

# Some Important Websites

- Scholarship Information  
[http://www.luc.edu/romecenter/admission\\_financialassistance\\_scholarships.shtml](http://www.luc.edu/romecenter/admission_financialassistance_scholarships.shtml)
- Pre-Departure Orientation [http://www.luc.edu/romecenter/Pre-Departure\\_Orientation.shtml](http://www.luc.edu/romecenter/Pre-Departure_Orientation.shtml)
- Student Handbook <http://www.luc.edu/romecenter/studenthandbook.shtml>
- Parent and Family Section <http://www.luc.edu/romecenter/parents.shtml>
- Guest Accommodations  
[http://www.luc.edu/romecenter/about\\_rome\\_guest\\_accommodations.shtml](http://www.luc.edu/romecenter/about_rome_guest_accommodations.shtml)
- Exchange Rate  
[www.xe.com](http://www.xe.com)

## Some Tips

\*Make photocopies of all credit cards, ATM cards, passport and other documents. Leave one copy at home and bring one copy with you. Put in a safe place.

\*Pack an extra set of clothing in carry-on bag in case your luggage is delayed or lost.

\*Bring good walking shoes. Many of the streets of Rome are cobblestone.

\*To help offset the side effects of jet lag:

1. Drink plenty of water during the flight and when you arrive;
2. Abstain from drinking alcoholic beverages while on the flight.
3. Change your watch to the time in Rome (7 hours ahead) upon arrival.

\*When you first arrive to The Rome Center, please contact your families and let them know that you have arrived safely. You can purchase phone cards at the Rome Center to call home or you can send an email.

\*International Student ID cards or ISIC cards provide supplemental insurance, but may also give you discounts at museums, etc. Check out [www.myisic.com](http://www.myisic.com) for more information.

\*Read up on Italy and Rome. If you don't speak Italian, try to learn some basic phrases. Sometimes guidebooks have some helpful general information and also some basic Italian phrases.

\*A money belt worn under your clothes is a great place to keep your passport, ATM cards, etc. These can usually be purchased at a travel store or in a store that has a travel section.

\*The Rome Center will provide sheets, blankets, and pillow. Students should bring their own toiletry items and towels.

\*Do not have packages sent to you from the United States as there is generally a very high customs tax that you will be responsible for paying.