

Assessment of Interpreter Modalities in Relation to Unplanned Emergency Department 72 Hour and 30 Days Return Rates in Limited English Proficiency (LEP) patients

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Introduction

- Limited English Proficiency (LEP) patients tend to receive significantly lower quality of care when they are not provided with a certified medical interpreter.¹
- Additionally, interpreter errors can occur more often with untrained ad hoc interpreters.^{1,2}
- Language barriers may be particularly challenging in high acuity and fast-paced settings such as the ED.³

Methods

- This was a single-center, retrospective chart review of Spanish-speaking LEP and non-LEP ED patients between January and December 2019.
- Exclusion criteria: patients with altered mental status, a psychiatric chief complaint, transferred from an outside hospital, or left without being seen.
- 322 eligible LEP patients ≥ 18 years of age were compared to 180 non-LEP controls matched via SQL server by gender, race, ethnicity and date of visit.

Objectives

- The primary objective of this study is to compare unplanned 72 hours and 30 days return rate as a measure of quality of care when comparing LEP to English-speaking patients.
- The secondary objective was to analyze whether patients who used *ad hoc* interpreters (family members, friends, untrained individuals) were more likely to have an increase in these same metrics when compared to patients who used professional interpreter services.

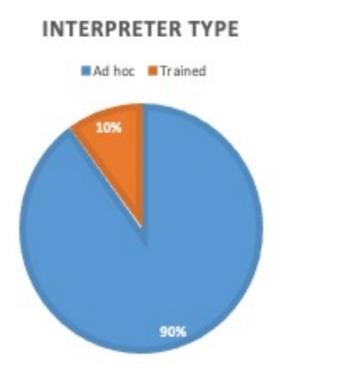
References

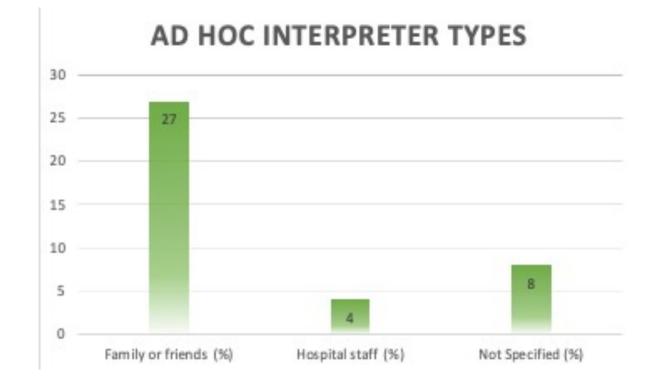
Results

Table 1. Demographic Data of Study Participants

Characteristics	LEP (n=322)	Non-LEP (n=180)	P value
Demographics			
Age, years, median (IQR)	52 (40-67)	52 (38.5-66.5)	0.58
Sex, female (%)	181 (56.2)	103 (57.2)	0.83
Ethnicity			
Hispanic (%)	271 (84)	70 (39)	<0.0001
Non-Hispanic (%)	51 (15)	110(61)	<0.0001
Race			
Other %	224 (69)	68 (38)	<0.0001
White (%)	98 (30)	78 (43)	0.004
Asian (%)	4 (1.2)	2 (1)	0.89
African American (%)	2 (0.6)	35 (19)	<0.0001
ED Visits			
< 4 visits in 2019	315(98)	165 (92)	0.001
4 or more visits in 2019	6 (1.9)	14 (7.8)	0.001
Interpreter Usage			
Yes (%)	152 (47)	0 (0)	
No (%)	170 (53)	0 (0)	
Interpreter Type			
Trained Translator (%)	33 (10)	0 (0)	
Family or friends (%)	89 (27)	0 (0)	<0.0001
Hospital staff (%)	9 (4)	0 (0)	<0.0001
Not Specified (%)	26 (8)	0 (0)	<0.0001
Interpreter Modality			
Video (%)	19 (6)	0 (0)	0.001
In-person (%)	103 (32)	0 (0)	<0.0001
Other (%)	32 (10)	0 (0)	<0.0001

Figure 1. Interpreter Usage percentages by type





- LEP patients were more likely to be uninsured when compared to the non-LEP control group (21% vs 10%, p=0.001).
- LEP patients had more unplanned revisits within 72h (9 [2.8%] vs 2 [1.1%], p=0.22) as well as within 30 days (20 [6.3%] vs 7 [4%], p=0.23).
- Interpreter services were documented in only 47% of LEP patients. Of those, the main interpreter modality utilized was an *ad hoc* interpreter instead of a trained interpreter (90% vs 10%, p <0.0001).

Conclusion

- Our preliminary findings suggest that LEP patients overall have a greater number of unplanned return ED visits when compared to non-LEP patients.
- This may be due to the fact that only 10% of these encounters used a trained interpreter.
- This study provides insight into the important role of trained interpreters and represents an opportunity for improvement in how we can better serve our LEP patient population.

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² Karliner, Leah S et al. "Do professional interpreters improve clinical care for patients with limited English proficiency? A systematic review of the literature." *Health services research* vol. 42,2 (2007): 727-54. doi:10.1111/j.1475-6773.2006.00629.x ³ Schulson, Lucy et al. "Emergency Department Care for Patients with Limited English Proficiency: a Retrospective Cohort Study." *Journal of general internal medicine* vol. 33,12 (2018): 2113-2119. doi:10.1007/s11606-018-4493-8