Meet the First Years!

By Alexa Stern

With a love for improv and inter-office high-jinks, the first-years are quite the comedic bunch. They enjoy de-stressing from school by dancing to Justin Bieber and trying new restaurants together. You won’t have to go far to find one of them, as weather permitting you can find these six eating lunch side-by-side by the lake outside Coffey Hall. Meet the newest cohort!

Cara DiClemente is originally from Ellicott City, MD, a suburb of Baltimore (aka “Bawlmer”). In the two years after graduating from Franklin and Marshall College in 2013, Cara worked at the Johns Hopkins University Behavioral Pharmacology Research Unit investigating behavioral and pharmaceutical interventions for adolescent marijuana use and adult alcohol and opioid use. Cara has thoroughly enjoyed her transition to Chicago (despite the lack of seafood) where she is currently a member of Maryse Richards’ Risk and Resilience Lab. Her interests include identifying protective factors for low-income youth exposed to violence, particularly in relation to adolescent delinquency, and how to implement interventions to promote resilience. When not doing schoolwork, Cara enjoys exploring Chicago’s unique theater scene, attempting to be athletic via social sports, and bonding with her cohort over brunch.

Laura Distel is a Boston native with a deep affection for the Midwestern accent. After graduating from the University of Michigan in 2013, she moved back to her hometown to work as a research coordinator at the Harvard Study of Adult Development at Massachusetts General Hospital. Missing the lake-shore life, Laura returned to the Midwest to work with Cate Santiago at the CASA lab. She is interested in studying how parenting practices affect children’s mental and physical wellbeing in high stress environments. Outside of Loyola, Laura can be found practicing her chaturangas or hunting down the perfect chocolate frosted donut.

Catherine Rice is a native of South Bend, IN, where she attended the University of Notre Dame. After graduating in 2015, she finally decided it was time to leave South Bend, moving to Chicago for graduate school and better weather. As a member of Maryse Richards’ Risk and Resilience Lab, Catherine is interested in children’s exposure to violence across contexts, focusing on the ways in which families can foster resilience and reduce the negative impacts of violence exposure. Catherine’s notable achievements of the past year include baking the perfect batch of chocolate chip M&M cookies.

Lauren Hindt is a lake-loving, tater tot hot dish eater from Lakeville, Minnesota. After graduating from the University of Minnesota (UMN) in 2014, Lauren had a summer internship with the Centers for Disease Control and Prevention. She returned to her undergraduate research lab to examine the impact of incarceration on families. She also worked as a research assistant in the UMN School of Public Health and as a behavioral aide for a child with emotional behavioral disorder-related difficulties. Lauren is thrilled to be at Loyola in the PACE Lab, where she is interested in examining the impact of foster care on children’s emotional and behavioral outcomes, along with points for intervention. Outside of school, Lauren enjoys exploring Chicago’s restaurants and theater scene, along with spending precious time with her cohort.

Brynn Huguenel is a Connecticut Nutmeg-er, which she has quickly learned earns her wary looks from Midwesterners. A 2012 graduate from Boston College, she returned to her home state again for three years, holding a joint appointment at Yale’s Schizophrenia Neuropsychopharmacology Research Group and the West Haven V.A. Hospital. Brynn joins the PACE and IMPACT labs with a primary interest in the evaluation of prevention and intervention programs that target at-risk populations during periods of stress, such as the transition into emerging adulthood. When not on campus, Brynn can be found huffing-and-puffing (commonly known as running) along the lake front trail, learning youthful things from her cohort, and indulging in the occasional string-cheese.

Alexa Stern is a Washington D.C. native who left the District on a quest for deep dish pizza and Chicago-style hotdogs. After graduating from the University of Pennsylvania in 2013, she returned to D.C. to work with the Behavioral Diabetes Team at Children’s National. As a member of Grayson Holmbecks’ CHATS lab, Alexa is interested in studying ways to promote adherence and transition to adult care in families of children with chronic illnesses. In her free time, Alexa can be found enjoying the live music scene in Chicago or attempting to break a 10:00 minute mile on Lakefront Trail.
2ND YEAR UPDATE

By Anna Ros

Between classes, research, and the Wellness Center, second year has flown by! Colleen Bechtel has continued her research in the CHATS lab investigating the role that parent factors play in child coping in the families of youth with spina bifida. Despite a growing fondness for the Windy City, she was happy to spend her spring break back home in Pennsylvania skiing (who knew the Midwest was so flat?!). She’s looking forward to introducing the rest of the second years to her PA favorites (scrapple, Rita’s water ice, and, of course, Wawa) when they travel for her wedding in August! Amy Heard worked on several projects this year and had a first author paper published in Appetite on how marketing in an online grocery store affects children's food preferences. She also proposed her thesis looking at body image and disordered eating in college students. On a lighter note, Amy took a trip across the world to Australia where she camped in the outback, went diving in the Great Barrier Reef, and saw a show at the Sydney Opera House. Anna Ros has proposed her thesis on risk factors for elementary school aged children participating in trauma focused CBT groups. Additionally this year she explored warm places like Los Angeles and New Orleans while travelling for conferences. Dorothy McLeod has spent the academic parts of her year conducting a systematic review and proposing her thesis, both on the topic of acculturation and weight among Latino youth. With the rest of her time, she has enjoyed getting to know Chicago’s amazing restaurant scene and sharing this knowledge with her visiting friends and family. She is still learning to inhabit a city that gets snow on April 2nd, and therefore looks forward to traveling to the Caribbean at the end of the semester. Amanda Burnside’s thesis is examining psychological predictors of community violence exposure in ethnic minority males. Over the past year Amanda has spent far too much of her stipend on checking restaurants off of her expansive food bucket list, and she will be traveling to Thailand in May! Kelly Polnaszek has spent the year continuing her work in the CAN lab investigating the neural correlates of pain and positive affect. She proposed her thesis examining the relation between prefrontal brain activity and co-occurring dysmenorrhea and depression. Kelly has spent the rest of her year baking a lot of cookies, finding people to eat them, and planning her first trip out of the country backpacking through Eastern Europe!

Next year we will continue our adventures at assessment practica around Chicago, including: the Pediatric Developmental Center (Amanda), UIC Neuropsychology Practicum (Kelly), and University of Chicago Pediatric Neuropsychology (Anna, Colleen, Dorothy and Amy).

3RD YEAR UPDATE

By Stephanie Torres

It's been a great year for the third-years! We have been enjoying our assessment practica and, most importantly, we officially became "Masters" as we successfully defended our theses this year. Even with balancing classes, research, and practicum (and guided by Katie's thesis on personal and professional self-care), we have all taken the time to enjoy life outside of graduate school. Carolyn Bates continues to dominate the volleyball court every chance she gets and she is running her first half marathon this spring. Katie Dorociak has been keeping busy eating tacos, crafting at Michaels and hosting parties which leads to a very important question: is she a real person or Rick Bayless and Martha Stewart's child? Jenna Shapiro has recently moved downtown (and closer to her hero Rick Bayless's restaurant) and has traveled the world from Bogotá to Paris. Suzanna So has been dedicated to publishing and practicum, but she is looking forward to warmer days and finally a break to visit places outside of Chicago this summer. Stephanie Torres "czech'ed" out Europe this past summer (Prague, Vienna, and Budapest) and has recently begun a quest with Suzanna to try a new restaurant every week. Evan Zahniser is staying young by continuing to play with LUC's men's club basketball team (they won a tournament at Iowa State University last semester!) and scratching the travel itch (recently came back from Europe). Next year we will be trying our hand at therapy with our new practicum experiences including: DePaul Family and Community Services (Stephanie and Suzanna), Shriners Hospital for Children (Carolyn), the University of Illinois at Chicago and University of Chicago (Katie), University of Chicago (Jenna), and Advocate Illinois Masonic (Evan). Almost halfway to getting that Ph.D.!
5TH YEAR UPDATE
By Kim Burdette

Fifth years have been near and far this year. Kim Burdette moved to San Francisco to be with her fiance and has been completing a peds psych externship at University of California San Francisco Children’s Hospital in Oakland. She is relieved to get to stay on the “Best” Coast for internship at Lucile Packard Children’s Hospital at Stanford. Our favorite male cohort member Kyle Deane will, for some reason we cannot understand, come back from traveling Asia and South America with his wife Claire. He swears he’s missed us and grad school terribly, and he is pumped to start an externship in Advanced Pediatric Neuropsychology at Northshore Health Systems. Anne Fuller just finished a practicum at the Pediatric Mood Disorders Clinic and presented at APA and the International Society for Traumatic Stress Studies, and next year she will be moving with all of her winter outerwear to outside of Minneapolis to start an internship at Canvas Health. Caitlin Murray was ecstatic to have her first sleep paper accepted (to the Journal of Pediatric Psychology, co-authored by Alex K!) while she wraps up her spina bifida sleep project. She’s busy checking off activities from her Chicago bucket list, including jazz nights at the Blue Mill and kayaking, before heading to Columbus, OH for internship. Alex Kirsch completed a pediatric neuropsych practicum at Northshore University Health Systems while teaching and tech-ing. She is excited to go back home to her roots for internship at Indiana University School of Medicine, and to really hone her adorable Indiana accent.

4TH YEAR UPDATE
By Emma-Lorraine Bart-Plange

It has been a wonderful year for the fourth-years! We all successfully passed our qualifying exams and many of us taught our first classes. Dakari Quimby has been enjoying his time at Mt. Sinai’s Under the Rainbow Clinic, while also staying very involved with the Risk and Resilience Lab’s Peer Mentoring Project. Emma-Lorraine Bart-Plange, too, has enjoyed working with children and adolescents at Under the Rainbow Clinic. Both are quite excited to continue developing their trauma-focused skills at the University of Chicago Stress, Trauma, and Resilience Clinic next year. Grace Jhe Bai has really enjoyed her advanced therapy practicum at the Behavioral Health Services at Advocate Illinois Masonic Medical Center this past year, and is looking forward to starting her 5th year practicum at University of Illinois-Chicago’s Disruptive Behavior Clinic this summer! Stephanie Brewer has loved working at the Pediatric Developmental Center at Advocate Illinois Masonic Medical Center for the past two years! She is eager to begin an advanced child therapy/assessment practicum at Rush University Medical Center when her therapy practicum ends this summer. Jackie Papadakis has really enjoyed her advanced therapy practicum at University of Chicago this year, and looks forward to starting her 5th year practicum at Shriners Hospital for Children this summer. Lorri Kais has appreciated the learning opportunities available to her during her advanced therapy practicum at the University of Chicago. She is beyond excited to return to her primary interest of pediatric neuropsychology and remain at the University of Chicago to complete the Advanced Pediatric Neuropsychology Externship in Neurodevelopmental Disorders.
RESEARCH LAB UPDATES

BOHNERT LAB
By Carolyn Bates

The Activity Matters Lab has indeed been quite active this year! We began a new project evaluating the impact of green schoolyard transformations on Chicago Public Schools and their surrounding communities, which Carolyn Bates has taken the lead on. Amy Bohnert and Carolyn traveled to NC State to train on Behavioral Mapping procedures with leading international experts on assessment of physical activity in the built environment. Meanwhile, Amy Heard has continued working with the Girls in the Game project and wrote a manuscript on dietary intake in urban girls during the summer. Dorothy McLeod has been involved in our collaboration with the CASA lab and submitted two papers on obesity in Mexican-American children. Kim Burdette has been working diligently on a paper documenting evaluation strategies for collaborative community initiatives, and recently matched for internship at Stanford's Lucille Packard Children's Hospital. Our lab traveled to Washington DC this spring to present six papers and posters at the Society of Behavioral Medicine meeting, with topics ranging from summertime structure, to disordered eating, to "oblivobesity." We are also extremely proud of Nikki Arola who is defending her dissertation, Kim for proposing her dissertation, Carolyn for defending her masters thesis, and Amy and Dorothy for proposing their masters theses. We published two book chapters on summertime, a paper in Journal of Pediatric Psychology on sleep and physical activity in the Girls in the Game sample, and a paper in the Journal of Autism and Developmental Disabilities on organized activity involvement among youth with high-functioning autism. Finally, we have eagerly pursued grant funding for our work, and prepared letters of intent for the WT Grant and Robert Wood Johnson Foundations. It’s truly been a team effort!

CONLEY LAB
By Jenna Shapiro

Colleen Conley’s IMPACT lab has been busy this year focusing on multiple exciting projects. The IMPACT lab is happy to welcome our incoming first-year graduate student, Brynn Huguenel. We have been working diligently writing up results of our two meta-analyses assessing the effectiveness of 1) technology-based mental health prevention programs for higher education students and 2) indicated prevention programs for at-risk higher education students. We are also collaborating on a peer-led intervention to reduce self-stigma among college students with mental illness with researchers at the Illinois Institute of Technology. We continue to run the multi-cohort longitudinal IMPACT survey that follows student adjustment and psychological functioning throughout college. We invited over 3,500 students to participate this spring! We are also conducting a survey on the impact of social media use on mental and physical health. Alex Kirsch successfully proposed her doctoral dissertation and Jenna Shapiro successfully defended her Master’s Thesis. The lab has been busy writing manuscripts and presenting research at conferences!

GAYLORD-HARDEN LAB
By Amanda Burnside

The Gaylord-Harden PACCT lab has been hard at work this year! We are continuing to collect longitudinal data at Urban Prep Academy, a college preparatory high school for urban African American boys. We are also beginning focus groups for a new study that will examine experiences of contact with law enforcement among African American young adults in Chicago. We have had the hard work of our graduate and undergraduate students represented in The Children and Youth Services Review and Youth and Society and have several other manuscripts under review. Several lab members presented at the Society for Research on Adolescence's Biennial Meeting in Baltimore, the Association for Behavior and Cognitive Therapies Meeting in Chicago, the Midwestern Psychological Association Conference in Chicago, and The Loyola Undergraduate Research Opportunity Program Conference.
HOLMBECK LAB
By Jackie Papadakis

The Holmbeck lab has had another productive year managing multiple research projects studying psychosocial, family, and neuropsychosocial functioning among youth with spina bifida. We have submitted NIH and March of Dimes grants to fund Times 5 and 6 data collection efforts for Dr. Holmbeck’s most recent longitudinal study, which began 10 years ago! Also, we’re continuing to collect data for our longitudinal study of youth with spina bifida and a typically-developing control group, which began over 22 years ago! Soon, in collaboration with Lurie Children’s Hospital pediatric neurosurgeon, Dr. Robin Bowman, we’ll begin data collection for our most recent study examining the neuropsychological effects of shunt placement. And as always, our lab is looking forward to another fun summer working at Camp Independence, where we implement a therapeutic intervention for children, adolescents, and young adults with spina bifida. The Holmbeck crew has enjoyed working on all of these projects, publishing multiple chapters and manuscripts, and presenting posters and papers at national and international conferences. We are also celebrating the successes of students in our lab. Tina Holbein and Alex Psihogios will be graduating this May and moving on to pediatric psychology fellowships! Caitlin Murray accepted a pediatric psychology internship position at Nationwide Children’s Hospital in Columbus! Jackie Lennon Papadakis’ first-author paper won the Journal of Pediatric Psychology’s 2015 Diane Willis Award for Outstanding Article! Colleen Bechtel successfully proposed her master’s thesis! Alexa Stern survived and thrived in her first year of graduate school and will be presenting research at an upcoming conference! Find out more about our lab at: chatslab.weebly.com.

LEON LAB
By Lauren Hindt

The PACE Lab continues to collaborate with the Illinois Department of Child and Family Services to evaluate the Recruitment and Kin Connections Project (RKCP). The RKCP seeks to promote well-being among youth in the child welfare system by increasing family-finding and engagement. We are now in the data analysis stage of this project. We have presented and plan to present our findings at several conferences, including ABCT, APA, MPA, and SRCD. Additionally, we are currently working on manuscripts examining emergency shelter care utilization, father involvement, and the impact of geographic distance from family members on well-being. Anne successfully proposed her dissertation and is working on analyzing the data. Grace is working towards proposing her dissertation. Brynn is busy reviewing articles about social support articles for a potential review paper and collecting data about children’s traumatic experiences with mothers. Lauren is preparing her master’s thesis proposal on contact between children in foster care and their incarcerated fathers as a protective factor for internalizing and externalizing behavior problems. The PACE Lab is also working on a new project on Implicit Self Esteem and psychopathology among college students. Overall, the Lab has had a productive year and looks forward to analyzing results and disseminating the findings!

RICHARDS LAB
By Catherine Rice

The Risk and Resilience Lab has been keeping quite busy this past year. Supported by a grant from the Department of Justice, the lab has dedicated its full attention to implementing a year-long cross-age peer mentoring program in four different communities in the South and West Side of Chicago. With eight after-school sessions each week between the sites, the lab has expanded to include over 25 members, each of whom makes valuable contributions to the success of the project! In addition, the lab keeps busy working on undergrad honors theses, provost fellowships, masters theses, dissertations, manuscripts, and multiple conference presentations. We look forward to another productive year!
The PIER Lab continues to pursue new ideas working with data collected by Katie Dorociak (Master’s thesis) and Alisha Miller (dissertation), both of whom sampled large groups of Illinois professional psychologists. Current projects include ongoing work to publish Katie’s thesis project (in which she developed a measure of professional self-care for psychologists), a study of self-care and burnout patterns over the professional lifespan of clinical psychologists, and an assessment of burnout profiles and predictors of burnout in psychologists. Evan Zahniser has taken the lead on a new and exciting project that will focus on self-care and related outcomes among clinical psychology doctoral students.

This has been a busy year for the CASA lab! Laura Distel, Stephanie Torres, and Anna Ros are currently preparing to collect focus group data on the dissemination of Bounce Back, a trauma focused CBT group for elementary school aged children, to CPS. Additionally, at the meeting of the International Society for Traumatic Stress Studies in November, Cate Santiago, Steph Brewer, Anne Fuller, Steph T and Anna presented their research on Bounce Back and had a great time in beautiful New Orleans! The CASA lab is looking forward to presenting their research in the fall at The Association for Behavioral and Cognitive Therapies conference in New York and The American Psychological Association conference in Denver.

The WELL Lab has been especially busy this year! The lab has continued its large undertaking, the Cognition, Coping, and Emotion Study (CCE), studies on pain, as well as honing in on a specific focus on positive affect and working on exciting new projects in this area. Catherine Lee headed off to the Minneapolis VA Medical Center for her internship and successfully defended her dissertation defense, “Cognitive and Neural Correlates of Coping and Resilience in Depression”. Lorri Kais is completing her practicum at University of Chicago in pediatric psychotherapy and has signed up for another year at U of C in the Advanced Pediatric Neuropsychology Externship in Neurodevelopmental Disorders. Kelly Polnaszek successful proposed her thesis, “The Relation Between Prefrontal Brain Activity and Co-Occurring Dysmenorrhea and Depression”. She is continuing to work with the lab’s partnership with North Shore University Health Systems in the Women’s Health Department. We presented our research at the Society for Neuroscience, the Society for Affective Science and Cognitive Neuroscience Society’s annual conferences. We’re looking forward to another productive academic year ahead!

The Colloquium Committee has had a busy year planning a variety of events for the program. Students and faculty met multiple times to watch videos from the Society for a Science of Clinical Psychology’s monthly brown bag series and discuss a range of clinical topics. In addition, first through fourth years attended an interactive supervision workshop with Dr. Gregory Lewis. Students and faculty also enjoyed a presentation by an alumnus, Dr. Chisina Kapungu. Dr. Kapungu come back to Loyola to discuss her reputable work as an American Psychological Association Congressional Fellow. Dr. Kapungu shared her experiences working with a senator at Capitol Hill and advocating for policy changes about a range of health issues. The Colloquium Committee is currently planning an opportunity for fifth years to discuss their experiences applying for internship with fourth years, along with a case conference, during which students can gain skills in presenting cases from externship.
Laura Hoffman (Class of 2000)

I graduated in 2000 after completing my dissertation and completing a second internship at Northwestern as their Chief Psychology intern. Since then, our family has moved to Atlanta (3 Years), Florida (7 years) and now Houston, Texas. I have 4 kids: Ethan (18) (some of you may remember me defending my dissertation proposal 3 days before he was due!) is a freshman at the University of Alabama - an aerospace engineering major who plans to be a pilot in the US Air Force. Emma (15) is a freshman in high school and plays competitive soccer; Claire (12) is in 7th grade and the runner of the family; and finally Liam (4) - our Texas surprise and Waste Management expert in our house - he loves to take out the trash and make sure everyone is recycling properly. I have been married to Eric for 25 years - some of you may remember him from parties as the auto mechanic! He is currently CFO for Rawson, Inc. here in Houston. Over the last several years I have been involved in various activities. I taught briefly at Benedictine University in Illinois, and Daytona State College in Daytona, Florida. I have also performed a lot of volunteer work at my children’s schools: tutoring, mentoring, coaching, and leading or participating on school boards. My involvement in schools has really shaped the direction of my current endeavors. My participation in schools allowed me to see how my clinical training and skills could be really useful to teachers, parents, and students. Recently, I joined the Houston Independent School District’s Psychological Services Department as a post-doc. I am assigned to Sharpstown High School on the southwest side of Houston to provide counseling, crisis intervention, and teacher consultation services. Sharpstown was featured on a PBS program a few years ago entitled “Dropout Nation.” You can find the segment on youtube.com. Since then, Sharpstown has become an Apollo 20 school - a large scale and well funded program in Houston attempting to address the issues in failing schools. I thoroughly enjoy working in a school environment. Working with students, teachers, and parents has been really rewarding. Students have tremendous difficulty engaging productively in their school work and classes when mental health issues interfere. I am happy to be part of a team addressing those issues. I hope everyone at Loyola is doing well. I have fond memories working with Dr. Ana Estrada at Loyola and The Family Institute (Save the Rats!); Dr. Maryse Richards and her team on adolescent research; Dr. Pat Rupert on ethics research; my dissertation committee: Dr. Joe Durlak, Dr. Fred Bryant, Dr. Ana Estrada, and Dr. Grayson Holmbeck! Hello to all my classmates: Dean Beebe, Evan Finer, Justin Resnick, Kirsten Elling, Mary Lou Jones, Karen Burke-Paul, Denise Durbin, Jeanne Piette, Denise Daniels. Miss you all! Keep in touch!

Greg Bailey (Class of 2002)

Greg Bailey received his PhD from Loyola’s Clinical Psychology Program in 2002. He currently lives in Cincinnati with his wife and two daughters. He works full-time as a psychologist specializing in helping Veterans recover from trauma. In his free time, Greg enjoys creative writing. Pardon the shameless promotion, but he finished a novel titled Never Wake a Serial Killer and the e-book is currently available on Amazon.com. Loyola University is featured in the book, including the gone-but-not-forgotten Damen Hall. Greg is working feverishly to get the paperback version out this spring or early summer. You can visit his website to read a book excerpt, to sign up for email updates, or to follow him on twitter, or for more information: www.gbbailyauthor.com.

Laura Rubin (Class of 2004)

Laura Rubin continues to enjoy life in the picturesque Seacoast region of New Hampshire with her husband, Michael and three daughters aged 10 (Hannah), 8 (Allyson), and 4 (Lily). Laura is the owner of the Portsmouth Neuropsychology Center (www.portsmouthneuro.com) and provides neuropsychological evaluations and psychotherapy to children, Adolescents, and adults. She is currently looking for another neuropsychologist to join the team- share the news with any interested contacts! To apply visit: www.portsmouthneuro.com/contact-us/careers/

Jill Zukerman Stuart (Class of 2008)

The past year has been busy. I took a faculty position at Duke University Medical Center as a Clinical Neuropsychologist. I also recently completed board certification (ABPP) in Clinical Neuropsychology. All that said, it is really my two boys (ages 2.5 and 14 months) who keep me really busy. This is eustress, right?! I hope to see or meet other alumni on visits to Chicago or at conferences!
Caitlin Roache (Class of 2011)
It has been quite a year for us! My husband Joe and I bought a house in the suburbs of Boston in September. On October 4th, just 13 days after moving in, Matilda Caroline Roache was born after a quick 45 minutes of labor (and nearly delivering on the way there!). Her big sister had to relinquish her only-child status at age 6 1/2, which is no small feat. It has been fun to see Vivian and Tilly's relationship grow, as Tilly gets older and more interactive. And because a new house and new baby were not enough, I took the plunge and started a solo private practice while on maternity leave. We're happy on the East Coast, but miss Chicago. Our Chicago-born Vivian has big plans for a trip back "home" this summer so that she can show her baby sister around!

Elizabeth Tuminello Hartman (Class of 2014)
My husband Mike and I welcomed our son, Hunter Michael Hartman, on October 1st, 2015. We are loving parenthood; he is so much fun!

Jana Wingo (Class of 2013)
My update for the newsletter is that I finished an adult neuropsychology post-doctoral fellowship at the Medical College of Wisconsin and the Milwaukee VA in June 2015 and then started at Northwestern University Feinberg School of Medicine as a clinical neuropsychologist in the Cognitive Neurology & Alzheimer's Disease Center. I'm thrilled to be back home in Chicago!

Ashley Rolnik (Class of 2014)
I recently finished my postdoctoral fellowship in health psychology at Northwestern’s Feinberg School of Medicine, passed the EPPP, and will begin my position as a health psychologist at NorthShore University Health System in June. My husband, Jason, and I also got married on August 15, 2015 and recently made the move out to Northbrook.

Amanda Ward (Class of 2015)
I am currently completing my postdoctoral fellowship in neuropsychological and psychological assessment at the Learning and Emotional Assessment Program (LEAP) at Massachusetts General Hospital/Harvard Medical School, and recently accepted an offer to stay on as a staff psychologist following the conclusion of my fellowship in September 2016.
## Faculty Awards

**Amy Bohnert**  
Funded by Health School Campaign for her Space to Grow (STG) project

**Cate Santiago**  
American Psychological Foundation’s 2015 John and Polly Sparks Foundation Early Career Grant

## Student Awards

**Grace Jhe Bai**: APA Division 37 Student Poster Award for her poster, “The Protective Effect of Kinship Support on the Adjustment of Youth in Foster Care”

**Carolyn Bates**: Victor J. Heckler Fellowship (2016)

**Colleen Bechtel**: Society of Pediatric Psychology Student Poster Award

**Kimberly Burdette**: Victor J. Heckler Fellowship (2015)

**Katie Dorociak**: Distinction Honors for Thesis Defense; Victor J. Heckler Fellowship (2015)

**Alexandra Kirsch**: Research Mentoring Program Fellowship

**Dorothy McLeod**: Best General/Mixed Methods Paper at the Loyola’s 9th Annual Interdisciplinary Research Symposium

**Caitlin Murray**: Research Mentoring Program Fellowship

**Jaclyn Lennon Papadakis**: Society of Pediatric Psychology’s Diane Willis Award for outstanding paper published in the Journal of Pediatric Psychology; Society of Pediatric Psychology Student Poster Award; Society of Pediatric Psychology Diversity Poster Award

**Kelly's Polnaszek**: Society for Affective Science poster spotlight award for her poster, “Neural Correlates of Sensory Amplification In Women With Dysmenorrhea”; Victor J. Heckler Fellowship (2016)

**Jenna Shapiro**: Clinical Psychology Department 3-Minute Thesis/Dissertation Competition Winner; Distinction Honors for Thesis Defense; Victor J. Heckler Fellowship (2016)

**Suzanna So**: Victor J. Heckler Fellowship (2016)

**Evan Zahniser**: Victor J. Heckler Fellowship (2015)
GOOD NEWS!

THESIS DEFENSES

Katie Dorociak: Development of the Personal and Professional Self-Care Scale
Carolyn Bates: Summertime Sleep and BMI in Urban Minority Girls: Relations to Physical Activity and Executive Functions
Jenna Shapiro: Becoming Adults: Trajectories of Adult Identity Development Among Undergraduate Students with Implications for Mental Health
Suzanna So: Examining the Effects of Coping Strategies Specific to Community Violence Exposure among African American Adolescents
Stephanie Torres: Risk and Resilience among Low-Income Latino Adolescents: The Impact on Daily Ratings of Mood
Evan Zahniser: The Impact of Emotion Regulation on Stress Predicting Mental Health in College Students

DISSECTATION DEFENSES

Nikki Arola: Organized Activity Involvement among Urban Youth: Understanding Predictors and Mechanisms
Christina Holbein: Social skills in youth with spina bifida: A longitudinal multimethod investigation of bio-neuropsychosocial predictors
Catherine Lee: Cognitive and Neural Correlates of Coping and Resilience in Depression
Cynthia Pierre: Community violence exposure among urban African American males: Understanding the "buffering effect" of adaptive social support coping on psychosocial outcomes
Alex Psihogios: A Concurrent and Longitudinal Examination of a Bio-Neuropsychosocial Model for Predicting Medical Adherence and Responsibility in Youth with Spina Bifida
Arie Zakaryan: The Relation of Exposure to Community Violence to Self-Efficacy Based on Neighborhood, Family, and School Effects in a Community Sample of Latino Youth

INTERNSHIP PLACEMENTS FOR 2015-2016

Kim Burdette: Packard Children's Hospital at Stanford, Palo Alto, CA
Anne Fuller: Canvas Health, Oakdale, MN
Alex Kirsch: Indiana University School of Medicine, Indianapolis, IN
Caitlin Murray: Nationwide Children's Hospital, Columbus, OH

EXTERNSHIP PLACEMENTS FOR 2015-2016

Grace (Jhe) Bai: University of Illinois Chicago, Disruptive Behavior Disorder Clinic
Emma-Lorraine Bart-Plange: University of Chicago, U-STAR Clinic
Carolyn Bates: Shriners Hospital for Children, Chicago
Colleen Bechtel: University of Chicago, Pediatric Neuropsychology
Stephanie Brewer: Rush University Medical Center
Amanda Burnside: Pediatric Developmental Center, Advocate Medical Group
Kyle Deane: Advanced Pediatric Neuropsychology, Northshore Health Systems
Katie Dorociak: University of Illinois at Chicago, CBT Clinic & University of Chicago, Adult Neuropsychology
Amy Heard: University of Chicago Medical Center Bariatric Surgery Assessment/Pediatric Neuropsychology
Lorri Kais: University of Chicago, Advanced Pediatric Neuropsychology Externship in Neurodevelopmental Disorders
Dorothy McLeod: University of Chicago, Pediatric Neuropsychology
Jackie Lennon: Papadakis: Shriners Hospitals for Children, Chicago
Kelly Polnaszek: University of Illinois at Chicago, Adult Neuropsychology
Dakari Quimby: University of Chicago, U-STAR Clinic
Anna Ros: University of Chicago, Pediatric Neuropsychology
Jenna Shapiro: University of Chicago, Child/Adolescent Advanced Psychotherapy and Pediatric Psychology Externship
Suzanna So: DePaul Family and Community Services
Stephanie Torres: DePaul Family and Community Services (Latino Mental Health)
Evan Zahniser: Advocate Illinois Masonic Medical Center: Behavior Health Services


MARRIAGES AND ENGAGEMENTS

JACKIE & GEORGE

Fourth-year Jackie Lennon Papadakis got married to George Papadakis on September 5th!

CYNTHIA & BRETT

Sixth-year Cynthia Pierre got married to Brett Sortal last summer!

COLLEEN & CHARLIE

Second-year Colleen Bechtel got engaged to Charlie Driscoll last summer!

GRAYSON & MARIE

Grayson Holmbeck and Marie Fioramonti were engaged this spring!
A mini Loyola reunion at the Society for Research on Adolescence conference in Baltimore, MD!

Top: Catherine Rice, Cara Diclemente, Jamila Cunningham, Edin Randall, Lea Travers, Cynthia Pierre, Noni Gaylord-Harden, and Aubrey Harrison
Bottom: Amanda Burnside, Suzanna So, Donterius Tinsley, Emma-Lorraine Bart-Plange, and Donte Bernard

The first-years and their second-year buddies at the Clinical Psychology Holiday Party!

Top: Dorothy McLeod, Kelly Polnaszek, Colleen Bechtel, Amy Heard, Anna Ros, and Amanda Burnside
Bottom: Lauren Hindt, Laura Distel, Brynn Huguenel, Catherine Rice, Cara Diclemente, and Alexa Stern

Third-years Evan Zahniser, Katie Dorociak, Suzanna So, Jenna Shapiro, and Steph Torres at the Clinical Psychology Spring Social Event

Alex Psihogios, Colleen Bechtel, Alexa Stern, Jackie Lennon Papadakis, and Tina Holbein reunite at the Pediatric Psychology Conference in Atlanta, GA!

Stephanie Torres and Anna Ros pose by the poster they presented at the International Society for Traumatic Stress Studies Conference in New Orleans, LA!
Congratulations to Colleen Conley!

A big congratulations to Colleen, husband Peder, and big sisters Lilia and Lucia on the arrival of Lorelai Shailagh on October 18, 2015!

Tina Holbein, Caitlin Murray, Katie Dorociak, Jackie Lennon Papadakis, Lorri Kais, Alex Psihogios, and Colleen Bechtel get together at Jackie’s wedding!

Second-Years Dorothy McCleod, Amy Heard, Amanda Burnside, Kelly Polnaszek, Colleen Bechtel, and Anna Ros celebrate finishing their first year of grad school.

Stephanie Torres and Anna Ros bravely try out indoor skydiving over winter break!

Colleen Bechtel, Katie Dorociak, Anna Ros, and Caitlin Murray

Happy Holidays from the 1st years! - The first years enjoy the holiday season after finishing their first semester of graduate school.

Second-Year Amy Heard escaped the Chicago winter cold and went on an Australian adventure!