MEET THE FIRST YEARS!

—Edna Romero

Although the first years are well aware of how much work lies ahead of them, they are proud of having successfully completed their first semester and of their new nickname—“the ducklings part II.” As the name implies, the first year class has developed a close-knit camaraderie. They have enjoyed numerous nights together, out and in. They love to let loose in Chicago and feel lucky to have ended up at Loyola. Meet this year’s first year class!

Devin Carey is a graduate of Emory University. After college she took a couple years off and worked in Baltimore at the Kennedy Krieger Institute. Her research interests are in child and adolescent psychopathology, with a particular interest in internalizing disorders and intervention programs. When she’s not busy with schoolwork, Devin likes to take spinning classes, eat couscous, and watch Jersey Shore marathons on MTV.

Daniel Dickson joins the group from California. He received his bachelor’s from UCLA and did research at UCLA’s Anxiety Disorders Research Center for a few years post graduation. Not surprisingly, Daniel is interested in internalizing disorders. He also has a special (almost obsessive) interest in cognitive behavioral treatments. His obsessions with basketball, gummy bears, and buffalo chicken wraps are what get him through the long days at school.

Alisha Osharoff is a Chicago girl, born and raised. She graduated from Knox College, and worked as a Call Center Supervisor at the National Runway Switchboard for two years before joining the ducklings. Alisha enjoys researching gender issues and adult psychopathology. She claims her affinity for Woody Allen helped mold her decision to study clinical psychology, but we all know she has natural empathic and therapeutic skills.

Edna Romero was also born and raised in the Chicago land area. She attended Purdue University and did research work at Children’s Memorial Hospital prior to coming to Loyola. Her broad interests are in child psychopathology, externalizing disorders, and working with underserved populations. In between schoolwork and lab work, Edna likes to travel, obsess over LOST episodes, and bake cupcakes.

Lea Travers is originally from the Boston area. She received her bachelors from Brown University and worked for Northwestern and Rush before coming to Loyola. Lea is interested in studying internalizing disorders in affluent adolescents. During her breaks from schoolwork she likes to host first year reunions, shop at Costco, and take yoga classes.

Amanda “Mandy” Ward is a true Midwestern girl from northwest Indiana. She graduated from Loyola and loved it so much that she came back for graduate school. She is interested in studying the protective role of after-school time and organized activities across the childhood trajectory. When Mandy isn’t typing away, she enjoys shopping for lean cuisines and playing soccer.

AND THE CROWD GOES WILD!!!

—Israel Gross & Rachel Wasserman

The psychology graduate students entered a co-ed intramurals basketball league at Loyola this year. They represented the psych department well with their dignified team name: “Old ’n Grey”. Hopefully the team will start a new tradition and will reassemble to continue their quest for glory next year. Be sure to come out and show your support!
This year the social committee has done a great job of organizing outings for the clinical program that have allowed students and faculty to share some much needed leisure time. On behalf of the first years, I can say that the outings have not only helped us feel welcomed, but have also shown us that a night out in Chicago is a great stress reliever!

The first gathering of the year involved dinner at Moe’s Cantina and an evening baseball game at Wrigley. There was a great turn out, despite the chilly weather at the ballpark. Students from each year were present, as well as three faculty members- Grayson, Scott, and Joe. We spent the night cheering the Cubs to a victory and eating ice cream from tiny baseball caps.

Rumor has it that our next gatherings will take place at a swanky billiards downtown and a whirlyball complex in the city. I’m sure we’re all looking forward to discovering the pool sharks and whirlyball athletes. A big thank you goes out to the social committee for putting these trips together!

Something must have been in the water in Chicago (beyond the usual bacteria and DMB sewage dumpings); Amy Lyons, Lauren Kelly, and Jana Wingo were engaged within two weeks of each other! Third year, Amy Lyons and Ryan Usher are to be married on June 12th, 2010 in Louisville, Kentucky (top left). Fourth year Lauren Kelly and John O’Hara are planning an August wedding in Ohio (middle left). Third year, Jana Wingo, and Dan Nickele are happily engaged and planning a September wedding (top right). Fifth year student, Cynthya Campbell, was engaged on November 21, 2009.

Congratulations to fifth year student, Erica Luboyeski, on her marriage to Kevin Kalkut on August 8th, 2009 in Connecticut. Lauren Zurenda and Alex Shveyd were also joined in marriage on September 19th, 2009. Rebecca Wasserman and Adam Lieb were married July 5, 2009 (middle right). Brittany Lakin and David Star also had a summer wedding in July 2009. Maria Rollins and Nick Horn entered the New Year as husband and wife in Portland, Oregon. The post-doctoral fellow in Grayson Holmbeck's lab, Katie Devine, married Carlos Recuay on May 16, 2009 in Geneva, NY. Congratulations to the happy couples!

Mona Stepansky and her husband Chris Stepansky welcomed a beautiful baby girl named Claire Marie Stepansky into the world on August 14, 2009 (bottom left). Congratulations are also in order for Caitlin Roache and her husband, Joe, on the birth of their baby Vivian Sofia Roache (bottom right). She was welcomed into the world on June 28th, 2009.

It has been an exciting year for the fifth year class! Christine Celio was named an Emerging Scholar in Service-learning and will be heading to L.A. with her fiancé for internship at the VA medical center. Lauren Zurenda got married to Alex Shveyd on September 19 in Buffalo, New York and will be starting internship at Upstate Medical University, in Syracuse. Rebecca Wasserman Lieb also got married this year on July 5 to Adam Lieb and they will be moving to Chapel Hill to start her internship at the Center for Development and Learning at UNC. Caitlin Roache welcomed Vivian Sofia Roche into the world on June 28th and she is already sporting 2 new teeth! Cynthya Campbell got engaged on November 21 and will be interning at La Rabida in Chicago. Erica Luboyeski is completing her internship in neuropsychology at Rush University Medical Center and will be doing a post-doc at the Medical College of Wisconsin in pediatric neuropsychology. Sasha is excited to back to the East Coast for her internship at Columbia University Medical Center in NYC. She is looking forward to being around family and friends again...and of course, being closer to her Jersey roots (fist pump!).

Farewell From the Fabulous Fifth Years ~Rebecca Wasserman
2nd Year Update — Rachel Wasserman

The second years had a great introduction to clinical work at the Wellness Center and are gearing up for their first assessment practicum and are all diving into neuropsychology. Alison and Israel will be at UIC (pediatric), Ashley at Northshore University Healthcare (adult), Corinn at U of C (pediatric), Liz at UIC (adult), and Rachel at Alexian Brothers (pediatric). We have all been very busy with research—we have successfully proposed our master’s theses and are presenting posters/papers at conventions across the country (and Mexico) for INS, SBM, APA, SRA, MPA, IPA, and a few others. A few personal shout outs to the 2nd years: Israel now goes by “Coach Gross” and led the basketball team to several wins! Ashley will soon be famous; her honors thesis, which was published in *Sex Roles*, recently received a press release! Alison has become a master of mindfulness meditation and co-led a group at the Wellness Center this year. Liz made us all jealous with her tan after presenting a poster at INS in Acapulco. Corinn went poster crazy and presented at 4 different conferences this year! Rachel won an award for her poster that was presented at APA. Looks like we’ve all had a great year and are looking forward to the “hump year”!

3rd Year Update — Jana Wingo

The third years have all enjoyed our introduction to clinical work and assessment and are excited to see what our second practicum experience brings: Amy will be at the University of Illinois at Chicago for adult neuropsychology and Jana will be at Northshore University Healthcare System in Evanston for adult neuropsychology. Amy is enjoying her externship at Illinois Masonic Behavioral Health Hospital where she conducts therapy. She recently published her master’s thesis in the *Journal of Child and Family Studies*. Maria defended her thesis on the association between symptoms of PTSD and externalizing problems and wants to continue to focus on this topic with a forensic population for her dissertation. She is enjoying her diagnostic externship placement with the Pediatric Developmental Center. Alyx defended her thesis on April 19th, she has enjoyed seeing clients for therapy at the Wellness center and all current and past students can thank her for getting the student survey online! Jana enjoys working at the University of Illinois at Chicago's adult neuropsychology practicum and when she is not working on neuropsychological reports or her dissertation she distracts herself with wedding planning!

Fourth Year Update ~ Lauren Kelly

The fourth years have continued to stay busy with externship, dissertations, teaching, and lab work. Five of the fourth years have successfully passed their qualification exams, and Edin, Bonnie, Lauren, and Jamila proposed their dissertations. Bonnie and Jamila are completing a therapy externship at Cook County Hospital. While Chris and Edin are doing a therapy externship at Illinois Masonic. Kriston is completing the PCIT training program at DePaul, and she taught Counseling Psychology in the Fall. Lauren is at UIC completing training in pediatric neuropsychology. Despite juggling all of their responsibilities, the fourth years have diligently been working on poster presentations at several conferences and have submitted several manuscripts in scholarly journals (Edin’s thesis was recently published in the *Journal of Youth and Adolescence*!). Lastly, Bonnie and Lauren have managed to find the time to each plan Summer 2010 weddings. As our fourth year comes to an end, we are now prepared to confront the daunting life of a fifth year, full of internship applications and dissertation work!
Bohnert Lab Update:  
Dr. Amy Bohnert’s Activity Matters Lab is gearing up to submit R01 and Robert Wood Johnson Foundation grants this spring focusing on whether adolescents who attend community schools are more physically active and engage in less sedentary behavior during discretionary time using accelerometry. Also, preliminary findings from last year’s Girls in the Game program evaluation were presented in Los Angeles at the Childhood Obesity Conference, and results will be presented this spring in Washington, D.C. at the National Afterschool Association. Activity Matters is also proud to announce that plans for the debut of the Nutri-plate (the specially designed children’s dining plate) are underway and we’re ready for production and distribution! Furthermore, the lab has had two senior students propose their dissertations, so the data will continue to roll in! —Amanda Ward

Conley Lab Update:  
The Conley lab has been working on several exciting projects over the past year! Our main focus is on the adjustment of first year Loyola Undergraduates and we are currently assessing the Living Learning Programs on campus. The Conley lab’s graduate students are continuing their review of mental health prevention programs on college campuses, working hard on publications, and presenting at MPA. Ashley recently published an article in Sex Roles and is working on her masters thesis, examining disordered eating and body image in adolescents and emerging adults. Devin Carey is working on a book chapter about family leave policies in academia. Daniel’s making headway on his masters thesis, which will examine the relationship between avoidant coping and internalizing problems. —Daniel Dickson

Duralk Lab Update:  
The “meta-analytic maniacs” in the Duralk lab continue to be hard at work! Kriston Schellinger will be presenting a poster based on her Master’s Thesis (a meta-analysis of indicated prevention programs for elementary school-aged children with externalizing behavior problems) at APA in August. The lab continues to collaborate with colleagues at the University of Illinois Chicago on a few projects and recently had a manuscript accepted for publication in Child Development! The study is a meta-analysis examining the effects of 213 school-based universal social and emotional learning (SEL) programs. The lab is very excited to see endless hours of coding and meta-analyzing pay off! — Kriston Schellinger

Gaylord-Harden Lab Update:  
The PACCT (Parents and Children Coping Together) lab is currently in the final phase of data collection at the Englewood Family Focus site and plans to begin a manuscript on family structure and coping soon. The lab has also begun follow-up data collection for a second large project (Y-ACSI; Africultural Coping Systems Inventory-Youth version). One paper was published in the Journal of Youth and Adolescence and 4 additional papers are underway. Two SRCD posters were presented in Denver in April and two undergraduate research assistants are using the data for their honors projects. Additionally, Corinn Elmore is writing her masters thesis on building resiliency in urban African-American youth under stress and Alyx Kesselring is writing her master’s thesis on the relation of executive functioning and coping. Cynthya Campbell is writing her dissertation on coping processes of children in the child welfare system. — Corinn Elmore

Holmbeck Lab Update:  
The C.H.A.T.S. (Chicago Healthy Adolescent Transition Study) lab has been busy this year! We finished with recruitment and data collection for first wave of a study, looking at neuropsychological, peer, and family factors that may affect adolescent development in youth with spina bifida. We are also starting with Time 3 data collection, meaning that some of our participants have been in the study for 4 years already! Several lab members have presented findings for papers and posters at conferences such as Society of Research on Adolescents, Society of Behavioral Medicine, American Psychological Association, International Neuropsychological Society, and the First World Congress on Spina Bifida. We have also

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Leon Lab Update:
The Leon lab has been busy this year. The lab has expanded, welcoming Kriston Schellinger, a fourth year, as well as a number of undergraduates. The Go Wizard project, an online interactive resource for connecting foster care children with community resources, continues to expand. Check out the progress at http://gowizard.org/! The lab is also involved in a consultation project with a local inpatient psychiatric hospital for children. We are monitoring daily functioning and symptom severity of the children in hopes of developing treatment plans and promoting improved outcomes for inpatient care. Preliminary results for the consultation project will be presented at the Children's Mental Health Research and Policy conference in Tampa at the beginning of March. Congrats to lab member, Amy Lyons, who recently published her Master's thesis in the Journal of Child and Family Studies. Congrats are also in order for Jeff Sieracki, who is currently finishing internship, but accepted a clinical position for next year at the Family Institute at Northwestern University! —Alison Dunleavy

Richards Lab Update
The Richards lab is currently in a very exciting place! Members from this lab are collecting data for two studies, involved in manuscript submissions, and working towards acquiring a new grant. The Asthma TEAM started its last year of data collection in the fall and study members have presented preliminary results at a few conferences, including American Public Health Association and Midwest Nursing Research Society. This year the lab will be presenting Asthma results at two conferences: APA and National Association of Pediatric Nurse Practitioners. The lab’s most recent study, “Risk Reduction,” is focused on assessing the quality of two violence/stress intervention curriculums on CPS middle schoolers. Data collection for this project began recently and will provide the foundation for the upcoming grant submission—an examination of the same outcomes on a larger scale. Finally, a few manuscripts are currently under revision with the Journal of Youth and Adolescence, Journal of Interpersonal Violence, and Journal of Early Adolescence. —Edna Romero

Rupert Lab Update
The P.I.E.R. lab (Professional Issues and Ethics Research) has been very busy this year preparing to launch a national survey of practicing psychologists! This survey will be the lab’s first web-based, longitudinal endeavor and will explore the work-family interface among psychologists. This study will also provide data for both Sasha Berger’s and Pedja Stevanovic’s dissertations. Sasha will examine psychologists’ exposure to challenging client behaviors, coping, and professional burnout, while Pedja will explore spillover in family and work domains. The lab also welcomed Alisha Oscharoff (1st year) who has been working to finalize her masters thesis topic, which she hopes to include in the second wave of the national survey. The lab is also writing a manuscript exploring gender differences in the relationships among job and family resources, work-family conflict, and life satisfaction. —Liz Tuminello
### Master’s Proposals
- Alison Dunleavy
- Corinn Elmore
- Israel Gross
- Alyx Kesselring
- Ashley Rolnick
- Liz Tuminello
- Rachel Wasserman

### Dissertation Proposals
- Cynthia Campbell
- Cristine Celio
- Bonnie Essner
- Lauren Kelly
- Edin Randall
- Caitlin Roache
- Lauren Zurenda
- Jamila Cunningham

### Master’s Defenses
- Katie McGoron
- Maria Rollins
- Jana Wingo
- Andriana Kenrick
- Alyx Kesselring

### Dissertation Defenses

**Jen Edidin**
“Psychosocial Development, Internalizing Symptoms, and Well-Being in Emerging Adults: An Examination of Mediating and Moderating Factors”

**Jeff Sieracki**
“In Whose Best Interest? Using an Experimental Vignette to Assess Factors Influencing Placement Decision in Child Welfare”

**Becky Cornelli Sanderson**
“Towards an Alternate Measure of Playfulness: The Capacity to Fully and Freely Engage in Play”

### 2009-2010 Internship Placements

- **Sasha Berger:** Columbia University Medical Center (New York, NY)
- **Cynthya Campbell:** La Rabida Children’s Hospital (Chicago, IL)
- **Christine Celio:** VA Medical Center– W. Los Angeles (Los Angeles, CA)
- **Jamie Kent (Scaletta):** University of Washington (Seattle, WA)
- **Rebecca Wasserman Lieb:** U N. Carolina– Chapel Hill (Chapel Hill, NC)
- **Mary Pachan:** Harvard Medical/ Cambridge Hospital (Cambridge, MA)
- **Lauren Zurenda:** Suny Upstate Medical University of Syracuse (Syracuse, NY)

### 2010 – 2011 Externship Placements

- **Jamila Cunningham:** John Stroger Cook County Hospital
- **Alison Dunleavy:** University of Illinois at Chicago, Pediatric Neuropsychology
- **Corinn Elmore:** University of Chicago, Pediatric Neuropsychology
- **Bonnie Essner:** John Stroger Cook County Hospital & Shriners Hospital for Children
- **Israel Gross:** University of Illinois at Chicago, Pediatric Neuropsychology
- **Lauren Kelly:** John Stroger Cook County Hospital
- **Amy Lyons:** University of Illinois at Chicago, Adult Neuropsychology
- **Edin Randall:** Advocate Illinois Masonic Medical Center
- **Ashley Rolnik:** Northshore University Healthsystem (formerly Evanston Hospital), Adult Neuropsychology
- **Kriston Schellinger:** DePaul Family and Community Services, Parent-Child Interaction Therapy (PCIT)
- **Elizabeth Tuminello:** University of Illinois at Chicago, Adult Neuropsychology
- **Rachel Wasserman:** Alexian Brothers Neurosciences Institute, Pediatric Neuropsychology
- **Jana Wingo:** Northshore University Healthsystem (formerly Evanston Hospital), Adult Neuropsychology
- **Christopher Zaddach:** Advocate Illinois Masonic Medical Center
That’s right, ladies and gentlemen, Damen Hall is actually coming down. Plans for demolishing the building are set for this summer and the psych. dept will be moving to a newly renovated space in Coffey Hall. Alumni, if you’d like to say your final goodbyes to “the radiator”, be sure to come by and do so before June 1st, our moving date!

The department is on the hunt for a neuropsychology professor. Since Duke Han, Ph.D. left his position at Loyola to pursue clinical work at Rush Medical Center, we have been without a neuropsych focus on the faculty. The department is particularly interested in finding someone with a pediatric background to strengthen the child focus of the clinical program.

Congratulations to a couple of our faculty members for achieving tenure status!! Amy Bohnert, Ph.D. and Scott Leon, Ph.D. have both been awarded tenure by the department of psychology. Be sure to applaud their achievement as they embark on their journey of research and professorship!

The APA site visit took place this year. After months of preparation, APA sent several professionals to visit our program and speak with current students, faculty, and practicum supervisors. The feedback we’ve received was uniformly positive. A big thank you to alumni and students for completing the student surveys, as the data were a huge help!

ALUMNI UPDATES

Thanks to all who wrote in!!!

Catherine R. Barber: All is well in Houston. I have transitioned to private practice, specializing in CBT and DBT with adults. I will remain the training director of the Baylor College of Medicine internship through June, 2010.

Rachael Coakley: All is well. I’m continuing my work at the Pain Treatment Service at Children’s Hospital Boston. My son, Curran, just turned four and we’re expecting the arrival of his sibling in July! If anyone is looking for internships or fellowships in the Boston area, please feel free to be in touch!

Christine Danner: Life is going about its usual business. I’m still the behavioral health coordinator at the St. Joseph’s Family Medicine Residency Program in St. Paul. I still love the blend of direct patient care and teaching of residents (it’s about a 45/55% split). We have a post-doctoral fellow in behavioral health whom I supervise as well, and this is fun. I love working in an integrated care setting and get several opportunities for diverse experiences.

Emily Edlynn & Phil O’Donnell: I am the lead psychologist on the palliative care service at Children’s Hospital Los Angeles, and Phil is finishing up his second year of post-doc at USC Institute of Psychiatry and Law. He is looking for a job this fall but will stay on as clinical faculty at USC. Our biggest news is the arrival of our beautiful and healthy daughter, Madeleine Louise O’Donnell-Edlynn, on November 5. She seems pretty happy despite having two child psychologists as parents :)

Chisina Kapungu: I completed my post-doc at the University of Illinois at Chicago in 2009. I am working as an Assistant Professor in the Department of Obstetrics and Gynecology at UIC. I received a K award focused on working with churches in Chicago to develop and evaluate a faith-based HIV intervention for African American mothers and

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daughters. I also continue to provide consulting for HIV social service agencies in the Chicago area. As for my family, Ellington and I are still travelling between Chicago and Zimbabwe to see our family and conduct quantitative and qualitative research. Hope everyone is well!

Laura Kenealy: I'm a pediatric neuropsychologist and the co-director of the postdoctoral program at Children's National Medical Center in Washington, DC. My husband, Chris, and I are also expecting our second baby in June.

Brittany Lakin-Starr: I started a post-doc at Illinois Masonic Medical Center conducting therapy with children, adults, and families. To further combine my love of the theater and therapy, I am beginning training in Psychodrama, which has proven to be very interesting and a lot of fun. I am also enjoying my first year of married life with my husband Dave!

Kristin Lang Hansen: My husband, Paul and I are living in Utah. Our son, Timothy, born last Feb, just had his first birthday. I left my full time position at BYU in Provo, Utah to stay home with my son. To keep my hand in the field, I see a few clients one evening a week in our home and I am an "Associate Affiliate Research Professor" in the Counseling Psychology Dept at BYU. I continue to do research during nap time and plan to teach a class in the fall. We’re enjoying the West Coast and loving being parents.

Viviana Mahoney: I am currently working towards my licensure at Kennesaw State University's counseling center, which is about 20 miles north of Atlanta, Georgia. I hope to have completed my postdoctoral fellowship by this May right before our baby girl is due in June 2010! We are very excited about the growth of our family!

Karen Paull: Since the last Psyren update, I've accepted two part-time positions. I am working for the Cleveland Hearing & Speech Center, which is affiliated with Case Western Reserve University. My aim is to build a pediatric neuropsychological assessment program for children who are deaf or hard of hearing, as well as for those with normal hearing who have a speech or language impairment. I am also working in a multi-disciplinary group private practice called KidsLink Neurobehavioral Center, alongside a pediatric neuropsychologist, psychologists, speech-language pathologists, and OTs. I can be reached through email at kpaull@chsc.org.

Colette M. Smart: After completing my 2-year neuropsych post-doc at JFK-Johnson Rehab Institute and then staying on as attending neuropsych for another two years, I decided that full-time clinical work was not the path for me. I put out some applications for academic jobs, and lo and behold, I was offered a tenure-track asst prof position in the psychology dept at University of Victoria in British Columbia! UVic has one of the most well-reputed neuropsych programs in North America, having hosted the likes of Oftried Spreen, Esther Strauss, and Catherine Mateer, and I’m honored to be carrying the torch forward. I'm really sad to leave the friends and family-of-choice here in New York, but trying to console myself with the fact that I'll have all that vacation time to come back and visit them!

Cheryl L. Brosig Soto: I am currently Associate Professor of Pediatrics at the Medical College of Wisconsin in Milwaukee and am director of psychological services for the Herma Heart Center at Children’s Hospital of Wisconsin. I spend my time doing clinical work and research with children who have congenital heart disease or other cardiac issues. Outside of work, my husband, Felipe, and I are busy enjoying our two children, Matteo, age 2, and Mireya, age 3 months.

Cheryl Stenzel: I am working as Director of Clinical and Community Services at Allendale Association since 12/2008. I oversee the Foster Care and Independent Living programs, consult to the school and 3 residential units, lead seminars for interns and supervise MA level/interns. The fall was especially busy as I stood in for our training director, Dr. Clavelli, while she was on maternity leave. I am grateful she has returned. It all keeps me busy. I am playing my flute again and enjoying this too.

Mona Stepansky: I recently signed on to a clinical position as a pediatric neuropsychologist at the Alexian Brothers Neurosciences Institute. We recently had a beautiful baby girl, Claire, making our adorable son, Paul, a big brother. And to top it all off, we bought our first home in the historic Oak Park neighborhood!
Selected Faculty and Student Publications 2009-2010
(Loyola faculty and student names in bold)


Durlak, J. A., Celio, C. I., Pachan, M. K., & Schellinger, K. B. (2010). Sometimes it is the researcher, not the research, that goes "off the rails": The value of clear, complete, and precise information in scientific reports. In D. L. Streiner & S. Sidani (Eds.), When Research Goes Off the Rails. New York: Guilford.


Preparing people to lead extraordinary lives