SAFETY INFORMATION SHEET

REHEARSALS, GENERAL SAFETY

TO WHAT AND TO WHOM THIS SHEET PERTAINS

All persons participating in any event supported by the Department of Fine and Performing Arts in any rehearsal or performance space.

RISKS OR CONSEQUENCES

Muscle & ligament injuries, vocal damage, tripping, slips, falls, and personal illness.

BEST PRACTICES, RULES & PROCEDURES

- Do not attempt any movement or voice work without an appropriate warm-up.
- Event supervisors should make certain that the space is unobstructed and well lighted.
- Event supervisors should make certain that the floor is clean and dry. Actors working in bare feet is strongly discouraged.
- All participants, including non-class acting volunteers, should familiarize themselves with the particularities of the rehearsal/performance space.
- Anyone who takes a rehearsal space into complete darkness must inform participants that it is about to happen.
- No individual should attempt to move heavy objects without assistance.
- Participants with special health concerns should inform the event supervisor.
- All militant movement must be certified by a qualified fight choreographer.
- Appropriate footgear and clothing should be worn at all times.
- Know the location of the nearest first-aid station, phone, fire extinguisher, fire alarm pull station, and fire exit at all times.
- Rehearsal space should be left in the condition in which it is found, or better.
- "Buddy up" when traveling to and from rehearsals, particularly at night. Never check dressing rooms or isolated backstage areas by yourself.

FOR FURTHER STUDY