Dr. Elizabeth Vera Lab Descriptions
Culturally and Linguistically Diverse Youth's Experiences of Access, Equity, and Well-being
Lab Projects

It may well be that we will have to repent in this generation. Not merely for the vitriolic words and the violent actions of the bad people, but for the appalling silence and indifference of the good people.

--Martin Luther King, Jr.

In the CLDY Access, Equity, and Well-being lab, we have sought to understand how systems, policies, and resources interact with social determinants of youth's well-being and success. With our school partners, we have designed a variety of studies that shed light on the importance of social and institutional contexts in fostering hope, belonging, and success of CDLY. We have developed and adopted models that reflect the shared responsibility we all have for creating healthy environments for CDLY and their families as professionals and allies. Below you will find a sample of scholarship generated from these endeavors.


Vera, E., Hook, K., Daskalova, P., Hill, L., Galvin, S, Fritche, S., Catellier, J., Haywood, S., Raziuddin, A., Anderson, B., Roche, M., Floro, M., Mutuyemariya, C., Thomas, K.,


Counselors Concerned with Climate Change

Our Earth is in dire need of our collective investment yet it is unknown how mental health professionals engage in personal or professional efforts to raise awareness about climate change or foster healthy relationships with nature. This new lab will pursue projects that address how counselors and other mental health professionals can be a part of the necessary activism and advocacy that is required to care for our ailing planet. Here is a sample of the projects and papers related to this lab.

Vera, E. & Hanraft, E. (In progress). Mental health professionals' attitudes toward and integration of climate change and ecotherapeutic interventions.