

**Equipment Vendors:** The following companies sell outdoor clothing and equipment. There are many companies, but provided are a few of our favorites. You may also find good prices and helpful advice at your local outdoor shop. Additionally, resale or thrift stores have much of the required clothing at deep discounts. We also recommend reviewing REI's layering info page: <http://www.rei.com/learn/expert-advice/dress-layers.html>

- REI, Inc. - [www.rei.com](http://www.rei.com)
- Campmor - [www.campmor.com](http://www.campmor.com)
- Sierra Trading - [www.sierratradingpost.com](http://www.sierratradingpost.com)
- Summit Hut - [www.summithut.com](http://www.summithut.com)
- Mountain Gear - [www.mgear.com](http://www.mgear.com)
- Backcountry - [www.backcountry.com](http://www.backcountry.com)

#### **Equipment Checklist**

\* **Ramble Outdoors can loan you this equipment** (reserve soon, we only have a limited number)

#### **Non-Cotton Clothing**

- Wear light-weight or mid-weight synthetic top and bottom
- Bring extra wool or synthetic layers incase it gets cold

#### **Clothing Accessories**

- Sun hat with brim

#### **Footwear**

- Water Shoes/Booties/Active Sandals (not flip-flops)

#### **Travel Accessories**

- \* 1-quart water bottle, Nalgene-type, or equivalent hydration
- Sunblock, small amount not the whole bottle, min SPF 25
- Lip balm (unscented)
- Personal medications

#### **Optional Field Gear**

- Camera in a water proof container

#### **Do Not Bring**

- Alcohol / drugs / cigarettes
- Large camping knives
- Excessive toiletries or cosmetics

If you have any questions, please contact us at [outdoors@luc.edu](mailto:outdoors@luc.edu) or 773.508.2158