

HUI XU, Ph.D.

(Revised August 7, 2019)

Counseling Psychology
School of Education
Loyola University Chicago
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Chicago IL 60611
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EDUCATION

- 07/2017 **Doctorate of Philosophy, Counseling Psychology**
Arizona State University, Tempe, AZ
- 07/2010 **Master of Arts, Counseling Psychology**
Beijing Normal University, Beijing, China
- 07/2006 **Bachelor of Laws**
Shanghai Jiao Tong University, Shanghai, China
Minor: Bachelor of Science in Applied Electronics

EMPLOYMENT

- 08/2017-present Assistant Professor (tenure-track), Counseling Psychology, School of
Education, Loyola University Chicago

HONORS & AWARDS

- 2018 Faculty Award
Association of Chinese Helping Professionals and Psychologists-International
(ACHPPI)
- 2017 Outstanding Graduate Student Award
The Council of Counseling Psychology Training Programs (CCPTP)
- 2017 Diversity Award
Annual Student Paper Competitions
Society for the Advancement of Psychotherapy (Division 29)
American Psychological Association

- 2016 Outstanding Graduate Student Research Award
The Section of Promotion of Psychotherapy Science
Society of Counseling Psychology (Division 17)
American Psychological Association
- 2016 Graduate Student Outstanding Research Award
The International Section
Society of Counseling Psychology (Division 17)
American Psychological Association
- 2016 Graduate Education Travel Award
Graduate Education
Arizona State University
- 2016 Chinese Government Award for Outstanding Self-Financed Students Abroad
Department of Education
People's Republic of China
- 2015 Dissertation Completion Fellowship Award
Graduate Education
Arizona State University
- 2015 APA Student Travel Award
American Psychological Association
- 2014 Graduate Student Research Award
The Society for Vocational Psychology
Society of Counseling Psychology (Division 17)
American Psychological Association
- 2014 Advanced Research Training Seminars (ARTS) Scholarships
The 28th International Congress of Applied Psychology, Paris
- 2010 Advanced Research Training Seminars (ARTS) Scholarships
The 27th International Congress of Applied Psychology, Melbourne
- 2009 Excellent Graduate Student Research Paper Award
Chinese Psychological Society, the 12th Annual Convention, Jinan, China.
- 2008 Excellent Research Proposal for Master's Thesis
School of Psychology, Beijing Normal University, China
- 2004 Academic Excellence Scholarship

Shanghai Jiao Tong University, China.

2003 Academic Excellence Scholarship
Shanghai Jiao Tong University, China.

PUBLICATION

*Student co-author

- Xu, H.**, & *Adams, P. (in press). Ambiguity Aversion in Career Decision-Making: Its Longitudinal Prediction for College Career Outcomes. *Journal of Counseling Psychology*.
- Wang, D., Jia, Y., Hou, Z. J., **Xu, H.**, Zhang, H., & Guo, X. L. (in press). A test of psychology of working theory among Chinese urban workers: Examining predictors and outcomes of decent work. *Journal of Vocational Behavior*.
- Xu, H.** (in press). Big Five Personality Traits and Ambiguity Management in Career Decision Making. *Career Development Quarterly*.
- Xu, H.** (in press). Development and Initial Validation of the Constructivist Beliefs in the Career Decision-Making Scale. *Journal of Career Assessment*.
- Xu, H.** (in press). The Ripple Prediction of Ambiguity Aversion in Career Decision-Making. *Journal of Counseling Psychology*.
- Xu, H.** (in press). Career Indecision Profile–Short: Reliability and Validity Among Employees and Measurement Invariance Across Students and Employees. *Journal of Career Assessment*.
- Xu, H.**, & *Bhang, C. H. (2019). The Structure and Measurement of Career Indecision: A Critical Review. *Career Development Quarterly*, 67, 2-20.
- Xu, H.** (2018). The Role of Cultural Congruence in Psychotherapy Efficacy: Evidence from a Network Meta-Analysis in China. *The Behavioral Mind: A Journal of Personality Disorders*, 1, 137-160.
- Xu, H.**, & Tracey, T. J. G. (2017). The Reciprocal Dynamic Model of Career Decision Ambiguity Tolerance with Career Indecision: A Longitudinal Three-wave Investigation. *Journal of Counseling Psychology*, 64, 538-549
- Xu, H.**, & Tracey, T. J. G. (2017). Use of Multi-group Confirmatory Factor Analysis in Examining Measurement Invariance in Counseling Psychology Research. *European Journal of Counseling Psychology*, 6, 75-82.

- Xu, H.,** & Tracey, T. J. G. (2017). Career Decision Ambiguity Tolerance and Its Relations with Adherence to RIASEC Structure and Calling. *Journal of Career Assessment, 25*, 715-730.
- Xu, H.,** & Tracey, T. J. G. (2017). Development of an Abbreviated Career Indecision Profile-65 Using Item Response Theory: The CIP-Short. *Journal of Counseling Psychology, 62*, 351-359. <http://dx.doi.org/10.1037/cou0000182>
- Xu, H.,** & Tracey, T. J. G. (2016). Cultural Congruence with Psychotherapy Efficacy: A Network Meta-Analytic Examination in China. *Journal of Counseling Psychology, 63*, 359-365. <http://dx.doi.org/10.1037/cou0000145>
- Xu, H.,** & Tracey, T. J. G. (2016). Stability and change in interests: A longitudinal examination of grades 7 through college. *Journal of Vocational Behavior, 93*, 129-138. <http://dx.doi.org/10.1016/j.jvb.2016.02.002>
- Xu, H.,** Hou, Z., Tracey, T. J. G., & Zhang, X. (2016). Variations of career decision ambiguity tolerance between China and the United States and between high school and college. *Journal of Vocational Behavior, 93*, 120-128. <http://dx.doi.org/10.1016/j.jvb.2016.01.007>
- Xu, H.,** & Tracey, T. J. G. (2015). Reciprocal Influence Model of Working Alliance and Therapeutic Outcome over Individual Therapy Course. *Journal of Counseling Psychology, 62*, 351-359. <http://dx.doi.org/10.1037/cou0000089>
- Xu, H.,** & Tracey, T. J. G. (2015). Ambiguity Tolerance with Career Indecision: An Examination of the Mediation Effect of Career Decision-Making Self-Efficacy. *Journal of Career Assessment, 23*, 519-532. <http://dx.doi.org/10.1177/1069072713515628>
- Xu, H.,** & Tracey, T. J. G. (2015). Career Decision Ambiguity Tolerance Scale: Construction and Initial Validations. *Journal of Vocational Behavior, 88*, 1-9. <http://dx.doi.org/10.1016/j.jvb.2015.01.006>
- Xu, H.,** Wang, D., & Hou, Z. (2014). Technology in Counseling: Application and Ethics Considerations. *Chinese Journal of Clinical Psychology, 22*, 752-755.
- Xu, H.,** & Tracey, T. J. G. (2014). The Role of Ambiguity Tolerance in Career Decision Making. *Journal of Vocational Behavior, 85*, 18-26. <http://dx.doi.org/10.1016/j.jvb.2014.04.001>
- Xu, H.,** Hou, Z., & Tracey, T. J. G. (2014). Relation of Environmental and Self Career Exploration with Career Decision-making Difficulties in Chinese Students. *Journal of*

Career Assessment, 22, 654-665. <http://dx.doi.org/10.1177/1069072713515628>

Hou, Z., Leung, S. A., Li, X., Li, X., & **Xu, H.** (2012). Career Adapt-Abilities Scale—China Form: Construction and initial validation. *Journal of Vocational Behavior*, 80, 686-691. <http://dx.doi.org/10.1016/j.jvb.2012.01.006>

Xu, H., Hou, Z., & Huang, Y. (2011). Empathy and Genuine: Content Analysis of Three Cases Conducted by Carl Rogers in Different Phases. *Chinese Journal of Clinical Psychology*, 19, 265-267.

Xu, H., & Hou, Z. (2010). Status Quo and Prospect of Research about Novice Counselors. *Chinese Mental Health Journal*, 24, 638-642.

GRANTS

- 2018 Bruce and Jane Walsh Grant in Memory of John Holland, PI
American Psychological Foundation
The Longitudinal Prediction of Career Decision Ambiguity Tolerance on Major Satisfaction and Job Search Self-Efficacy
- 2018 Summer Research Stipend Award, PI
Loyola University Chicago
- 2016-2017 JumpStart Grant Program, PI
Arizona State University
Validation of an abbreviated Career Indecision Profile-65: The CIP-Short
- 2016 Travel Grant Program, PI
Arizona State University
The 31st International Congress of Psychology, Yokohama, Japan
- 2015 Travel Grant Program
Arizona State University
The 2015 American psychological Association Annual Convention, Toronto, Canada
- 2014-2015 Graduate Research Support Program, PI
Arizona State University
Development and Validation of the Career Decision Ambiguity Tolerance Scale
- 2014 Travel Grant Program
Arizona State University
The 28th International Congress of Applied Psychology, Paris, France

2013-2014 JumpStart Grant Program, PI
Arizona State University
*Incremental Validity of Ambiguity Coping on Career Indecision over and
beyond Environmental-Self Exploration*

PROFESSIONAL PRESENTATIONS

*Student co-author

*Li, H., & **Xu, H.** (August, 2019). Incremental Validity of the Career Adapt-Abilities Scale Total Score Over General Self-Efficacy. Presented at the 127th American Psychological Association Annual Convention, Chicago, U.S.A.

Xu, H. (August, 2019). Career Indecision Profile-Short: Reliability and Validity among Employees and Measurement Invariance across Students and Employees. Presented at the 127th American Psychological Association Annual Convention, Chicago, U.S.A.

Xu, H. (July, 2019). The Relationship between Research and Practice in Psychotherapy and Counseling (invited). Presented at the 6th Biannual Conference of the Chinese Clinical and Counseling Psychology Registration System & the 2019 Annual Academic Conference of the Executive Council of Chinese Society of Counseling and Clinical Psychology, Wuhan, China.

Xu, H. (June, 2019). The Role of Ambiguity Management in Adolescents' Career Decision-Making (invited). Presented at the 2019 Shanghai Forum of Shanghai-Michigan State University Research Consortium on Career and Work Psychology, Shanghai, China.

Xu, H. (August, 2018). The Role of Four Decision-Making Orientations in Career Decision Ambiguity Tolerance: Maximizing vs. Satisficing and Creating vs. Discovering. Presented at the 126th American Psychological Association Annual Convention, San Francisco, U.S.A.

Xu, H., *Liu, H., & *Suh, J. (August, 2018). The Factor Structure of Career Indecision in East Asia: An Emic Investigation in China and South Korea. Presented at the 126th American Psychological Association Annual Convention, San Francisco, U.S.A.

Xu, H. (July, 2018). The Contextual Model of Psychotherapy (invited). Presented at Ochanomizu University, Tokyo, Japan.

Xu, H. (July, 2018). The Strategy and techniques of Career Decision-Making. Presented online to high school teachers, China.

Xu, H. (December, 2017). Culture, Science, and Helping Profession: An Integrated Model of

a Hero's Journey (invited). Beijing Normal University, Beijing, China.

Xu, H., & Tracey, T. J. (August, 2016). The Reciprocal Dynamic Model of Career Decision Ambiguity Tolerance with Career Indecision: A Longitudinal Three-wave Investigation. Presented at the 124th American Psychological Association Annual Convention, Denver, U.S.A.

Xu, H., & Tracey, T. J. (July, 2016). Cultural Congruence with Psychotherapy Efficacy: A Network Meta-Analytic Examination in China. Orally presented at the 31st International Congress of Psychology, Yokohama, Japan.

Xu, H., Hou, Z., Tracey, T. J. G., & Zhang, X. (May, 2016). Variations of career decision ambiguity tolerance between China and the United States and between high school and college. Presented at the biannual conference of Society of Vocational Psychology, Tallahassee, U.S.A.

Xu, H., & Tracey, T. J. (August, 2015). Reciprocal Effect Model of Working Alliance and Therapeutic Outcome over Individual Therapy Course. Presented at the 123rd American Psychological Association Annual Convention, Toronto, Canada.

Xu, H., & Tracey, T. J. (August, 2015). Development and Initial Validation of the Career Decision Ambiguity Tolerance Scale. Presented at the 123rd American Psychological Association Annual Convention, Toronto, Canada.

Xu, H., & Tracey, T. J. (July, 2014). A Cross-Cultural Examination of the Relation of Environmental-Self Exploration with Career Indecision. Orally presented at the 28th International Congress of Applied Psychology, Paris, France.

Xu, H. (June, 2014). Career and Major Decision Making. A lecture for the senior students at the Yuyao High School (invited), Yuyao, China.

Xu, H. (June, 2014). Career Exploration in High School. A lecture for the freshman students at the Yuyao High School (invited), Yuyao, China.

Xu, H., Hou, Z. J., & Zhu, M. (November, 2009). The Contribution of Working Alliance and Helping Skills to Clients' Rating On Counseling Sessions. Orally presented at the 12th Chinese Congress of Psychology, Ji'nan, China.

Xu, H., & Hou, Z. J. (April, 2009). Empathy and Congruence: Content Analysis of Three Cases Conducted By Carl Rogers across Different Phases. Orally presented at The First National Conference Humanistic of Counseling and Psychotherapy (NCHCP), Wuhan, China.

PROFESSIONAL SERVICES

Guest editor:

International Counseling Students, *The Counseling Psychologist* (2019-present)

Editorial board member:

Journal of Career Assessment (2017-present)

The Counseling Psychologist (2018-present)

Psychotherapy Research (2019-present)

Asian American Journal of Psychology (2018-present)

The Behavioral Mind: A Journal of Personality Disorders (2018-present)

Ad hoc reviewer:

Journal of Counseling Psychology (2017-present)

Journal of Vocational Behavior (2017-present)

The Counseling Psychologist (2017-2018)

Journal of Career Assessment (2017)

Journal of Engineering Education (2014-present)

Current Psychology (2016-present)

Administration:

VP for Science, Association of Chinese Helping Professionals and Psychologists-International (ACHPPI)

UNIVERSITY AND DEPARTMENT SERVICES

2019	Academic Council, School of Education, Loyola University Chicago
2018-present	Diversity Committee, School of Education, Loyola University Chicago
2018	Faculty Search Committee, Counseling Psychology, Loyola University

PROFESSIONAL AFFILIATIONS

American Psychological Association – 2010 - Present

- Division 17: Society of Counseling Psychology
- Division 29: Society for the Advancement of Psychotherapy
- Division 52: Division of International Psychology

TEACHING EXPERIENCE

Loyola University Chicago

CPSY 424: Career Development and Counseling

CPSY 450: Research in Counseling

CPSY 423: Theories of Counseling and Psychotherapy

CPSY 528: Diagnostic Appraisal and Treatment Planning

CPSY 532: Advanced Theories of Psychotherapy

CPSY 454: Human Development: Educational and Counseling Implications

CPSY 425: Assessment in Counseling

Arizona State University and Iowa State University

01/2017-05/2017 **Co-instructor for Doctoral Practicum II**
Student Counseling Services, Iowa State University, IA

01/2016-05/2016 **Teaching Assistant for SOC 390 Social Statistics**
T. Denny Sanford School of Social and Family Dynamics, Arizona
State University, AZ

08/2015-12/2015 **Teaching Assistant for CDE 591 Exploratory and Confirmatory
Factor Analysis**
T. Denny Sanford School of Social and Family Dynamics, Arizona
State University, AZ

08/2014-12/2014 **Teaching Assistant for FAS 361/ SOC 391 Research Methods**
T. Denny Sanford School of Social and Family Dynamics, Arizona
State University, AZ

08/2013-12/2013 **Instructor for ASU 101 The ASU Experience, and UNI 150 Major
and Career Exploration**
University College, Arizona State University, AZ

01/2013-05/2013 **Instructor for ASU 101 The ASU Experience, UNI 150 Major and
Career Exploration, and UNI 250 Advanced Major and Career
Exploration**
University College, Arizona State University, AZ

08/2012-12/2012 **Instructor for ASU 101 ASU Experience, and UNI 150 Major and
Career Exploration**
University College, Arizona State University, AZ

CLINICAL TRAINING

Doctoral

- 08/2016-07/2017 **Pre-doctoral Internship**
Iowa State University Student Counseling Services, Ames, IA
- 08/2015-12/2015 **Supervision Practicum**
Counselor Training Center, ASU, Tempe AZ
- 08/2015-12/2015 **Facilitator for CED 567 Group Dynamics and Counseling**
Counselor Training Center, ASU, Tempe AZ
- 01/2015-05/2015 **Clinical Supervisor**
Counselor Training Center, ASU, Tempe AZ
- 08/2014-07/2015 **Advanced Practicum Counselor**
Southwest Behavioral Health Services, Phoenix, AZ
- 08/2013-05/2014 **Doctoral Practicum Counselor**
Counselor Training Center, ASU, Tempe AZ
- 01/2013-05/2013 **Doctoral Practicum Counselor**
Counselor Training Center, ASU, Tempe AZ
- 08/2012-12/2012 **Beginning Doctoral Practicum Counselor**
Counselor Training Center, ASU, Tempe AZ

Terminal Master's

- 08/2009-06/2010 **Master's Practicum Counselor**
Career Counseling Lab, Beijing Normal University, China
- 08/2008-06/2009 **Master's Practicum Counselor**
Career Counseling Lab, Beijing Normal University, China
- 05/2010 **Career Exploration Group Co-Facilitator**
Hebei College of Finance, China
- 04/2009-06/2009 **Career Exploration Group Co-Facilitator**
School of Biology, Beijing Normal University, China
- 04/2008-06/2008 **Career Exploration Group Co-Facilitator**
Career Guidance Center, Tsinghua University, China

OTHER CLINICAL EXPERIENCES

01/2015-05/2015 **Case Conceptualization/Consultation Group Facilitator**
Counseling Psychology, Arizona State University Tempe, AZ

LANGUAGES SKILLS OTHER THAN ENGLISH

- Mandarin Chinese– Native language.