be integrated. Development is underway with some activities implemented such as the web-based resource and workshops on taxes and insurance for fellows.

*University of California, Los Angeles:* Each quarter the Graduate Division publishes the Graduate Quarterly, which is a new magazine geared towards highlighting the achievements of graduate students and providing information which may be of interest to master’s and doctoral students.

*University of Georgia:* With regard to promoting communication among those involved in doctoral education, a Problem Solving Forum was created. This forum contains difficult situations encountered by doctoral students and encourages doctoral students and faculty to offer their suggestions. Submissions to the Problem Solving Forum are frequent and several doctoral students have reported this feature has been of utility to them.

*University of Illinois–Urbana Champaign:* The Graduate College continues to meet with its Graduate Student Advisory Group in order to discuss what services and interventions they believe are most needed for their completion and success. Graduate students meet with Graduate College deans twice per semester to discuss these important issues. In 2007-2008, the Graduate College offered over 40 workshops for graduate students. Topics addressed a full scope of issues from acclimation and skills for success in graduate school to completion and career transition. To communicate directly with over 10,000 graduate students enrolled at Illinois, the Graduate College publishes GradLinks. In 2008 we began distributing GradLinks as a weekly e-mail bulletin to provide students with brief updates about important deadlines, administrative procedures, campus policy, events, and opportunities. GradLinks enables direct communication with graduate students across campus.

*W*e began the Ph.D. Completion Project Speakers Series during the Spring of 2007. This program will run twice a year and targets a wide audience of graduate students as a means to build community and break down the isolation of graduate study. Our inaugural speaker, Jorge Cham, attracted an audience of over 200 students, creating a standing-room-only environment. Students stayed long after the speaker concluded his witty, but insightful, commentary on the Ph.D. completion process. They met the author, had books signed, and stayed on for a social hour.

*University of North Carolina at Chapel Hill:* Mentoring, with a focus on “at risk” groups: The Graduate School also hosted a “Women in Science” Dinner for doctoral students in those science departments participating in the Ph.D. Completion Project. The event focused on peer networking within departments. The Dean spoke briefly before the dinner and encouraged the students to brainstorm strategies for building peer networks that would lead to successful degree completion. Feedback indicated that this was a good venue for the women to network and problem-solve and several felt inspired to go back to their departments and organize more of these types of meetings. Finally, the Graduate School sponsored a lecture by...a nationally recognized research chemist and an outspoken critic of the culture of academic science. Over 100 students and faculty attended [the] lecture and more informal one-on-one sessions that followed the lecture.

**Family accommodation policies**

*Duke University:* Our Office of Graduate Student Affairs worked with graduate student groups and other units to craft and implement a new Childbirth & Adoption Accommodation Policy... this policy will allow caregivers of newborns or newly adopted children to care for them full time in the first weeks after the birth or adoption... We believe this new policy will make Duke more competitive with its peer institutions and will promote a healthy work-life balance for its students.

*Cornell University:* We have implemented a new Graduate Student Parental Accommodation Policy which provides [six] weeks paid leave to funded student parents upon the birth or adoption of a child or acute child illness. We initiated university-level discussions about the need for child care that have resulted in the construction of a new campus child care facility that opened in Fall 2008. We have also strengthened our Child Care Grants program for student parents.

In partnership with Cornell health professionals, we have refined a case management approach for students in distress that allows us to provide services at the field level.
CHAPTER 8
Promising Practices: Research Experience

Scholars in different disciplines conduct research and publish results in very different ways. In the lab sciences, students spend large portions of time as members of a research team, whereas in the humanities students typically pursue their research individually. In the former setting, joint publication is common, whereas in the latter collaborative authorship remains the exception rather than the norm. Generally, it is in their doctoral programs that students first experience the full extent of these differences. These differences and their implications for a student’s definition of and progress on the dissertation may affect completion rates and time to degree.

Another influential field difference is the extent to which dissertation stage research is a continuation of, or marks a major break with, coursework. In some fields, students have little or no preparation for the dissertation level research required once they finish coursework and complete their qualifying or comprehensive examinations. Students may, therefore, spend years in a program before gaining a full understanding of what a doctorate in the discipline will entail. In such instances, students may feel they lack the early support and guidance they need to complete with confidence.

Such field differences imply different models of the individual’s contribution to a doctoral degree as well as different social contexts for that contribution. Researchers often note that the degree of social interaction characteristic of the sciences, where an apprenticeship model, research teams, and a laboratory setting prevail, can provide a more supportive environment than the solitary, individual research with often extended periods without advisor feedback that is often characteristic of the humanities (Council of Graduate Schools, 2004; Nerad & Cerny, 1991; de Valero, 2001; Nettes & Millett, 2006).

Promising Practices

The Ph.D. Completion Project supports interventions and innovative practices in addressing differences in the research experience that may affect doctoral degree completion and attrition. The interventions include: (1) pre-program research experiences (prior to starting the doctoral program) that help prepare students—particularly underrepresented students—for doctoral study; and (2) early research experiences including several lab rotations for science students and summer research experiences for humanities and social sciences students who may not otherwise be exposed to research until much later in the career.
A third category—exposure to professional development opportunities through seminars, conferences, etc.—is discussed in Chapter 9. Some promising practices include:

**Pre-program research experiences**
- Identify top undergraduates and invite them to participate in a research institute late in their sophomore year to prepare and recruit these students to pursue doctoral studies [See also “Selection and Admissions”]
- Enhance an intensive 8-week summer research institute experience for recipients of the university Merit Fellow Awards (underrepresented students) [See also “Selection and Admissions”]
- Offer summer Pre-Doctoral Institute for underrepresented students/“Early Start Program”

**Early research experiences**
- Encourage lab rotations prior to choosing a mentor/research area
- Provide opportunities and funding for humanities and social sciences students to participate in structured research in the early stages of their programs and to attend professional meetings
- Provide students with a catalog of research opportunities and facilitate matching of research interests between advisors and students
- Streamline course requirements to allow students the opportunity to engage early in research

**Selected Highlights**

**Pre-program research experiences**

*Cornell University:* Design and pilot test a three- to five-day summer program aimed at preparing incoming underrepresented doctoral students (selected by nomination/invitation) for graduate study and their programs. The goals of this activity include better preparation for students’ participation in the academic enterprise as a scholar, full integration of URM students into the fields, and, ultimately, successful student performance and degree completion.

*University of Michigan:* The Summer Institute is an intensive 8-week experience for recipients of the Rackham Merit Fellow Awards (underrepresented students). The program takes place in the summer prior to the students’ first year in graduate school. In Year 2004-2005 a research component was added to the Summer Institute for those students in engineering and the sciences. The purpose of this change was to provide students with early research experiences, either through laboratory rotations or involvement in one particular research project... The program objectives are to strengthen and increase the success rate of Rackham Merit Fellowship (RMF) students, provide an academically challenging introduction to graduate studies, connect incoming students with faculty mentors and research opportunities. It also provides a social and professional transition to graduate student life. This year, 2008, participants came from a variety of fields. In particular, students from Anthropology, English and Women’s Studies, Mechanical Engineering, Molecular, Cellular and Developmental Biology as well as Nuclear Engineering and Radiological Science participated in the Institute... Evaluations are assessed each summer. We have many testimonials from participating and former students and have conducted several focus groups. Thus far our feedback has been exceptionally positive, with some few exceptions, from both students and faculty. We are studying and comparing the progress made by students who participate in the Summer Institute program both before and after the early research intervention was implemented.

**Early research experiences**

*Howard University:* The Office of Retention, Mentoring, and Student Support Programs will annually catalog research projects being conducted by members of the graduate faculty at Howard. This data source will include the PI’s name, title of the project, abstract, current staffing and Graduate Assistant (GA) requests. In addition, we will contact each doctoral student in the pilot departments to track whether they currently have a research appointment. If not, we will match the student with a research project closely aligned to their specialization and facilitate the student joining the research team.

*Michigan State University:* Plant Biology is tracking the outcomes of students who enter the program in a specific lab and the outcomes of those who choose an advisor after several lab rotations. Nearly half of entering Plant Biology students do optional rotations in up to three laboratories during their first two semesters in the program; the other half enter directly into the lab of a faculty member whom they have identified as their advisor. The department wants to look at the effects these modes of entering the program have on completion outcomes, specifically around questions of integration into the department, time spent in choosing a research topic, and time-to-degree.

*Ohio State University:* Chemistry has also started to work on the financial packages available to its students and has worked creatively with its endowment funds to create additional offers to 8-10 of its 45 incoming students. These small awards, which are on top of the regular awards, are meant to help move new graduate students into the lab environment faster, which Chemistry anticipates will help enhance the student’s experience and lead to less attrition and faster completion.
CHAPTER 9
Promising Practices: Curricular and Administrative Processes and Procedures

Although this chapter is titled “Curricular and Administrative Processes and Procedures,” the following discussion encompasses other broader aspects of programmatic structure and environment that at first glance seem to be outside this area. For example, we group initiatives aimed at providing support for writing during the dissertation stage (or earlier stages) or offering various types of professional development opportunities under this heading. These types of workshops and supports are critical elements of program quality—as such, they belong under curricular and administrative processes and procedures (and arguably, under Program Environment as well).

One of the most far-reaching activities supported by the Ph.D. Completion Project is the adoption by participating institutions of new university-wide systems, or the enhancement of existing systems, for collecting and using data. Many universities are, for the first time, systematically tracking attrition and using completion and attrition data to assess and review doctoral programs. In order to use these data more effectively, they are revising quantitative data collection methods; implementing exit surveys for completing and departing students; tracking student departures from doctoral study; and analyzing patterns of attrition for their potential relation to other factors (such as financial support and university policies). Participating universities are also incorporating data on completion and attrition into the regular program review process, and using data to institutionalize best practices in other areas of intervention (e.g., selection and admissions, professional development) across all programs through campus-wide initiatives. In addition, universities are streamlining their administrative processes to make them more transparent and user-friendly and departments are examining sequencing of courses and other requirements to ensure they offer smooth transitions.

Another major initiative being undertaken by the participating institutions is to provide writing assistance to all doctoral students, in particular those at the dissertation stage. There is widespread recognition that students at the dissertation stage feel isolated and vulnerable and universities are putting into place a number of efforts to help students overcome these feelings and remain on track. These often involve bringing students together for some kind of a retreat or “boot camp,” providing intensive writing assistance, and fostering collegiality and camaraderie among them. A second level of effort provides professional development workshops and opportunities to help students
understand what is involved in becoming a professional—for example, by providing travel funds so students can attend conferences and present papers and network with others in their field. Some of these workshops are directed towards helping teaching assistants become more effective teachers.

All the institutions that completed the pre-project assessment template reported that ‘graduate students outcomes [are] included in program evaluation’ and that a ‘periodic review of [the] graduate program [is] conducted.’ Those responding to the 2007 faculty assessment template indicated that they provide ‘personal/mental health/issues counseling.’ About a third of the policies were newly implemented and a majority of institutions reported establishing at least one new policy, practice or program within the past two years. ‘Person/group delegated responsibility for analysis/reporting of university completion/attrition data’ and ‘goals for completion and/or attrition established’ were among the most commonly-mentioned new policies.

**Promising Practices**

Promising practices identified by participating universities include:

**Administrative/curricular processes and procedures**

- Create/enhance institutional database on students via a web-based system to track student aid types
- Monitor and track all students who leave
  - Identify students who fail to enroll each quarter/semester
  - Determine reasons for non-enrollment and plans for future enrollment
  - Study student data from the past ten years to assess patterns of attrition versus short-term enrollment gaps
  - Assess the relationship between official leaves of absence, enrollment and attrition
- Introduce a continuous enrollment policy, which will serve as the impetus for students to stay on track and work collaboratively with their mentors towards their final goal of completing the degree
- Expand and refine graduate school and departmental policies and practices for matriculation, and track and report on Ph.D. student degree progress
- Enhance record-keeping and clarifying policy issues at the graduate school, including clarification and creation of policy relevant to doctoral completion and posting of completion figures for programs on website
- Conduct exit surveys of both doctoral recipients and students who do not complete their doctoral work, and use feedback from surveys to develop solutions to reduce attrition

- Revise program review process to examine quality of each graduate program in terms of quality inputs, outcomes, and operational practices; include information and collected data on time-to-degree in review process to ensure department chairs have the necessary data needed to implement appropriate program modifications [See also Financial Support]
- Modify the sequencing of courses and make specific curricular modifications to participating programs
- Create “Direct BS to Ph.D.” program

**Writing assistance for graduate students**

- Offer a writing assistance program for graduate students at all stages through trained writing coaches or writing consultants (senior-level graduate students trained in writing)
- Offer writing courses, workshops, and individual writing consultation with instructors from the Writing Institute (or other similar departments)
- Offer targeted writing services to support international graduate students
- Offer writing assistance to groups of students from several disciplines so they can appreciate the commonality of writing difficulties
- Offer writing groups focused on the comprehensive examinations facilitated by trained ABDs
- Offer a writing clinic geared toward predoctoral students at any level who are working on a manuscript for publication in a peer reviewed journal

**Support during the dissertation phase**

- Offer a Dissertation Retreat/Dissertation Boot Camp/Dissertation House/Dissertation Writing Institute for students who are stalled in their progress that offers uninterrupted time to focus on the dissertation, writing strategies, receive feedback, and build peer support
- Provide support through a graduate writing consultant and graduate writing tutors who offer face-to-face tutoring and assistance
- Establish a Doctoral Student Writing Room, where doctoral students could engage in project development, research and writing and collaborate with others
- Offer a Dissertation Writing Residency Fellowship for the 8-week summer period for students (especially from underrepresented groups) not yet making consistent progress at the writing stage of the dissertation
- Offer workshops on time management strategies, especially for students in the final writing stages of their program
- Partner with graduate student organizations to organize dissertation writing workshops with students in broad interdisciplinary groups
Professional development of graduate students

- Offer a safe, hospitable space in which graduate students engage in micro-teaching activities, videotape themselves teaching, and engage in the peer review of teaching to develop skills in constructive peer teaching review
- Publicize the PFF program and collaborate with other offices to provide more programming for PFF fellows
- Offer a structured set of professional development workshops to enhance professional skills that are key to a successful doctoral and professional career tailored to whether students are just starting their program, in the middle, or at the dissertation stage
- Offer a University Graduate Certification in College Teaching, designed to help graduate students organize and develop their teaching experience in a systematic and thoughtful way, through workshop experiences in 5 competency areas (adult students as learners and creating learning environments; discipline-related teaching strategies; assessment of learning; technology in the classroom; professional development through an understanding of the academy) and a mentored teaching experience
- Provide travel funds for attending conferences
- Offer a Graduate Teaching Fellowship Program to provide mentored teaching experiences for qualified students who might not normally have such an opportunity in their own discipline, perhaps in conjunction with PFF
- Offer enrichment events aimed at preparing students for job applications and interviews or preparing them for careers in other sectors

Selected Highlights

**Administrative/curricular processes and procedures**

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<th>Florida State University</th>
<th>University of Georgia</th>
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<td>Four workshops offered during Fall 2008 orientation on selecting/working with major professor and committee; steps to degree; using blackboard; and funding graduate education... Annual workshop for graduate program directors. Topics included results of the Ph.D. Completion Exit Survey; new online graduate program directors’ handbook; online tracking system; separate session for new directors. [FSU plans] to host monthly brown bags to improve communication with other university offices.</td>
<td>Several university-wide policies have been implemented with the overarching goal of improving doctoral completion rates. First, the particular practices that were deemed effective in the original programs from Phase I will be integrated in all doctoral programs at the university. In particular, the doctoral completion data templates, program assessments, research and conferences/meetings will involve all programs. The data for each doctoral program [were] posted in January 2008. Second, the Graduate School is implementing policies that send the message that “all doctoral students are important.” Specifically, each student that leaves a program, either through graduation, withdrawal, or transfer, must complete a follow-up survey per new university-wide policy. Additionally, program coordinators will be required to complete a Non-completer Report about each student who leaves their program. Results of these instruments will provide information regarding reasons for completion or noncompletion. Third, a continuous enrollment policy was established to ensure that students’ path toward doctoral completion remains as uninterrupted as possible. Last, a publicity awareness campaign is in the beginning stage of its implementation. The purpose of this campaign is to communicate the critical issues regarding doctoral noncompletion and promote awareness of this topic.</td>
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University of Michigan: The Rackham Graduate School...has developed a web-based navigator that enables students, departments and allied administrative units an opportunity to improve the doctoral education process. The GradTools and Dissertations Checklist system facilitates clear identification of a doctoral program’s steps and processes—tailored to the specific requirements of departments—for each student. Through this resource, students, faculty advisors, departments, and the Rackham Graduate School are able to monitor the individual’s progress, including when milestones are achieved, requirements yet to be completed, etc. Major features of GradTools include: 1) Dissertation Checklist. Documents the major steps in the process that a student will follow; Schedule. Provides a single place to record events, dates; 2) Resources. This is a site where documents can be shared, stored and organized, and includes links to important resources which assist with the research and writing of the dissertation; 3) Discussion. Permits general discussion on program related matters. Committee members and the students can interact online to comment on dissertation drafts; 4) Help. Provides instructions on how to use GradTools and other technical matters... Strengths of GradTools from student perspectives include the archiving capacity for documents they accumulate during their career in a secure location, the ability to give faculty committee members access to their sites to facilitate immediate review of students’ work, as well as ability to use GradTools as a job search tool by creating a resources folder to which potential employers can have review access... This technology has the potential to benefit all of Rackham’s graduate programs... We have made it available to all of Rackham doctoral programs. We believe this technology will increase the likelihood of student success, heighten participant satisfaction and contribute to a reduction of time to degree.
**Yale University:** Launched in spring 2006, the 2-4 Project required every Ph.D. program at Yale to conduct a self-assessment, with particular focus on opportunities for improvement relating to years 2, 3 and 4 of Ph.D. students’ careers when coursework is being completed and work on the dissertation begins. Interventions established following the self-assessment vary by department, but include new courses in research methods, curricular changes to better match qualifiers to coursework, changes in the number of courses, improved transitions from courses to research, formalized expectations for participation in field workshops, improved communication between faculty and students, regular evaluations of students, peer mentoring, clear guidance on expectations for the qualifying exam and prospectus, better enforcement of deadlines for the qualifying exam, revised oral exams, standardized schedules for when oral exams are taken, and dissertation colloquia and chapter conferences in some departments. The directors of graduate studies meet regularly with the Deans to discuss issues raised through the 2-4 Project.

**Marquette University:** Writing Consultant Program: Now in its third year...this program has resulted in the training of 14 Graduate Writing Consultants who are Ph.D. students [who] serve within their disciplines to help their peers improve their writing skills across all the writing genres and to make them better prepared for writing the dissertation. Among the experiments being conducted during the grant period [is] the feasibility of training at the same time students from a wide range of disciplines. The professor has managed up to six disciplines in the last summer’s training session [and] found that, rather than diluting the effort, the diversity helps the trainees appreciate more the commonality of writing difficulties and improves their abilities to be helpful without being judgmental. The training includes critique sessions in which each trainee’s writing is discussed by all... Those who have served as Graduate Writing Consultants report that their understanding of the writing process and their own writing have greatly improved, and they feel more comfortable and confident in moving among the various genres of their disciplines. The training makes them less judgmental and more comfortable in relating to others. Happily, those who have received support include first year students who have been helped to see writing as a tool that allows them to deepen their understanding of a subject and to apply that understanding in new ways. Hence, the burden many beginners bear of unrealistic expectations on their writing prowess is being turned into a positive force. Others who have received support include ESL students, and several who were preparing papers for conferences and publication. One of our aims is early intervention, so that improved writing in the beginning year can mature over time and also help improve students’ academic performance.

**Brown University:** Through conversation with faculty [and students], we found that writing issues occur not only at the end of graduate training, but throughout. Therefore we revised our plans for a ‘dissertation writing institute’ into a writing assistance program for graduate students at all stages. In consultation with our writing center...[we hosted a seminar] by...a Senior Lecturer in English, [outlining] concepts and methods essential to translating research into coherent and effective writing. We also hired three writing center coaches—senior level graduate students who received extra training in writing—to provide writing assistance, coaching and editing for graduate students. Since the launch of this project in October 2008, the writing coaches have logged in over 200 hours of writing assistance to graduate students; this is at least 100 hours over the usage of the writing center at comparable times in 2007.

**Duke University:** The Graduate School supports two services for international graduate students beyond the course offerings of the English for International Student (EIS) program. These are particularly important sources of support for later-year students, as the EIS courses are typically taken in the early years of study. First, at Duke’s Writing Studio, international graduate students can work on any writing assignment or project, including proposals, journal articles, and the dissertation, with trained writing tutors. The Studio now has an ESL specialist and all tutors are trained to work specifically with non-native speakers. Second, analogous opportunities for speaking are provided through the EIS program’s Oral Skills Coaching service. Students can meet in one-on-one sessions with an experienced ESL speaking coach to develop and rehearse any type of oral presentation.

**Michigan State University:** English, Neuroscience and Sociology are participating in a pilot program to train current ABD’s to facilitate writing groups focused on the comprehensive exams. This program is being coordinated by the Graduate School and the Writing Center, which runs both a successful university-wide workshop called “Navigating the Ph.D.” (focused in part on comprehensive examination preparation), and small, facilitated dissertation writing groups. The comprehensive exam preparation groups will be a hybrid of these two ongoing projects.

Neuroscience initiated a writing clinic in fall 2008 geared toward predoctoral students at any level who are working on a manuscript for publication in a peer reviewed journal. The workshop participants looked at articles and books on scientific writing, and engaged in discussions of elements of good writing style, the purpose of a paragraph, and tips for achieving clarity in writing. As a group, students edited one or two paragraphs of each student’s current writing; they also submitted their writing to other clinic participants. The aims of the writing clinic were to: 1) improve writing skills of the participants; 2) remove
Support during the dissertation phase

**Marquette University:** Our first-ever Dissertation Boot Camp was held June 2-6, 2008, and was a huge success. Eighteen students and four faculty facilitators participated in the Boot Camp. All of the students reported that they made significant progress on their dissertations, and in at least one case a student who had been at a mental roadblock for several years experienced a breakthrough that allowed her to resume making progress on the dissertation... One of the major suggestions that came from the Dissertation Boot Camp was to establish a dedicated Doctoral Student Writing Room. This would be an area where doctoral students engaged in project development, research and writing could come to work, collaborate with others, and develop a sense of community among these students that can become somewhat isolated. We are working with the university to find such a location.

**University of Illinois, Urbana-Champaign:** This past year, we launched two important programs targeted at Ph.D. students that work in tandem to address the issues most pressing to completion. The first program—the Dissertation Writing Residency Fellowship (DWR)—is an 8-week writing-intensive summer program aimed at addressing dissertation-writing obstacles. In addition to providing support for students to make progress on their dissertations, the goal of this residency is to assist students in developing life-long writing skills and habits, and large project management abilities that will make them more effective scholars. The Graduate College awarded seven fellowships, each carrying a stipend of $3,000 for the 8-week summer. In addition to the stipend, all typical waivers and fees for this fellowship term were provided. Selected Fellows came from one of four departments (Educational Psychology, English, History, and Political Science)... Fellows are promising students who have been successful at each previous stage of degree progress, but are not yet making consistent progress at the writing stage of the dissertation. Faculty members were especially encouraged to nominate students from underrepresented groups... This experimental program is designed to address what research has shown to be a particularly vulnerable phase in the graduate programs of students pursuing doctorates in the humanities and the interpretive social science—conceptualizing the idea and the plan that will enable them to work effectively toward completing a dissertation. Fellows are present each weekday at the Writers’ Workshop on the Urbana campus between the hours of 9:00 am and 3:30 pm during the tenure of their fellowship. They are supported by a Writing Director and Graduate Assistant, and have dedicated workspace, concentrated work time without distraction, and programming relevant to their efforts.

**University of Maryland, Baltimore County:** The Dissertation House (DH) is designed to facilitate students’ progression through the doctoral dissertation process by providing the professional consultation, guidance, and support necessary for scholarly research and writing. The Dissertation House project is based on the successful Scholar’s Retreat... at the University of Colorado at Denver... PROMISE: Maryland’s Alliance for Graduate Education and the Professors, one of the nation’s 21 AGEP programs funded by the National Science Foundation, [adapted similar strategies now used by UMBC’s Dissertation Coach in] her “TA-DA! Thesis and Dissertation Accomplished - Finally Finished” books and software... In Phase II, we expanded our Dissertation House activities to include a winter session as well as a summer session.

**University of Missouri—Columbia:** “Writing Saturdays.” Once a month we reserve a room in the library and invite a trusted faculty member to present on one aspect of the writing process (with an eye on dissertations). Following the half-hour presentation, a dean joins students in a large reading room in the library to work [for five hours on writing]. Students can also disperse to other areas of the library. Over the course of the first seven months, we’ve averaged about 25 students showing up, about 15 of whom have become regulars. We design the sessions to be friendly and encouraging—and the deans, themselves, have found the free space for writing to be extremely useful!

**Professional development for graduate students**

**Florida State University:** Based on data from exit survey (many grads unaware of workshops), OGS is advertising PFF workshops, including on the FSU campus TV channel... In about 2006, the graduate school took responsibility for FSU’s PFF programs and developed new partners in this
effort, including the office of research and career services. There is now greater cooperation; for example, the office of research allows PFF fellows to participate in programming for first-year faculty, e.g. about grants... The PFF program has a presence on Blackboard, and students can register for access to the PFF site. PFF programs are open to all doctoral and terminal master's students, as well as postdocs... FSU is tracking participation in professional development programs such as PFF and FSU fellows. In 2006-07, 14 professional development workshops for graduate students were held, with 306 participants. In 2007-08, 14 professional development activities were held, with 426 participants. And in 2008-09, 17 professional development workshops were held, with 806 participants, and two more events scheduled for the academic year. In addition, 3 undergraduate workshops on demystifying graduate school were held. Workshops are typically held at 5:30 p.m. to enhance attendance.

North Carolina State University: The Preparing the Professoriate (PTP) program is a long-standing program at NC State that gives faculty and doctoral students the opportunity to engage in a mentored teaching activity for an academic year. It is a central component of NC State’s attempt to enrich and improve the way in which graduate students are provided with a hands-on teaching opportunity under a distinguished faculty mentor who is recognized for his/her teaching skills. The program is open to doctoral students who plan careers as research/teaching scholars at colleges and universities. The program consists of an observation semester and a teaching or co-teaching semester. In order to participate in the program, students must have completed 18 graduate credit hours in their major prior to the teaching semester, must be in good academic standing in their department, and must be at a point in their doctoral program where they have sufficient time to work with a Faculty Teaching Mentor. The program sponsors 7 workshops for participants throughout the academic year illuminating various aspects of college/university teaching. Currently, 10 doctoral students are selected for the program through a University-wide competition. Each of these students receives a $2,000 stipend and a transcript notation indicating their participation in the program. The aim is to raise the number of participants to at least 20.

Purdue University: The Bilsland Strategic Initiatives Fellowship program provides an opportunity for graduate students, under the direction of a faculty member, to impact graduate education by addressing a graduate school strategic initiative. The fellowship provides an $18,000 stipend for tuition and fees, $1,500 for their project, and a medical insurance supplement. Students write a 3-5 page proposal when applying for the fellowship, and the fellows get experience administering a grant. Sample graduate school strategic initiatives include attracting external and internal sources of funding; enhancing recruitment and retention of graduate students to increase the number, quality, and diversity; emphasizing mentoring relationships between faculty and students; fostering interdisciplinary graduate education; and improving services to enhance the quality of life for graduate students.

University of California, San Diego: The Department of Literature hosted a Graduate Student Enrichment event “MLA Mock Interview: A Dress Rehearsal.” A panel of Literature faculty and graduate student recreated a complete MLA-style job interview, asking questions based on the “mock” candidates dissertation materials, followed by an open discussion and opportunity for graduate students to ask any questions about the job application and interview process.

University of Cincinnati: To enhance professional development opportunities for graduate students at UC, the Graduate School offered a pilot Graduate Teaching Fellowship Program to provide mentored teaching experiences for qualified students who might not normally have such an opportunity in their own discipline. To qualify, students had to be doctoral students who had successfully completed the “Becoming a More Effective Teacher” course offered in the Preparing Future Faculty program. Fellowship recipients were matched with outstanding teachers at the University for a mentored teaching experience over one academic quarter. This experience included actual teaching and lecturing with feedback, syllabus development, learning assessment, course content and materials selection, and, in general, active participation in course delivery. Fellows participated in bi-weekly meetings with other fellowship recipients and faculty facilitators. Each Teaching Fellow was awarded $3000. A total of 13 doctoral students participated in the pilot program... Overall the participants were very positive about their experience in this program. While all agreed that the program provided a good structure for a comprehensive teaching experience, and use of techniques learned in the PFF course, individual experiences varied based on the sustained commitment of both the student and the mentor. All participants strongly recommend continuing this program... [E]ncouraging results have led to in-progress collaboration with the Preparing Future Faculty Program where creative resources from both programs will be optimized to encourage students to complete their Ph.D.'s and attract them to the professoriate.

The pilot on enhanced teaching opportunities for graduate students was initiated with a special one-time allocation ($50K) to run this program... The challenge moving forward is to make the program attractive to both students and their advisors on its own merits; i.e., in the absence of a stipend supplement or with a reduced supplement. Additional challenges included attracting faculty to mentor students outside their programs, matching student and mentor interests and personalities, and maintaining a sustained level of participation from both the student and mentor through the pressures of an academic term.