The Information Committee took on the responsibility of updating the Clinical Psychology website this past summer. The objective was to provide a more aesthetically pleasing, user-friendly, and informative website. With the help of Darrin Thomas, a 3rd year Ph.D. student in Management Information Systems at the University of Illinois Chicago, and husband of 4th year student Laura Renteria, the project has been a great success.

The new website (http://www.luc.edu/psychology/graduate/clinical/clinicalpsychology.shtml) features a regularly updated calendar which details the events taking place in the department including brown bags, dissertation/thesis defenses, colloquia, job talks, as well as other important events. The new website also grants access to a variety of forms students and faculty may need including the annual review form, practicum evaluation form, student handbook, and department newsletter. The website further features a photos section that highlights the events that have occurred within and outside of the department. If you missed the department picnic held earlier this fall you can check out the pictures online! Finally, the new website provides both faculty and graduate student profiles that supply contact information as well as current research interests. If you would like to update your faculty or student profile please contact Laura Renteria (lrenter@luc.edu), the current webmaster. The information committee is currently looking for someone to take on the duty of webmaster for the following school year. If you are interested please contact Grayson Holmbeck (gholmbe@luc.edu).

APA Site Visit, 2003

The APA Site Visit to our Clinical Psychology Ph.D. Program on October 27th and 28th of 2003 proved to be a success! Over the course of two days, Lynn Rehm (University of Houston), Bryan Lakey (Wayne State University) and Cynthia O'Dell (Indiana University Northwest) met with numerous individuals, including practicum supervisors, graduate students, the Dean of the Graduate School, Provost, Chief Psychologist of the Wellness Center, Graduate Program Director, and the Chairperson of the Department of Psychology. Our program received very positive feedback, and a special thanks goes out to all of the faculty, staff and students who participated in this event.
Proposals and Defenses

**Thesis Proposals**
- Michael Brown (May 2003)
- Emily Preheim-Dupre (August 2003)
- Barbara Jandasek (July 2003)
- Kei Kawashima (May 2003)
- Meghanne Reilly (June 2003)
- Melissa Robinson (June 2003)
- Jamie Scalleta (September 2003)
- Jessica Snowden (June 2003)
- Jill Zukerman (November 2003)

**Dissertation Proposals**
- Nicole Cruz (December 2003)
- Deborah Friedman (October 2003)
- Steve Miller (December 2003)
- Laura Renteria (October 2003)
- Colette Smart (December 2003)

**Dissertation Defenses**
- Frenzy Garcia (September 2003)
- Catherine Romero (May 2003)
- Rachel Neff Greenley (Dec 2003)

Brown Bags Fall, 2003

Brown bag lunches are held semi-weekly as an opportunity for students and faculty from clinical or development program. Presenters for Fall, 2003:
- Dr. Grayson Holmbeck (Clinical):
  Developmental Issues in Evidence-Based Practice with Children and Adolescents.
- Barbara Jandasek (Clinical):
  Behavioral Autonomy and Conflict in Families of Adolescents with and without Spina Bifida.
- Dina Tell (Developmental):
  Autobiographical Memory and the Clarity of Self-Concept.
- Emily Edynn (Clinical):
  Measuring Exposure to Violence.
- Dr. Maryse Richards (Clinical):
  Community-Based Collaborative Research: Advisory Boards in Austin.

Don't miss out on this great opportunity! Be a presenter next semester! And bring that Brown Bag!!

Where Are They Now? Alumnae Update

Are you a current student wondering what happens AFTER graduate school? Or are you an alumnus wondering what happened to your colleagues after graduation day? Here are some answers:

Lisa Jewell, '97: Clinical Psychologist at Bell Behavioral Services in Marquette, MI.
Joy Huston, '01: Psychotherapist at Advanced Psychological Specialists in Ridgewood, NJ.
Donna Hughes, '98: Clinical and Forensic Psychologist at Inner Loop Psychology Consultants in Houston, TX.
Michael Meehan, '99: Director of Quality Management at Hawthorn Children's Psychiatric Hospital; Adjunct Professor of Psychology at Maryville University St. Louis.
Marc Wenzel, '00: Senior Consultant at Performance Assessment Network, Inc. in Carmel, IN but works from home in Ohio.
Daniel Zoller, '02: Bi-lingual Staff Psychologist at the Institute on Disability and Human Development, University of Illinois at Chicago.
Dean Beebe, '99: Assistant Professor of Pediatrics at Cincinnati Children's Hospital Medical Center in Cincinnati, OH.
Karen Burks-Paul, '98: Pediatric Neuropsychologist at Children's Hospital in Boston, MA.
Kirsten Elling, '00: Psychologist at School of the Art Institute Counseling Services in Chicago.
Marylouse Jones, '02: Head Psychologist on traumatic brain injury ward at Western State Hospital in Tacoma, WA.
Jeanne Piette, '99: Clinical Therapist at University of Illinois at Chicago Counseling Center.
Justin Resnick, '00: Clinical Therapist at Maryville Academy, Sexually-Reactive Program in Des Plaines, IL.
Michelle Christensen, '99: Assistant Professor at University of Colorado Health Sciences Center in Denver, CO.
Christine Danner, '99: Behavioral Health Coordinator at University of MN Medical School, Department of Family Practice and Community Health, in St. Paul, MN.
Penny Haney, '99: Forensic Psychologist at Roxbury Juvenile Court Clinic in Boston, MA and Staff Psychologist/Clinical Instructor of Psychology in Psychiatry at Children's Hospital in Boston.

Look for more updates in the Spring Newsletter!
### Class Updates

#### 2nd Year
Jessie, Jamie, Mike, Meghanne, Melissa, Jill, Barbara, Emily, and Kei have been busy at work this semester. The second year brings an adjustment to classes but an increase in activities, research, and obligations. They just started their first practicum at the Wellness Center. Everyone is working extremely hard and enjoying themselves quite a bit. Each second year student has also proposed his or her thesis and plans to defend by the end of second year. In addition, a number of second years have submitted their theses and other work to the 2004 APA annual conference in Hawaii. When not working so rigorously at school, the second years live it up on the weekends. They, along with the third years hosted the 1st year party. Barbara, Kei, Melissa, and Mike all celebrated their birthdays in true party fashion. And, I hear there may be a marriage in the works next year. Who oh who will it be?

#### 3rd Year
Colette, Emily, Liz, Mona, Phil, and Viviana have had quite an eventful third year. Besides Liz, who entered with her Masters degree, the rest of the third-years successfully defended their Masters theses over the past few months! They are also working hard at balancing a full class schedule, externships, teaching, research, and extra-curricular fun.

Colette, Emily, and Viviana have all been doing practicum at Rush Medical Center—Colette in the Pain Center, Emily in Child Psychiatry, and Viviana in the Cancer Institute. At Omni Youth Services, Phil has gained experience with assessment and group therapy with adolescents involved in the justice system. Mona, maybe a budding neuropsychologist, has been doing neuropsych assessment at University of Illinois Chicago. Finally, Liz is in her second year of externship, doing child and adolescent assessment at Children's Memorial. Colette, Emily, Mona, Phil, and Viviana have also braved the new world of teaching and will continue next semester. Don’t worry about all work and no play for these grad students, they make sure to find fun on the weekends!

#### 4th Year
Now that they've become seasoned 4th years, Jessie, Laura, David, Steve, Nicole and Allyse can’t stop accomplishing great things. Jessie, Laura, and David jumped over a huge hurdle this summer as they completed and passed their comprehensive exams. Laura and Jessie have decided to apply to internships this fall and Steve is pursuing a Master's degree in Mathematics. All of the 4th years are also out doing externships this year. Nicole is doing an adolescent therapy practicum at Stroger Hospital of Cook County. David is working at the disruptive behavior disorder clinic within the Institute for Juvenile Research at University of Illinois at Chicago. Allyse is working for Under the Rainbow at Mt. Sinai. Jessie is doing a child assessment practicum at the Pediatric Developmental Center at Advocate Illinois Masonic. Last but certainly not least, Laura is working at the obsessive compulsive disorder and anxiety clinic at University of Illinois at Chicago Medical Center. As you can see, these 4th years work pretty hard but that does not mean they don’t leave some room to have fun. Recently, they all got together for dinner and are planning an upcoming Christmas event.

### First Comes Love . . .

Congratulations to 3rd year student Elizabeth Franks on her marriage to John Michael Bruno, Jr. The couple was united in marriage on September 20, 2003 in Elizabeth’s hometown of Denver, Colorado. The wedding was a catholic ceremony performed by a good friend of the family in a beautiful downtown church. The couple celebrated their honeymoon traveling around Italy.

Congratulations are also in order for recent graduate Wendy Shapera Phillips and her husband, Matt Phillips on the birth of their beautiful baby boy, Jacob Phillips. He was welcomed into the world on November 17th, 2003. The new family reports everyone is happy and healthy.
New Kids on the Block!!

No, not the '80s boy band, but our new first-year class! Becky, Brittany, Danielle, Holly, Jon, and Kerry have officially survived their first semester in our program. They talked with a Psyren reporter about their biggest triumphs and challenges during their transition. The tight-knit students reached consensus that the best part of graduate school so far is the support and camaraderie of their classmates. Brittany talked about how a smaller class allows closer relationships to develop, "I'm really thankful for my classmates. I feel blessed. They are wonderful people." The first-years also agreed on the biggest challenge of their first semester: workload. They have been honing their time management and organizational skills, but still suffer lack of sleep. Danielle suggested a great improvement to the current program would be to provide coffee in every room, as well as a naptime followed by milk and cookies. Despite the intensive work, the class expressed gratitude for the support of other students and faculty, especially Fred Bryant for making Statistics bearable! The first-year class can now celebrate a successful first semester to remember!

Wellness Center Experience

All of the second years are completing their first semester at the Wellness Center. Although there are 9 students and several social workers sharing just 3 rooms, the transition has been surprisingly smooth. All of the second years are maintaining a client load of 4 clients, 3 clients are seen for 8 sessions and 1 client has the opportunity to be seen for 20 sessions. The caseloads are full and there is a waiting list to see counselors. The graduate student counselors have also had the opportunity to co-facilitate groups, such as an emotional wellness group, dream group, stress clinic, and meditation clinic. Despite the telephone that tends to ring over the loud speaker during therapy sessions and the sound machines that are outside the room to block the noise that make at least one nameless graduate student very sleepy, things are going well!

First-Time Graduate Student Instructors on Teaching

"The best and most surprising part of teaching is how much I am enjoying it. It's awesome when students are really involved in the class discussion. The biggest challenge has been the amount of work it takes to prepare a really good class. I did not anticipate how long it would take to find good films, to provide really interesting case vignettes, or real-life examples." --Mona Abad

"I have learned the importance of establishing a good balance of being warm, friendly, and approachable, with being firm, structured, and fair. The challenges have included the immense time commitment, spending hours every week writing my lecture, preparing handouts, and developing in-class activities. Overall, I have enjoyed the experience and hard work. I have had in a rewarding pay-off." --Emily Edlynn

"I never imagined that my skills and abilities beyond teaching would be challenged through this experience. What has been most surprising is my students' interest in knowing me as a person and not just as their instructor. My students and I have shared in the sweat, laughter, tears, and challenges that go along with a course, such as Abnormal Psychology!" --Viviana Ortiz

"You can prepare prepare prepare all you want, but the greatest amount of learning comes from actually doing it! Having a sense of humor helps...the students appreciate an injection of personality into the whole experience, both in and out of the classroom." --Colette Smart
Welcome to Our Newest Faculty Member

The Spring semester will welcome our newest faculty member, Amy Bohnert, Ph.D. Dr. Bohnert arrives in Chicago from her position as clinical professor at Duke University Medical Center. Dr. Bohnert's career in psychology began as an undergraduate at University of Michigan, progressing to graduate school at Pennsylvania State, an internship at University of Chicago child internship program, and a 2-year post-doc in developmental psychopathology at Vanderbilt. Dr. Bohnert's clinical experience includes conducting assessment and therapy with children and adolescents ranging in age from 11 months to 18 years, assessing preschoolers and children with developmental disorders, neuropsychological assessment, and supervising internship and externship students. Her research interests have covered associations between emotion regulation and psychopathology, links between extracurricular activities and psychopathology, and how various contexts, especially extracurricular activities, might serve a protective role in development. Dr. Bohnert's current research aims to identify predictors of children and adolescent's involvement in activities, particularly the role of parental psychopathology, family conflict, and adolescent cognitions. She recently submitted a R34 grant examining whether exercise is an effective adjunctive treatment for adolescent depression. Welcome Amy Bohnert!

Fun in the October Sun!

The Clinical program celebrated its first annual faculty-student social event in October with a picnic full of food, volleyball, and soccer. Due to the great success of the first event, the social committee for the Clinical Students Association is planning an outing for the beginning of the winter term. Tentative plans include scheduling an evening of fun in January that will involve surprise, entertaining activities. Details will be following soon, so keep those social calendars open.

Upcoming Conferences

- Society for Research on Adolescence (SRA): March 11-14, 2004 in Baltimore, MD (Submission deadline has passed)
- Society of Pediatric Psychology (SPP): April 15-17, 2004 in Charleston, SC (Submission deadline has passed)
- American Psychology Association (APA): July 28-August 1, 2004 in Hawaii! (Submission deadline has passed)

American Psychological Society (APS):
May 27-30, 2004 in Chicago
(Submissions are being accepted through February 2, 2004)

Steve Miller, 4th year, serves on the APS Student Caucus Executive Committee and strongly encourages submissions for this conference.

New Projects

Congratulations to the faculty members with new research projects in progress:

- Joe Durlak (coordinating with Roger Weissberg from University of Illinois)—Youth development programs: Research synthesis and dissemination of key findings.
- Maryse Richards—Reducing Effects of Exposure to Community Violence.
- Grayson Holmbeck—Family Management of Childhood Diabetes (Type I).
Exotic Holiday Locations

Do you want to know where your colleagues will be over the holidays? Take note of some of our world travelers! Grayson Holmbeck spent Thanksgiving in North Carolina so he could meet up with his brother's family who lives in Denmark. Maryse Richards will be in Charleston, South Carolina where they have lovely old homes beautifully decorated for Christmas. Mona Abad will be spending the holidays in San Francisco, California. Meghanne Reilly will be making several holiday stops, first to Columbus, Georgia, then Sarasota, Florida and finally Miami for four Phish shows. Colette Smart will experience a three-week meditation retreat in Red Feather Lakes, CO. Janhavi Desai will be in Denver, CO. Elizabeth Franks will be going to Park City, Utah to ski and relax in the Wasatch Mountains. Danielle Morgan will be in Los Angeles, Ca. and Eindhoven, The Netherlands. Kei Kawashima will be in Japan. Viviana Ortiz will be spending two weeks in Los Angeles, Ca. and one week in Sydney, Australia. Scott Leon will be in Rio de Janeiro and São Paulo, Brazil to do some research and to visit with friends.

Dining in Chicago: Andersonville

Tired of Subway, McDonalds, and even Kaffecino? In case you didn't know, there exists a street full of fabulous restaurants only a few blocks away from Loyola in the historical yet trendsetting neighborhood of Andersonville. Chicago's Two Towers of Mediterranean food--Reza's and Andie's--sit right at the corner of Berwyn and Clark. In the mood for something different? Try Jin Ju, the ultimate Korean flavor festival at the corner of Clark and Foster. Every entree comes with fun, difficult-to-pronounce side dishes explained by knowledgeable servers. What about sushi, you ask? Tokyo Marina at the corner of Clark and Winnemac presents an array of inexpensive, tasty sushi options as well as non-sushi Japanese dishes. Or were you thinking about a quaint, intimate, cozy setting with delectable Italian food and wine? LaDonna is just what you ordered. How about breakfast? The old Chicago cornerstone, Ann Sathers, opens its doors just a feet away from Jin Ju with the irresistible aroma of unparalleled cinnamon rolls. If you just want some coffee or snacks, Clark Street offers your old stand-bys (Starbucks, Einstein Bagels) and your funky, sit-for-hours-and-sip café, Kopi. And those are only some personal favorites... explore for yourself someday when you are hungry and can't eat one more subway combo meal! Take the Red line from Loyola to Berwyn and walk a few blocks to Clark Street for a dining extravaganza!

Who Is This Baby?

The Psyren has a new feature! Every edition of the newsletter will include a baby picture of someone in the clinical program. All readers can participate by guessing the identity of the mysterious baby. So, who is this baby? Hint: Unless you have been at Loyola for more than two years you may not know who I am. You can submit your guesses to Laura Renteria, 4th-year clinical student. The identity will be announced in the Spring Psyren. Have fun guessing!

Note from Psyren Staff

As members of this year's Information Committee, the Psyren was made possible by the following students under the leadership of Grayson Holmbeck, Ph.D.: Emily Edlynn, Kei Kawashima, Viviana Ortiz, Laura Renteria, Melissa Robinson, and Jessica Snowden. The Committee has decided to make the Psyren a twice-a-year event, with a Fall/Winter and Spring edition to come out every year. Thanks for reading!