Practicum in School Psychology
CIEP 461, 463
2019/20_2

Student Handbook
Syllabus and Activities

FALL SEMESTER
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Readings</th>
<th>Assignments Due</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td>Event Description</td>
<td>Notes</td>
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<tr>
<td>Oct. 8</td>
<td>Class Will Not Meet</td>
<td>Fall Break</td>
<td></td>
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<tr>
<td>Oct. 15</td>
<td>Mental Health in the Schools: Groups and</td>
<td>Items posted on Sakai</td>
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<tr>
<td></td>
<td>Individual Counseling</td>
<td></td>
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<tr>
<td>Oct. 22</td>
<td>Group</td>
<td>Participation and Facilitation</td>
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<tr>
<td>Oct. 29</td>
<td>Group</td>
<td>Participation/Facilitation/Consultation</td>
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<tr>
<td>Nov. 5</td>
<td>Mandated Reporting</td>
<td>Items posted on Sakai</td>
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<tr>
<td>Nov. 12</td>
<td>Group</td>
<td>Participation/Facilitation/Consultation</td>
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<tr>
<td>Nov. 26</td>
<td>Internship Discussion</td>
<td>Items posted on Sakai</td>
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<tr>
<td>Dec. 3</td>
<td>Internship Planning</td>
<td>Items posted on Sakai</td>
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<td></td>
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<td>Alternate Visit Assignment</td>
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<tr>
<td>Date</td>
<td>Topic</td>
<td>Readings</td>
<td>Assignments Due</td>
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<tr>
<td>Jan. 14</td>
<td>Second Semester Overview</td>
<td>Items posted on Sakai</td>
<td></td>
</tr>
<tr>
<td>Jan. 21</td>
<td>Internship/Adv Practicum Seeking Plan</td>
<td>Items posted on Sakai/Consultation</td>
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</tr>
<tr>
<td>Jan. 28</td>
<td>Group/Individual Counseling</td>
<td>Group/Individual Counseling Consultation</td>
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<tr>
<td>Feb. 4</td>
<td>Group/Individual Counseling</td>
<td>Reflections on Workshops and Placement Center at ISPA Convention</td>
<td></td>
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<tr>
<td>Feb. 11</td>
<td>Group</td>
<td>Participation/Facilitation/Consultation</td>
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<tr>
<td>Feb. 18</td>
<td>Class Will Not Meet</td>
<td>Reflection/Consultation</td>
<td>NASP Convention</td>
</tr>
<tr>
<td>Feb. 25</td>
<td>Reflection/Consultation</td>
<td>Reflections on Workshops, Presentation, and Experience at NASP</td>
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<tr>
<td>Mar. 3</td>
<td>Class Will Not Meet</td>
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<tr>
<td>Mar. 10</td>
<td>Group</td>
<td></td>
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<tr>
<td>Mar. 17</td>
<td>Evidence Informed Practice</td>
<td></td>
<td>Items Posted on Sakai</td>
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<tr>
<td></td>
<td></td>
<td>National Threat Assessment Center (2018). <em>Enhancing school safety using a threat assessment model: An</em></td>
<td></td>
</tr>
</tbody>
</table>
**REQUIRED ACTIVITIES AND ASSIGNMENTS**

<table>
<thead>
<tr>
<th>Due date</th>
<th>Assignment</th>
<th>Where to turn in</th>
</tr>
</thead>
<tbody>
<tr>
<td>1st of every month</td>
<td>Log and reflection</td>
<td>Assignments on Sakai</td>
</tr>
<tr>
<td>Starting October 1st</td>
<td>Log and reflection</td>
<td>Assignments on Sakai</td>
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<tr>
<td>Weekly</td>
<td>Individual/Group Counseling</td>
<td>Email to Monitor</td>
</tr>
<tr>
<td></td>
<td>Progress Notes</td>
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</tr>
<tr>
<td>Sept. 17</td>
<td>Contract*</td>
<td>Class</td>
</tr>
<tr>
<td>Sept. 17</td>
<td>Goals*</td>
<td>Class</td>
</tr>
<tr>
<td>Sept. 24</td>
<td>Sequential Observation</td>
<td>Assignments on Sakai</td>
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<tr>
<td>Nov. 19</td>
<td>Interview Assignment</td>
<td>Assignments on Sakai</td>
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<td>Dec. 3</td>
<td>Alternate Site Visit</td>
<td>Assignments on Sakai</td>
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<tr>
<td>April 14</td>
<td>PREPaRE WS1 Reflection</td>
<td>Sakai followed by LiveText</td>
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<tr>
<td>Two weeks following IEP report out</td>
<td>Full and Individual Evaluation #1</td>
<td>Assignments on Sakai</td>
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<tr>
<td>Two weeks following IEP report out</td>
<td>Full and Individual Evaluation #2</td>
<td>Sakai followed by LiveText</td>
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<tr>
<td>Two weeks following last session</td>
<td>Group Counseling: All Parts</td>
<td>Sakai followed by LiveText</td>
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<tr>
<td>Two weeks following last session</td>
<td>Individual Counseling: All Parts</td>
<td>Sakai followed by LiveText</td>
</tr>
<tr>
<td>June 12</td>
<td>Supervisor Evaluation/ Final Excel Log</td>
<td>Live Text</td>
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<tr>
<td>June 12</td>
<td>Final Reflection</td>
<td>Assignments on Sakai</td>
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</tbody>
</table>

* Some flexibility in the due date

Bolded Items are Portfolio Assignments and must also be submitted there in order to get credit for them. Rubrics for these assignments are located in the Appendix.

**SCORING RUBRIC**
<table>
<thead>
<tr>
<th>Assign.</th>
<th>Total Points</th>
<th>A 100-93%</th>
<th>A- 92-90%</th>
<th>B+ 89-87%</th>
<th>B 86-83%</th>
<th>B- 82-80%</th>
<th>C or below 79% on assignments and/or below satisfactory rating by supervisor</th>
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<tbody>
<tr>
<td>INTERVIEW SCHOOL PSYCH.</td>
<td>30</td>
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<td>ALTERNATE VISIT</td>
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<td>GOALS</td>
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<tr>
<td>REFLECTIONS/LOGS</td>
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<tr>
<td>SEQUENTIAL OBSERVATION</td>
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<tr>
<td>GROUP COUNSELING</td>
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<tr>
<td>INDIVIDUAL COUNSELING</td>
<td>120</td>
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<tr>
<td>2 FULL AND INDIVIDUAL EVALUATIONS</td>
<td>100 EACH</td>
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<tr>
<td>PREPaRE WS1 REFLECTION</td>
<td>50</td>
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<td></td>
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<tr>
<td>END of YEAR REFLECTION/LESSONS LEARNED</td>
<td>50</td>
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<td></td>
<td></td>
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<tr>
<td>SUPERVISOR EVALUATION</td>
<td>500</td>
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CIEP 461/463  
Practicum in School Psychology  
2019-20 School Year
Professor: Rosario C. Pesce, Ph.D. (rpesce@luc.edu or vppsych@aol.com) 
312-316-3754, Office: LT 1149, Hours: 7:30-9:30am Tuesdays and by appt.

Teaching Asst.: Mayra Gaona (mgaona@luc.edu)

Time/Location: Tuesdays, 10AM-12:30PM, CLC 302

General Information

As noted in the school psychology handbook, the school psychology practicum is taken during the second year of the program. It takes place during the fall and spring semesters.

Final Approval to take CIEP 461/463 – Fall 2019

A Master’s Degree
First Year Field Experience in Completing Coursework
Master’s Portfolio successfully completed
And the following courses:

- CIEP 462: Ethics and Professional Issues in School Psychology
- CIEP 477: Prevention, Assessment, and Intervention: Academic
- ELPS 432: Multiculturalism for Social Justice in Higher Education
- CIEP 410: Legal Issues: Educating Exceptional Students
- CIEP 480: Assessment of School-Age Children and Adults
- CIEP 482: Prevention, Assessment, and Intervention: Behavior
- CIEP 533: Proseminar in School Psychology
- Elective
- CPSY 454: Human Development: Cognition, Affective, and Physical Basis of Behavior
- RMTD 422: Single Case Research Design
- CIEP 413: Psychopathology and Introduction to School-Based Mental Health

*Dispositional Assessment included as part of each course

Courses taken concurrently with CIEP 461/463 Practicum

Fall Semester: CIEP 485: Prevention, Assessment, and Intervention: Social Emotional
CPSY 423: Theories of Counseling & Psychotherapy
CIEP 466: Evidence-Based Interventions (Online)

Spring Semester: CIEP: 479 School-Based Consultation
CIEP: 544 Prevention, Assessment, and Intervention: Advanced Skills

Students are assigned to practicum sites that have been established in cooperation with the department and the school psychology program faculty. These sites have been carefully selected
because of the high quality of the mentoring relationship between the practicum student and the site-based licensed school psychologist(s); the diversity of roles available for practice; and the opportunities to serve the needs of students from underrepresented groups.

- It should be noted that if a student wishes to pursue a practicum experience in a specific setting, the practicum instructor must be contacted before March 1 prior to the year of the practicum to ensure that there is adequate time for a site review.

- Students must complete the practicum in a setting outside of their regular employment setting to provide for a carefully orchestrated balance of pre-professional experiences related to assessment, consultation, counseling, prevention and intervention. Efforts are made to place students in settings that are dissimilar from their previous experiences. Student preferences for practicum site placement assignments and scheduled days of service will be honored as much as possible.

**Days Required**
- Each student will be assigned to a practicum site for two full school days per week for the district’s school year. A minimum of 64 days (full time equivalent) must be documented in the student log by the end of the second semester. Additionally, students must maintain documentation of a minimum of 70 practicum site days of 7 hours per day by the end of the district school year. A total of 600 hours must be completed in practicum activities outside of the classroom.
- **Attendance at classes held on campus is required.**
- Practicum candidates work the supervising school psychologist’s school day, not the student’s school day.

**Practicum Goals**
The school psychology practicum is designed to provide the student with a range of assessment, intervention, prevention, counseling and collaborative consultation experiences that will give an overall framework for relating specialized skills and interests to the rapidly changing field of school psychology.

The first semester of practicum will focus on gaining an understanding of school based mental health service delivery systems and will provide an orientation and experiences in basic group counseling skills. In addition, students will be required to participate in various activities related to full and individual evaluations that will build the skills needed to complete a school based psychological assessment from a problem solving practice perspectives. Resources for developing and evaluating research based and effective interventions will be explored.

Second semester of practicum will focus on continuing to develop skills in individual counseling and group counseling. Students will have the opportunity to complete required assignments from other classes at their sites during the second semester. During the second semester there are fewer assignments required for this course but more opportunities for students to become involved in other activities at their sites not necessarily dictated by this class. Students can discuss these activities in class and seek consultation in class as necessary.

The activities that will be engaged in during the practicum are based upon the following ten NASP Professional Standards:
<table>
<thead>
<tr>
<th>Standard 1: Data-Based Decision Making and Accountability</th>
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<tbody>
<tr>
<td>School psychologists have knowledge of varied methods of assessment and data-collection methods for identifying strengths and needs, developing effective services and programs, and measuring progress and outcomes.</td>
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<table>
<thead>
<tr>
<th>Standard 2: Consultation and Collaboration</th>
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<tr>
<td>School psychologists have knowledge of varied methods of consultation, collaboration, and communication applicable to individuals, families, groups, and systems used to promote effective implementation of services.</td>
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<thead>
<tr>
<th>Standard 3: Interventions and Instructional Support to Develop Academic Skills</th>
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<tbody>
<tr>
<td>School psychologists have knowledge of biological, cultural, and social influences on academic skills; human learning, cognitive, and developmental processes; and evidence-based curriculum and instructional strategies.</td>
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<table>
<thead>
<tr>
<th>Standard 4: Interventions and Mental Health Services to Develop Social and Life Skills</th>
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<tbody>
<tr>
<td>School psychologists have knowledge of biological, cultural, developmental, and social influences on behavior and mental health; behavioral and emotional impacts on learning and life skills; and evidenced-based supported strategies to promote social–emotional functioning and mental health.</td>
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<thead>
<tr>
<th>Standard 5: School-Wide Practices to Promote Learning</th>
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<tr>
<td>School psychologists have knowledge of school and systems structure, organization, and theory; general and special education; and empirically supported school practices that promote academic outcomes, learning, social development, and mental health.</td>
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<table>
<thead>
<tr>
<th>Standard 6: Preventive and Responsive Services</th>
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<tr>
<td>School psychologists have knowledge of principles and research related to resilience and risk factors in learning and mental health, services in schools and communities to support multi-tiered prevention, and empirically supported strategies for effective crisis response.</td>
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<thead>
<tr>
<th>Standard 7: Family-School Collaboration Services</th>
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<td>School psychologists have knowledge of principles and research related to family systems, strengths, needs, and culture; empirically supported strategies to support family influences on children’s learning, socialization, and mental health; and methods to develop collaboration between families and schools.</td>
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<thead>
<tr>
<th>Standard 8: Development and Learning</th>
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<tr>
<td>School psychologists have knowledge of individual differences, abilities, disabilities, and other diverse characteristics; principles and research related to diversity factors for children, families, and schools, including factors related to culture, context, individual, and role differences; and empirically supported strategies to enhance services and address potential influences related to diversity.</td>
</tr>
</tbody>
</table>
Standard 9: Research and Program Evaluation
School psychologists have knowledge of research design, statistics, measurement, varied data-collection and analysis techniques, and program evaluation methods sufficient for understanding research and interpreting data in applied settings.

Standard 10: Legal, Ethical, and Professional Practice
School psychologists have knowledge of the history and foundations of school psychology; multiple service models and methods; ethical, legal, and professional standards; and other factors related to professional identity and effective practice as school psychologists.

Some activities that will be engaged in during the practicum are based upon the following APA Competencies, Specifically IV, Application

9. Assessment: Assessment and diagnosis of problems, capabilities and issues associated with individuals, groups, and/or organizations
10. Intervention: Interventions designed to alleviate suffering and to provide health and well-being of individuals, groups, and/or organizations
11. Consultation: The ability to provide expert guidance or professional assistance in response to a client’s needs of goals.

During practicum, students will be exposed to school settings and/or cooperatives which will give them an opportunity to observe school psychologists, to gather information about school systems, and to understand interrelationships between the districts (i.e., potential employers and the systems in which they may eventually work as school psychologists) and the professional practice of school psychology within the public schools in the State of Illinois. Practicum assignments are designed to:

A. Enhance a student’s understanding of professional ethics and the law (NASP Standards 1, 2, & 10)
B. Enhance a student’s understanding of how to integrate assessment with educational interventions (NASP Standards 1, 2, 3, 4, & 8, APA Competency IV.9)
C. Enhance a student’s understanding of the structure of schools and how school psychologists fit into that structure (NASP Standard 6)
D. Enhance a student’s understanding of the scope of school-based mental health services (including system level prevention/intervention programs) and the availability of community resources and interagency collaboration (NASP Standards 4, 6, 7, & 9, APA Competency IV.11)
E. Enhance a student’s understanding and supervised practice of individual and group counseling skills (NASP Standards 4 & 5, APA Competency IV.10).

Communication

Working with your supervisor: The opportunity to form a mentor-mentee relationship with your site-based supervisor is perhaps one of the most important components of your practicum. There are several things you can do to get the best value out of this experience.
• **Be reliable:** That is, be present consistently and on time. Do what you have promised and complete it before it is needed. Be careful! Administer and score all standard instruments in accordance with the directions.

• **Be objective about your skills.** If you don’t know how to do something you are asked to do, be truthful and ask for direction in improving your skills. If you have particular skills that would be useful, don’t keep them a secret. Make yourself open to supervision. Be sure you understand how your supervisor chooses to make himself/herself available to you and ASK if you are unsure about what is expected of you.

• **Be useful.** Look for opportunities to take on tasks within your skill range. Find a teacher or teachers who welcome you to observe whenever you have free time or need to be out of the way of your supervisor. In addition, the assignments for practicum are estimated to take up about 1/3 of your time at your site. Therefore, you may have many opportunities to get engaged in a wide range of activities, including assisting your supervisor in additional assessment opportunities, observations, report writing, etc. View these as additional opportunities to learn.

• **Be congenial.** You will be helpful to your supervisor to the extent that you can relate effectively to the children and adults in your practicum setting.

• **Comply with the school district’s routines and procedures.** Wear any identification you are asked to wear, sign in and out of buildings as required, enter and leave by approved entrances, cooperate with fire drills, etc.

• **Be sensitive** to the culture, ethnicity, race, gender, age, and life style of those individuals with whom you work.

*Finally, if you encounter difficulty in working with your supervisor, the first person to discuss this with is your supervisor. If that doesn’t resolve the problem, talk to your Loyola practicum supervisor. It is not appropriate to discuss such matters with friends and/or classmates.*

It should be noted that the school psychology practicum usually works well if you carefully attend to the following issues. A course requirement is that you spend two regularly scheduled days per week at your practicum site. There may be times when you can spend even more days per week at your site. This may not be a school district where you are employed in any other capacity. The particular days of the week are to be collaboratively determined by you and your site-based supervisor. Some of the work you have to (or wish to) accomplish will need to be done beyond your regularly scheduled days. You will need to manage your own personal schedules accordingly. You also need to schedule your winter and spring breaks around the district’s breaks and not Loyola’s calendar.

**Email Information:**

*You must have a Loyola e-mail account.* Any announcements such as schedule changes, etc. will be made through your university e-mail account recorded on Sakai when you register for the class.
You might want to forward your Loyola account to your home account so that your Loyola email is rerouted. Remember, every time you switch e-mail providers while at Loyola, you must re-route your e-mail to your new address. You may use the Personal Account Manager on the website to re-route your email to your personal account. E-mail re-routing takes an hour to begin. Remember that re-routing only works on new messages; check your Loyola e-mail account for messages received before you re-routed.

Consultation with the Instructor

The best way to contact your instructor is by e-mail:
Dr. Rosario Pesce rpesce@luc.edu or yppsych@aol.com
Textbooks

Required Texts
These texts will be useful for your professional library and we encourage you to purchase these books since you will find them excellent resources for this year and the future.


Recommended Online Training

TF-CBT Online Training: Trauma Focused-Cognitive Behavioral Therapy (TF-CBT) Web online training program in TF-CBT at http://tfcbt.musc.edu This training will be a requirement for CIEP 544 in the Spring semester. Taking it might prove useful to students during the earlier part of practicum and will count for practicum hours if completed before the second semester begins.

Recommended Texts:


Internet-Based Courses:
- Using TF-CBT With Childhood Traumatic Grief http://ctg.musc.edu/?s=gkn0 (must have completed TF-CBT course first in order to take this one)
- Psychological First Aid https://learn.nctsn.org/course/index.php?categoryid=11

Internet-Based Resources:
- PBIS: www.pbis.org
- Intervention Central: www.interventioncentral.org
- IL Children’s Mental Health Partnership: www.icmhp.org
- UCLA School Mental Health Site: http://smhp.psych.ucla.edu
- ISBE: www.isbe.net
- ISPA: www.ilispa.org
- NASP: www.nasponline.org

Finding Evidence Based Programs Clearinghouses:
- The Campbell Collaboration (http://www.campbellcollaboration.org/)
- The Cochran Collaboration (http://www.cochrane.org)
- The National Registry of Evidence-Based Programs and Practices compiled by the Substance Abuse and Mental Health Services Administration (https://www.samhsa.gov/ebp-resource-center)
- The What Works Clearinghouse compiled by the Department of Education/Institute of Education Sciences (http://ies.ed.gov/ncee/wwc/)

Other Internet Based Resources:
- http://www.colorado.edu/cspv/blueprints/
  This Web site overviews the Blueprints for Violence Prevention project, which has identified prevention and intervention programs that meet a strict scientific standard of program effectiveness and have been shown to reduce or eliminate problem behaviors such as delinquency, aggression, violence, substance abuse, and school behavioral problems. Program effectiveness is based upon an initial review by CSPV and a final review and recommendation from an advisory board. Programs selected are based on “evidence of deterrent effect with a strong research design, sustained effect, and multiple-site replication” and programs are determined to be “promising” or “model.”
- https://www.ojjdp.gov/mpg
  The OJJDP Model Programs Guide site provides a searchable database of scientifically tested and proven programs that address a range of issues across the juvenile justice spectrum. The guide provides more that 175 prevention and intervention programs and helps communities identify those that best suit their needs. Users can search the guide’s database by program category, target population, risk and protective factors, effectiveness rating, and other parameters. Using four summary dimensions of program effectiveness (conceptual framework, program fidelity, evaluation design, and empirical evidence demonstrating positive impact on behavior), programs are rated as “promising,” “effective,” or “exemplary.”
This network, comprised of a partnership between the Rand Corporation and several state-level intermediary organizations, is dedicated to providing quality evidence-based information regarding programs to help the lives and outcomes of children. Programs are rated “proven” or “promising” based on the rigor of the research and the magnitude of the impact of the intervention or outcomes, or “screened” for programs that have not been reviewed by PPN staff, but have been shown to be effective by one or more credible organizations.

The Suicide Prevention Resource Center is a one stop site for anyone who is in studying suicide. The site has a lot of information on suicide in general, effective prevention, resources and program, trainings and events, news and highlights, and organizations dedicated to the topic. It publishes a weekly SPARC that covers timely topics and research in the field. The link above describes resources and programs.

Evaluation Procedures

**Grading:** In order to be considered for each of the following grades, students must meet the following criteria:
A: In order to earn an A, the student must participate in all required whole class activities (this means attendance at all scheduled class meetings and other required meetings), reliably participate in the assigned practicum site activities, and be recommended for a grade of A by the site-based supervisor. The student must successfully complete all required activities at a level of Mastery or higher.

B+: In order to earn a B+ the student must participate in all required whole class activities (this means attendance at all scheduled class meetings and other required meetings), reliably participate in the assigned practicum site activities, and be recommended for a grade of B+ by the site-based supervisor. The student must successfully complete all required activities at a level of Mastery.

B: In order to earn a B, the student must participate in all required whole class activities, reliably participate in the assigned practicum site activities, and be recommended for at least a grade of B by the site-based supervisor. The student must successfully complete all required activities at a level of Mastery. The successful completion of all required activities alone will result in a grade of B for the semester.

Grades of C, D, or F reflect less than satisfactory performance on one or more of the required components of the course, failure to reliably participate either in the class or the assigned practicum site activities, or the recommendation of your site-based supervisor that you receive a grade lower than B. If you receive a grade lower than a B during either semester you will not be approved for an internship.

The instructor has the right to override the point totals in borderline situations or extraordinary situations requiring judgment independent of the point system.

Attendance:

On-campus class attendance is required on specified dates. One or more additional required class sessions may be scheduled during the school year for featured speakers and/or other student-requested events. These will be announced in class, on Sakai, and you will be notified of such events via e-mail. Any absences should be communicated in advance with the instructor. Should an absence occur due to a condition at the student’s site, advance communication is required with supervisor copied. You are responsible for obtaining any information missed during your absence.

Assignments:

Each semester, several assignments will be required that will integrate theory, classroom learning and applied skills. As much as possible, it is a good idea to integrate the requirements into the daily work of your supervisor or the school in which you will be serving your practicum. All
required assignments are due at the date posted on the class meeting schedule and submitted using Word. Any reason for a late assignment should be communicated in advance with the instructor. Should an assignment be late due to a condition at the student’s site, advance communication is required with supervisor copied.

Please note that you will find examples of all the assignments and also other helpful documents in the Course Documents Folder found under Resources in Sakai. Please refer to such examples should you have any questions about the assignments.

**Assignment Grading Protocol:**

If assignments are due on a specific date, they are due on that date or earlier. *Unexcused late assignments will be reduced by 10%.*

**Resubmitting Work:** Some students could find one or two assignments especially challenging. If you would like to rewrite an assignment you may do this one time with instructor approval. The work will only be regarded if the original document and original rubric are handed in with the corrections. You may only have one rewrite on any assignment.

**Activity Logs and Monthly Reflections:**

Students are required to log all of their activities on the Excel log through Sakai for this course. Monthly reflections are to be submitted at the same time as the logs. Both are to be submitted on the first of each month through the Assignments tab on Sakai. To receive monthly credit, both must be submitted on time. A copy of the final log submitted to Live Text is required to document practicum hours for the purpose of internship.

**Assignments and Client Identification:**

As some assignments require reporting on students and others through counseling activities and full and individual evaluations, refrain from using students’ names, but instead use initials for counseling reports and pseudonyms for full and individual evaluations.

**Participation:**

This course does not utilize course content related quizzes, tests, or final exams. Moreover, as this course depends heavily on discussion and relevant issues from student’s sites, it is important that students be fully engaged in class activities. *Therefore, computer/smart phone use is not allowed (emailing, web surfing, texting) unless it is a directed part of a classroom activity.* If you need to use your computer for note-taking during class please check with the instructor prior to doing so for this class (you are asked to turn off the device’s Wi-Fi). If you need to have your smart phone on to receive important work or family communications please place it on vibrate and step out of the classroom to respond to a text or take a phone call.

**Site Visits:**

Dr. Pesce will be scheduling two site visits, one each semester, with you and your supervisor. At these visits you should be prepared to discuss what a typical day is for you during your practicum, special activities you have been involved in, and what else you would like to
accomplish during the practicum. Additional site visits will be provided as needed in order to assist any particular student in profiting from the practicum.

INCOMPLETE GRADE: All students will be given an incomplete grade at the end of the second semester. The grading for the second semester will occur once the student completes the school year of the site and all required assignments. This includes the submission of the Final Excel Log by Friday, JUNE 12th.

University-Wide Policies

CONCEPTUAL FRAMEWORK
The School of Education’s (SOE) conceptual framework, Social Action through Education (available at www.luc.edu/education/mission/), is exemplified in this course in a variety of ways. The course focuses on the direct application of psychology clinical and behavioral health services to prevent and address a variety of behavioral, academic, social-emotional and mental health needs of children, adolescents and families. Direct supervision of these skills will occur in applied clinical settings and through the university to improve services for individuals and families. Many of the clients and students that will receive the services the students provide are unlikely to receive them and are often marginalized in schools and other clinical environments, due to poverty, issues of racial equity and injustice, special education factors, sociocultural issues, identification as LGBTQ and other factors that result in a lack of access to adequate mental health, academic and behavioral services. The application of clinical skills in applied settings for students and families who need a range of support is the Social Action through Education that takes place through direct provision of psychological and psychoeducational services.

Conceptual Framework Standards: These conceptual framework standards reflect the SOE’s commitment to promote transformational learning within each student and will be fostered in class and in the field placement of students in practicum. It is expected that

- CFS1: Candidates critically evaluate current bodies of knowledge in school psychology
- CFS2: Candidates apply culturally responsive practices that engage diverse communities
- CFS3: Candidates demonstrate knowledge of ethics and social justice
- CFS4: Candidates engage with local and/or global communities in ethical and socially just practices

DISPOSITIONS
All students are assessed on one or more dispositional areas of growth across our programs: Professionalism, Inquiry, and Social Justice. The instructor will identify the dispositions assessed in this course and you can find the rubrics related to these dispositions in LiveText. For more information and specifics on the dispositions for school psychology, please refer to the Appendix found in the EdS and PhD Handbooks for our program.
DIVERSITY
In concert with the mission statement of the SOE, learning environments will be sensitive and driven by individual, cultural, social and economic diversity awareness and respect. With respect to providing a range of psychological and psychoeducational supports along a continuum, we will stress the importance of understanding the larger context by which an individual or family may function, which includes sensitivity to potential biases mental and behavioral health service providers bring to the table with respect to race, ethnicity, and culture. In the course, we also attend to disenfranchisement of particular groups in school/clinical settings and disparate access of subpopulations to mental and behavioral health treatment, inclusive of diverse racial and ethnic groups and others historically marginalized in our schools, such as those that identify as LGBTQ, individuals with disabilities, those that are homeless and living in poverty.

Loyola University Chicago
School of Education
Syllabus Addendum

Smart Evaluation
Towards the end of the course, students will receive an email from the Office of Institutional Effectiveness reminding them to provide feedback on the course. They will receive consistent reminders throughout the period when the evaluation is open, and the reminders will stop once they have completed the evaluation.

- The evaluation is completely anonymous. When the results are released, instructors and departments will not be able to tell which student provided the individual feedback.
- Because it is anonymous and the results are not released to faculty or departments until after grades have been submitted, the feedback will not impact a student’s grade.

Dispositions
All students are assessed on one or more dispositional areas of growth across our programs: Professionalism, Inquiry, and Social Justice. The instructor in your course will identify the dispositions assessed in this course and you can find the rubrics related to these dispositions in LiveText. For those students in non-degree programs, the rubric for dispositions may be available through Sakai, TaskStream or another platform. Disposition data is reviewed by program faculty on a regular basis. This allows faculty to work with students to develop throughout their program and address any issues as they arise.

LiveText
All students, except those who are non-degree, must have access to LiveText to complete the benchmark assessments aligned to the Conceptual Framework Standards and all other accreditation, school-wide and/or program-wide related assessments. You can access more information on LiveText here: LiveText.

Syllabus Addendum Link

- www.luc.edu/education/syllabus-addendum/

Center for Student Access and Assistance (CSAA)
Should you encounter an unexpected crisis during the semester (e.g., securing food or housing, addressing mental health concerns, managing a financial crisis, and/or dealing with a family emergency, etc.), I strongly encourage you to contact the Office of the Dean of Students by submitting a CARE Referral for yourself or a peer in need of support: www.LUC.edu/csaa. If you are uncomfortable doing so on your own, please know that I can submit a referral on your behalf.

This link directs students to statements on essential policies regarding academic honesty, accessibility, ethics line reporting and electronic communication policies and guidelines. We ask that you read each policy carefully.

This link will also bring you to the full text of our conceptual framework that guides the work of the School of Education – Social Action through Education.

Internship

Interviews for internships start shortly after the second semester begins in January. You should begin to contact districts as early as possible in the second semester to ensure that you have access to your choice of internships. At the annual Illinois School Psychologists Association Convention at the end of January held in Springfield, IL there is a job placement center where internship sites interview potential interns, but some districts begin interviewing well before this convention. All practicum students are expected to register for the Job Placement Center at the convention and, therefore, attend the convention for at least one day. Students are encouraged to
attend other parts of the convention if possible as the annual state convention affords students the opportunity to attend workshops and other professional development and social activities.

A candidate endorsed for internship by the program director may **contract for an internship in any district or community in the state of Illinois that has program approval from the University.** A student may complete an internship in the same district or co-op as their practicum, but it must be in a different school and with a different supervisor.

Students may not accept an internship offer until the date specified by university trainers which is a uniform date across the state of Illinois.

The Illinois State Board of Education’s Content Area Examination for School Psychology must be successfully passed before beginning internship along with the Praxis Exam for National Certification as a School Psychologist (NCSP).

Because of the structure of the practicum experience, the internship requirements cannot be fulfilled until the beginning of August.

**THE FINAL EXCEL SPREADSHEET, COMPLETED THROUGH THE END OF THE PRACTICUM, MUST BE TURNED IN BY JUNE 12th TO RECEIVE FINAL APPROVAL FOR THE INTERNSHIP.**

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**Activity: Excel Log and Reflection**

**Due Dates:** Oct. 1, Nov. 1, Dec. 1, Jan. 1, Feb. 1, March 1, April 1, May 1, June 1 or ?

**Turn-In Style:** Assignments on Sakai

**Goal:** To develop a sense of the different activities in which school psychologists are involved. This activity also provides you with an orientation to documentation of activities required during internship.

**Activity/Products --** There are three components to document the successful completion of this activity:
1) You will be required to keep an Excel spreadsheet of your activities and the amount of time you spend on each activity. The time should be reflected in quarter hours (e.g. 15 min. = .25 hours). In addition, you will need to maintain a list of assessments completed on the spreadsheet, as well as the number of students you work with from diverse backgrounds. The spreadsheet is available on Sakai. This will be extremely valuable information to you as you seek an internship and are asked what assessment methods you have used and populations with whom you have experience.

You must upload the excel spreadsheet monthly through the Assignments tab in Sakai.

2) You are to keep a daily appointment calendar. You are to number the days that you are at your site. Keep log appointments and meetings on your calendar. A day equals 7 hours. If there are factors unique to your site that impacts the number of hours that you may be on site, please notify the instructor. (You do not need to turn this in through the digital drop box and will keep this calendar for your own records.) Conferences and conventions are counted as Practicum attendance days.

3) You will complete a mini-reflection, comparable to the refection log you will keep during internship. You will turn in a monthly reflection. These reflections will not describe the events but rather your own personal response to the events at your practicum, how these events and your role as a practicum student is forming your professionalism as a school psychologist. You must include in the monthly title the number of days completed at your site up to the end of the month, e.g. August/September, 10 Days Completed.

For credit the log and reflection must both be turned in on time with each successful submission worth 10pts. 10pts per month=100 for the school year.

*Students beginning work in August and submitting this assignment on October 1st on time will receive 20 pts. Students working into June and submitting this assignment at the end of their time at their site will receive 20 pts. If students finish their time at their sites before the end of the month of May, turn this assignment in on June 1st. However, if students work into the month of June, then all of May and June hours can be turned in together at one time when students are finished at their sites. The final version of the Log must be uploaded to Live Text to your portfolio after reviewed by the instructor in the May/June Reflection/Log

Activity: Goals
Due Date: Sept. 17*
Turn-In Style: In Class

(NASP Standard 6)

Goal: To collaborate with your supervisor and establish goals and timelines for the full year practicum experience at the end of the first month of practicum.

Activity: With your cooperating school psychologist, complete the following:
1. What are your goals for this practicum experience?
2. Review the required activities for the class and discuss with your supervisor the logistics of how these can be accomplished at your site. Review optional assignments and decide which fit best into your practicum site. You should also consider what unique opportunities for
learning exist at your site and how you could best take advantage of them. Your supervisor is a superb source of information for such matters. Take the time to discuss other opportunities which may be unique to your site that would be beneficial as a part of your practicum experience.

3. For each goal, list one or more specific experiences you should have during your practicum experience that will lead you to your goal. In other words, take some time to think about what professional development goals you have for practicum and this specific placement and write down specific activities and experiences that you are planning to seek during this school year.

4. List any pre-requisite skills that are needed for the specific experiences you have identified, but that you don't yet have. This way you can work to acquire these skills before starting the experience.

5. Write a timeline for accomplishing these tasks within each semester. Include the schedule during which you will be at your field site. The goals and timeline must cover the whole academic year. The reason for looking at the whole year is to be able to begin to plot out activities such as when in-services and school holidays fall that may impact your activities, to examine when annual reviews and case studies come due that you may be able to participate in, to schedule ISPA conference attendance and begin looking at experiences that will be helpful to you before you apply for internships in January… etc…

Optional, but a good idea: Write a letter of introduction to send to the faculty explaining your role in the coming year.

Product: A completed goal sheet clearly addressing the five points outlined above that includes:
- Loyola student's signature, telephone number, and e-mail address
- Cooperating psychologist's signature, telephone number, and e-mail address

NOTE: Original Signatures are required to document that the plan has been developed collaboratively with the supervisor.

*There is flexibility with the date this assignment is due.

Activity: Sequential Observations
Due Date: Sept. 24
Turn-In Style: Assignments on Sakai

Goal: To learn what schools are like across grade levels.

Activity: Arrange to observe in each grade of your school on a sequential basis. That is, first go to observe in a kindergarten room, then in a first grade, then in a second grade, etc. through all the grades available to you. If you are at a high school, middle school, or junior high you might want to visit two subjects across grade levels (e.g. English and Science). At the high school you should observe in at least six classes. You will also need to observe at least one non-academic class (art, music, PE, industrial arts, home-ec), at any grade level. Then observe in one unstructured setting such as lunch, recess, or in the hall at passing time. Answer the following:

1. How does classroom structure tend to change as students get older?
2. How does independent work tend to change as students get older?
3. How does discipline tend to change as students get older?
4. How does socialization tend to change as students get older?
5. How does homework tend to change as students get older?
6. Describe how the curriculum unfolds over time across grade levels.
7. What did you observe that was different in the non-academic setting?
8. What did you observe in the unstructured setting?
9. As a school psychologist, why do you need to be aware of how expectations change over the years and in different environments?

**Product:** A description of the grade levels you observed and a written log which details the above nine questions and statements.

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**Group Counseling Activities Parts One, Two and Three**

(NASP Standards 1, 3, 4, 6, 8, 10; APA Competency IV.10)

*IT IS RECOMMENDED THAT YOU BEGIN THE SESSIONS AS SOON AS IT IS FEASIBLE.*

**Goal:** To facilitate a counseling group.

**Activity:** This group can be a short-term group that deals with one specific issue (divorce, new student, friendship, social skills training etc.). It is recommended that the focus of group reflect aspects of the Illinois State Board of Education’s social emotional learning standards. The group should meet at least for eight sessions and include at a minimum of four students.

NOTE: The expectation for this assignment is that as a novice, you will be conducting the group with another person. Most often this will be your supervisor, a school social worker, special
education classroom teacher, or counselor from an outside agency, etc. You are required to participate in planning and facilitating group activities.

**Products:** There are three components to this activity

1) **Written summary of introductory activities (Part One)**
2) **Weekly group summary for each group session (Part Two)**
3) **Final group counseling summary report (Part Three)**

All three parts of this assignment are turned in together two weeks following the group’s final session.

**Activity: Group Counseling Part One (40 pts)**
**Date Due:** (Before you start group)
**Turn-In Style:** Emailed to monitor at the Start of the Experience

**Introduction to the Group Counseling Activity:** Before the group starts, you will provide a description of each member of the group. This will help you to put the group activity into perspective and will provide you with critical ecological factors to consider in planning activities and evaluating outcomes. Include the following information

1. Purpose of the group in the overall mental health services delivery model within the school (system context). This would include a documentation of a form of a needs assessment that shows how the group activity was chosen.
2. Why each student was selected for this particular group: Describe the group composition and how the members were selected.
3. Each student’s, using pseudonyms or initials, academic and behavioral history (Background information)
   For each student in the group describe
   - Teacher concerns
   - Behavioral needs
   - Academic functioning
   - Family background
   - Relevant social, medical or developmental factors
   - Any previous data gathered relevant to the group (e.g. discipline referrals, homework completion, classroom sociograms, playground observations…)

4. What you hope each student will learn from the group, or your specific stated outcomes or goals for each student

5. Any specific dynamics you hope to facilitate within the group sessions

6. Define the goal or objective for the group in behavioral and measurable terms. This will be the most important factor in determining group outcomes for the purposes of the final summary of group activities and outcomes.
   - As you are required to present raw and analyzed data (charts, graphs, etc.) and an outcome summary of the progress the students have made in Part Three, make sure to include in Part One any type of measurement tool(s) that you will be using to obtain data.

Once reviewed, Part One will be returned to you scored and in a pdf form. Please keep this as you will need to upload it when you turn in your assignment.
Weekly progress notes: These are to be completed and submitted within four days after each session. Progress notes should be thoughtful. This is the only means other than your input during group supervision for the instructor and teaching assistant to keep up to date on the activities in your group and to provide feedback. The summaries also serve as documentation and as a self-evaluative tool in your skill development in counseling.

1. Keep progress notes using the prescribed template located on the next page after each session, with dates and time, in which you discuss
   a. The goal of the meeting and how it fits into the overall objective of the group
   b. The session structure---what activities were chosen for the session and why
   c. How the students reacted to the activity (note any unusual reactions from a student or students)
   d. Reflect on your reactions to the group’s behavior
   e. What you need to do to enhance the group for the next session
   f. Any follow up conversations about group members with teachers or parents

2. Keep the progress notes in one document so that as each is read by your counseling monitor, the monitor is able to refer to previously reviewed weekly notes.

3. Once reviewed after you last session, Part Two will be returned to you scored and in a pdf form. Please keep this as you will need to upload it when you turn in your assignment.
Group Counseling - Progress Notes Template

Practicum Student: _________________________________

Overall Goal of the Group:

Group Members Present: (initials only)

Grade Level: ______
Leader(s): (if you co-lead a group, circle who ran the group for the session)

Date: _______________ Session Number: _______

Goal of the Group Session:

How does this goal relate to the overall goal of the group?

Objective of the Session:

How does the objective of this session relate to the overall goal of the group?

Activity (Session Content) & how it relates to overall goal:

Evaluation of the Session
How the students reacted:

Your reactions to the group interactions:

What you would do differently:

Comment on Effective Affective Skills:

Next Session:

Activity: Group Counseling Part Three (40 pts) with Scored Parts One and Two
Summary Report
Due Date: Two weeks following the final session.  
Turn-In Style: Assignments on Sakai, Graded Version to LiveText

End of experience report: Summarize the growth each individual student made in the group. How did you measure this growth? Using behavioral terms and measurements are useful. Think about this as you begin the group. What was the overall goal in behavioral terms, what did the behaviors look like, what did you want the behaviors to look like at the end of the experience? You are required to present raw and analyzed data (charts, graphs, etc.) and an outcome summary of the progress the students have made.

Moreover, include in this part a description of your personal growth in terms of how you dealt with the challenges of group and the setting in which you provided it. How have you grown as a mental health professional as a result of this experience? Reflect on having worked with another person, the co-facilitator, on this assignment. This section should be given considerable thought and attention and should comprise about half of Part Three

When you complete Part Three upload it to Sakai along with the scored Parts One and Two.

Activity: Job Context of the School Psychologist Interviews  
Due Date: Nov. 19
(NASP Standard 6)

**Goal:** To investigate the range of role perceptions of school psychologists within a district and to practice your interviewing skills.

**Activity:** For this assignment, you will need to obtain some basic district information and then interview both your school psychologist practicum supervisor, an administrator, a general education teacher (someone who does not work in special education), and a special education teacher.

**Interview Components**

Basic District Information obtained from School Psychologist:
1. Name of School District:
2. Persons Interviewed, their titles, and their years of experience:
3. Description of School District:
   - Grade Levels Served
   - Urban/suburban/rural
   - Number of Students
   - Number of Teachers
   - Number of Psychologists (FTE = full time equivalent: $2 - \frac{1}{2} \text{time} = 1 \text{full time}$)
   - Psychologist to student ratio
   - Special education populations Served within the district
4. Written Job Description of Psychologist: (attach a copy obtained from the district or cooperative personnel office).
5. Summarize the district written eligibility requirements for LD, ED, ID, and OHI. This information is available in district special education procedures manual available from the special education coordinator or the cooperative.

**Sample questions for the school psychologist, administrator, special educator, and general education teacher:**
1. What do you see the role of the school psychologist in this district as being?
2. In what types of activities does the school psychologist take part?
3. What is the most important role of the school psychologist in this district?
4. How would you prioritize the responsibilities of the school psychologist?
5. If you could have the school psychologist do anything that is not in the job description what would it be?

**Reflective Post-interview Questions:** Use these questions to guide your information gathering during the interview, but wait until after completing the interview before formulating your opinions.
1. Compare and contrast the responses from the people you interviewed.
2. How are the psychologist’s, teacher’s and administrator’s perceptions of the school psychology role the same? Different? Why is this?
3. How would these perceptions impact on the psychologist’s job satisfaction?
4. Would this school district offer satisfying employment opportunities for you as a beginning school psychologist? Explain.
5. Would this school district offer enough flexibility for a psychologist to have a full range of work experiences? Explain.

**Product:** A written summary of the information you obtained about the district, your interviews and your reflections on the interview.
Activity: Two Full and Individual Evaluations
Due Dates: Both are due two weeks following the report out at the IEP
Turn in Style: Assignments on Sakai, graded version to Live Text for the second one

(NASP Standards 1, 2, 3, 4, 7, 8, 10; APA Competency IV. 9)

Goal: To follow two cases through to the point at which decisions are made using the evaluation data. In order to provide you with an opportunity to look at evaluation data from a psychometric perspective and a problem solving perspective the case study evaluations need to address BOTH OF THESE specific issues:

1. Student eligibility for special education services clearly identifying the district’s criteria for eligibility. The administration of standardized tests is usually part of these evaluations if appropriate. In order to examine for yourself the potential utility of these measures, you need to be able to administer and interpret these using the district eligibility criteria. Until school districts abandon the use of these measures, it is part of your responsibility to know how to correctly administer and interpret these data gathering measures.

2. Problem solving: Identification of student needs (target behaviors that could be either academic or behavioral in nature) and the development of interventions to address these needs. This will likely require that you do some observations and administer measures that your district may or may not be used to administering. In order to meet this requirement you will need to present target behaviors in behavioral terms (in other words, what is the student doing or not doing as described in an FBA. The target behavior can be academic or behavioral in nature. Identify a replacement behavior. (For example if the referral is academic, describe the student’s reading skill development utilizing CBM or CBE measures and identify targets for intervention and progress monitoring). DO NOT USE ELIGIBILITY STATEMENTS FOR THIS PART OF THE ASSIGNMENT. DO NOT USE SPECIAL EDUCATION SERVICE AS THE INTERVENTION. State specific behaviors and goals that are used in the student’s IEP for this part of the assignment.

Activity: Near the end of the first semester of your placement, identify two appropriate case study evaluations with your cooperating psychologist. These may be either initial case studies or re-evaluations. Determine which evaluation activities and instruments you will use for each evaluation with your cooperating school psychologist. (Note: you may or may not be allowed by your district to do all the psychological components and should do only the components for which you are competent.) Your participation must include at least one classroom observation for each case. Your reports should integrate educational implications with the assessment data. You must also participate in the IEP meeting.

REMEMBER USE PSEUDONYMS AND MISNOMERS FOR NAME, SCHOOL, TEACHER, ETC—DELETE ALL IDENTIFYING INFORMATION (e.g. last name, address, parent’s last name, etc…) ON THE ASSIGNMENT THAT YOU HAND IN TO PROTECT THE STUDENT’S PRIVACY.
Assignment will consist of several sections:

1. The case study evaluation report(s) written in the style and format required by your district. Unless your district is problem solving oriented, this is the source of basic discussions of psychometric tests administered and student eligibility for special education service.

2. A summary sheet for each evaluation that includes the following information (if the information is addressed in the included district report then indicate that the information is in the report):
   a. Referral Question(s) in behavioral terms. What answers was the team looking for through the assessment? If your district is very traditional, ask questions of the teacher or your supervisor to identify these.
   b. Summary of findings in reference to the referral question(s). List each of your referral questions; specifically answer the questions referencing your assessment results. (This is NOT the same as a summary of your test results)
   c. Based upon the assessment results, state what recommendations for strategies and interventions to address identified student needs you make. These need to be specific interventions and the interventions need to be directly tied to the assessment results. (This is not the same as a traditional recommendation section of a report.)
   d. How did you integrate and interpret the data in order to arrive at the recommended educational strategies and interventions?
   e. What was your role in the FIE process? (Social History, Medical History, Parent Interview, Observation, etc.)?
   f. What role did other school personnel play in the FIE process?
   g. What assessment procedures did you use? (List all procedure: record review, observations, normed testing, interviews, criterion referenced testing, CBM, etc)
   h. What assessment procedures did your cooperating psychologist use?
   i. Dates of Observation, Testing, and Meetings. (You MUST do an observation and include a written summary of the observation in this summary sheet if it was not included in the report).
   j. Record review and academic history.
   k. Vision and Hearing screening results and dates.
   l. Social history summary.
   m. Primary language spoken in the home/primary language of the child is defined with an explanation of how the primary language was determined
   n. If the child’s primary language is not English, how did his/her second language or culture impact the test results
   o. Medical History summary
   p. If standardized test scores were not listed in the report, list them in the summary. This must include subtest and factor scores as standard scores, with confidence intervals. If an LD teacher completed the achievement component of the case study you must include the subtest scores. ALL scores must be reported as standard scores with the confidence intervals listed.
   q. If the student is 14 or older, then a transition plan MUST be included.
r. If the student obtained an overall cognitive measure of 70 or below, then an adaptive behavior measure must be administered, scored and findings included in the summary report.

s. Reflection on reporting out the results at the IEP meeting.

t. What educational strategies and interventions did you take to the IEP meeting?

u. What determinations were made at the IEP meeting?

v. What suggestions did you make at the IEP meeting?

w. What goals, objectives, benchmarks and accommodations were finally put into the student's IEP? How did they relate to the assessment results?

Your supervisor needs to sign off on the copy of the report stating that you completed the FIE and attended and reported out at the IEP meeting. Use this form below and make sure to attach it to the summary sheet.

I confirm ____________________________ completed the attached case study evaluation.

LOYOLA STUDENT NAME

On ____________________________, _________________________________ presented the

DATE                                                                 LOYOLA STUDENT NAME

results of the evaluation at the IEP meeting.

_________________________________  _________________________________
SUPERVISOR SIGNATURE                            DATE
Activity: Alternate Site Visit
Due Date: Dec. 3
Turn-In Style: Assignments on Sakai

Goal: Spend a whole work day visiting a school psychologist (this counts as a practicum day) who provides services in a school that is culturally different from your site and/or this site might serve students whose average SES is different from your school’s site. Observe in the classrooms and observe the school psychologist. Keep notes about your observations. Talk with the school psychologist about how she or he perceives the role to be different from the role of the psychologist in your school.

Product: A written summary comparing your practicum site with what you saw at the alternative site. Include what you observed in the classrooms as well as the differences/similarities in the school psychologist’s role. Include the day’s log that documents what you did during the visit. Make sure to cover the following in order to get full credit:

1. Compare and contrast the setting and the students served
2. “ “… practice skills utilized by the psychologist at this site with yours
3. “ “… the role of the school psychologist in as many contexts that are relevant, e.g. involvement with families, classroom work, the community, contributions to school climate, etc., etc.

You must obtain the school psychologist’s signature to document your visit to obtain credit for this activity.

Name of School Psychologist: _______________________________
Signature of School Psychologist: ____________________________ Date: ____________
Name of School: ____________________________________________
Activity: Individual Counseling Parts One, Two and Three

(NASP Standards 1, 3, 4, 6, 8, 10; APA Competency IV.10)

Goal: To experience a one to one counseling relationship.

Activity: You will need to have one continuous individual counseling case during the second semester. (NOTE: If the student moves before you have completed the required 8 sessions, you will need to pick up another student and develop the case conceptualization for the new student).

Product:

1. A Case Conceptualization (Part One): Must be turned in no later than after the second session.
   a. Include IEP goals/objectives if relevant or use IEP-like sheet from Sakai
   b. Attach copy of rating scale, checklist, or other measure of progress
2. Complete and turn in Progress Notes (see template) after each session (Part Two)
3. Outcome summary report (Part Three)
   a. Update on progress of goal/objectives

All three parts of this assignment are turned in together two weeks following the last session.
Activity: Individual Counseling Part One (40pts)
Due Date: The start of your individual counseling experience, not beyond the second session.
Turn-In Style: Emailed to your Monitor

A Case Conceptualization stated within a Cognitive Behavioral context in which you:
- Describe student’s, using a pseudonym or initials, age, grade, & gender
- Define the student’s presenting problem in behavioral terms.
- Include any available test data.
- Discuss cultural context variables
- Review history and developmental milestones
- Define hypothesized cognitive variables
  1. Underlying beliefs
  2. Thinking and feeling patterns
  3. Behavior patterns
- Hypothesize behavioral antecedents and consequences
- Complete a clinical interview with the student and summarize the findings in the report
- Develop an anticipated treatment plan using behavioral and cognitive terms
- Include an IEP in terms of goals and objectives if the student is in a special education setting. If not, use the prototype sheet similar to an IEP form found on Sakai
- Indicate and include instrument or measure you will use to measure progress
- Hypothesize expected obstacles

Once reviewed, Part One will be returned to you scored and in a pdf form. Please keep this as you will need to upload it when you turn in your assignment.
Complete Progress Notes (see template) within **FOUR** days after EACH session:

i. Review the steps of the session structure
   1. Mood check in
   2. Homework review (as applicable)
   3. Agenda setting
   4. Session content
   5. Homework assignment (as applicable )
   6. Eliciting feedback

ii. List what was discussed, how the student behaved, how you reacted, why you reacted the way you did, what you could have done differently, comment on your effective affective skills.

iii. What do you plan on doing/discuss during the next session?

iv. Should you re-conceptualize the case conceptualization based upon new data?

v. If you have contact with teachers/and or parents regarding the student, this should be listed and described in your progress notes.

Come to class prepared to discuss the student’s progress.

Keep the progress notes in one document so that as each is read by your counseling monitor who can then refer to previously reviewed weekly notes.

Once reviewed after your last session, Part Two will be returned to you scored and in a pdf form. Please keep this as you will need to upload it when you turn in your assignment.
Progress Notes- Individual Counseling

Date: __________ Session: _________ Therapist: _______________

Student: _____________________ Grade: _________ Age: ________

Presenting Problem:
Session Goal (related to the presenting Problem):

Session structure:
  Mood check in:

  Homework review if appropriate:
  What was the homework, if none, explain rationale:
  Student’s response:

  Agenda setting:

  Summary of what was discussed (Session content):

  Homework assignment: (if none, explain rationale)

How did the student behave?

How did you react to the student’s behavior?

What could you have done differently?

Comment on effective affective skills:

What growth are you seeing towards the overall goal?

Plans for next session:

Do you need to re-conceptualize the case?

Contacts with teachers/parents:
Activity: Individual Counseling Part Three (40 pts) with Scored Parts One and Two
Outcome Summary Report
Due Date: Two weeks following the final session.
Turn-In Style: Assignments on Sakai, then Graded Version to LiveText

Once counseling is finished, write an outcome summary report where you summarize
- the overall issue for the child
- the goals you worked on during the year
- any changes in the IEP/Plan goals
- how you measured student growth
- raw and analyzed data (charts, graphs, etc.)
- the progress the student has made

Moreover, include in this part a description of your personal growth in terms of how you dealt with the challenges of the case and the setting in which you provided the counseling. How have you grown as a mental health professional as a result of this case? This section should be given considerable thought and attention and should comprise about half of Part Three.

When you complete Part Three upload it to Sakai along with the scored Parts One and Two.

Activity: PREPaRE WS1 Reflection
Goal: To apply the preventive and responsive services concepts learned in PREPaRE WS1 to your present site.

Due Date: April 21
Turn-In Style: Assignments on Sakai, Graded to LiveText
(NASP Standard 6; APA Competency IV.11)

In PREPaRE WS1 you learned the importance of balancing physical and psychological safety, termed by the US Department of Education as emotional safety. Psychological safety focuses on the emotional and behavioral well-being of students and staff. As described in the workshop it is enhanced by the establishment of school-wide systems of positive behavioral support, programs that foster social emotional learning, and initiatives that encourage school connectedness, and students’ internal and external resiliency. In addition, the mitigation of risk is fostered by assessment procedures such as those used in threat and suicide assessment. These efforts all require extensive collaboration with other resources within and outside of school. (Slides 30-42, CD Handout 27)

Comprehensive district and school safety teams focus on overall safety and prevention programming. These teams set the tone and direction for safe school initiatives at both the district and school levels, with their primary focus being proactive prevention and mitigation initiatives and programming. These teams are responsible for carrying out the safety plans at the district and school levels which link school climate, related safety issues and prevention efforts to academic and social-emotional programming. You will find slides from the Pre-Workshop 9-11 and from the Workshop 47-49 along with handouts 4, 5, 6, 21, & 22 quite helpful as a review.

Activity: Review the slides and handouts cited above. If you wish to gather more background information on the content discussed through these slides refer to Reeves, Kanan, and Plog (2010), Doll and Cummings (2008), and information at www.casel.org

1. Together with your supervisor fill out these two sections of the School Building Vulnerability Assessment, Handout 26: Behavioral Interventions (pg. 3) and Conduct (pgs. 9 & 10). If you work at more than one school, choose one. Make sure to add additional comments if relevant.
2. Pick one of the areas that you marked as requiring either immediate attention or attention soon. Include why you picked this area.
3. Describe how you will research and evaluate evidence based programs that might be effective in your school. Be sure to include the rationale for the choice of the recommendation.
4. An activity such as this would be done by the district and/or school safety team. Who at your school and/or district would be appropriate members of such teams? Remember it is important to consider not only the roles these people play but also the leadership and personality characteristics they might possess as described on slide 47.

Product: Attach the completed Vulnerability Assessment sheets to a not less than five (5) page double spaced summary addressing points 2, 3 and 4 listed above.
You will provide a reflection of the personal growth and challenges you have encountered during the year and how this experience has impacted you and your thoughts on providing services to children in the schools in a manner which is culturally sensitive and just for all children and families.
APPENDIX

The rubrics for these portfolio assignments that are also found in Live Text

**Group Counseling Rubric**

<table>
<thead>
<tr>
<th>Integration of Case Components</th>
<th>Exceeds Standard</th>
<th>Meets Standard</th>
<th>Partially Meets Standard</th>
<th>Does Not Meet Standard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candidate demonstrates comprehensive knowledge of the group counseling experience by thoroughly completing all three components of the group counseling assignment. The three components of the assignment are integrated to represent the sequential nature of group counseling.</td>
<td>Candidate demonstrates knowledge of the group counseling experience. The three components of the assignment are included and integrated to represent the sequential nature of group counseling.</td>
<td>Candidate demonstrates limited knowledge of the group counseling experience. Assignment is missing one or more of the three components.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Case Conceptualization</th>
<th>Exceeds Standard</th>
<th>Meets Standard</th>
<th>Partially Meets Standard</th>
<th>Does Not Meet Standard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candidate thoroughly completes all components of the group’s framework and plan, including the introduction. Candidate demonstrates a complete understanding of the group members’ backgrounds. Candidate defines the goals or outcomes of the group in very clear behavioral and measurable terms.</td>
<td>Candidate completes all components of the group’s framework and plan, including the introduction. Candidate demonstrates an understanding of the group members’ backgrounds. Candidate defines the goals or outcomes of the group in behavioral and measurable terms.</td>
<td>Candidate adequately completes all components of the group’s framework and plan. Candidate provides minimal information about group members’ background. Candidate sufficiently defines the goals or outcomes of the group in behavioral and measurable terms.</td>
<td>Candidate does not complete all components of the group counseling introduction or provides minimal information about the group members’ background, or does not include group goals and objectives.</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Progress Notes</th>
<th>Exceeds Standard</th>
<th>Meets Standard</th>
<th>Partially Meets Standard</th>
<th>Does Not Meet Standard</th>
</tr>
</thead>
<tbody>
<tr>
<td>Candidate turns in complete progress notes on time according to the template after each session. Candidate occasionally includes other aspects of the</td>
<td>Candidate turns in complete progress notes on time according to the template after each session. Candidate includes responding</td>
<td>Candidate turns in progress notes late according to the template after two or more sessions. Candidate includes responding to most items on the template</td>
<td>Candidate fails to regularly turn in progress notes after group sessions.</td>
<td></td>
</tr>
<tr>
<td>End of Assignment Report</td>
<td>Thorough summary report addresses all areas completely, demonstrating growth and understanding of the counseling process.</td>
<td>Summary report addresses all areas, demonstrating growth and understanding of the counseling process</td>
<td>Summary report addresses most areas, adequately demonstrating growth and understanding of the counseling process</td>
<td>Incomplete summary report or candidate does not demonstrate growth and understanding of the counseling process</td>
</tr>
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<td>--------------------------</td>
<td>-------------------------------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Total Assessment</td>
<td>At least all but one section rated as Exceeds Standard. No section rated as Partially Meets Standard or Does Not Meet Standard.</td>
<td>All sections rated as Exceeds Standard or Meets Standard. No section rated as Partially Meets Standard or Does Not Meet Standard.</td>
<td>Any Partially Meets Standard rating will result in an overall rating of Partially Meets Standards. No section rated as Does Not Meet Standard.</td>
<td>Any Does Not Meet Standard rating will result in an overall rating of Does Not Meet Standard.</td>
</tr>
<tr>
<td>Overall</td>
<td>Exceeds Standard</td>
<td>Meets Standard</td>
<td>Partially Meets Standard</td>
<td>Does Not Meet Standard</td>
</tr>
</tbody>
</table>

Full and Individual Evaluation Rubric
<table>
<thead>
<tr>
<th><strong>Integration of Case Study Components</strong></th>
<th><strong>Exceeds Standard</strong></th>
<th><strong>Meets Standard</strong></th>
<th><strong>Partially Meets Standard</strong></th>
<th><strong>Does Not Meet Standard</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>N/A</td>
<td>Candidate follows case study through several stages by completing ALL required components and by demonstrating the ability to develop appropriate interventions.</td>
<td>Candidate fails to thoroughly address 3 or more of the components of the FIE, while demonstrating adequate ability to develop interventions.</td>
<td>Candidate fails to thoroughly address 3 or more of the components of the FIE, while demonstrating inadequate ability to develop interventions.</td>
<td></td>
</tr>
</tbody>
</table>

| **Background Knowledge** | Candidate provides a thorough review of background information pertinent to the case study. | Candidate provides an adequate review of background information pertinent to the case study. | Candidate provides a marginal review of background information pertinent to the case study. | Candidate does not provide an adequate review of background information. |

| **Referral Question** | Referral questions specifically answered referencing test results. | Referral questions adequately answered referencing test results | Referral questions partially answered referencing test results | Referral questions do not reference test results. |

| **Psychometric Tests** | Psychometric tests thoroughly administered and student eligibility for special education service clearly based on these results. | Psychometric tests adequately administered and student eligibility for special education service based on these results. | Limited psychometric tests administered or student eligibility for special education service not based on test results. | Limited psychometric tests administered and student eligibility for special education service not based on test results. |

| **Interventions and Recommendations** | Interventions are based on thorough integration and interpretation of the data | Interventions are based on an adequate integration and interpretation of the data. | Interventions are partially based on an adequate integration and interpretation of the data. | Interventions are not based on an adequate integration and interpretation of the data. |

| **Total Assessment** | At least all but one section rated as Exceeds Standard. No section rated as Partially Meets Standard or Does Not Meet Standard. | All sections rated as Exceeds Standard or Meets Standard. No section rated as Partially Meets Standard or Does Not Meet Standard. | Any Partially Meets Standard rating will result in an overall rating of Partially Meets Standards. No section rated as Does Not Meet Standard. | Any Does Not Meet Standard rating will result in an overall rating of Does Not Meet Standard. |

| Overall | Exceeds Standard | Meets Standard | Partially Meets Standard | Does Not Meet Standard |

**Individual Counseling Case Report Rubric**
<table>
<thead>
<tr>
<th></th>
<th>Exceeds Standard</th>
<th>Meets Standard</th>
<th>Partially Meets Standard</th>
<th>Does Not Meet Standard</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Integration of Case Components</strong></td>
<td>Candidate demonstrates total knowledge of the steps of the individual counseling case by thoroughly completing all of the components of the individual counseling case. The components of the assignment are integrated to represent the sequential nature of individual counseling.</td>
<td>Candidate demonstrates knowledge of the steps of the individual counseling case and completes the components of the individual counseling case.</td>
<td>Candidate demonstrates some knowledge of the steps of the individual counseling case.</td>
<td>Candidate demonstrates very little knowledge of the steps of the individual counseling case.</td>
</tr>
<tr>
<td><strong>Case Conceptualization</strong></td>
<td>Candidate thoroughly completes all components of the case conceptualization demonstrating a deep understanding of the client's background and develops an exceptionally thorough treatment plan with behavioral goals.</td>
<td>Candidate adequately completes all components of the case conceptualization, demonstrating a sufficient understanding of the client's background with an appropriate treatment plan and behavioral goals.</td>
<td>Candidate completes most components of the case conceptualization but displays an insufficient understanding of the client's background, and/or develops an inappropriate treatment plan without behavioral goals.</td>
<td>Candidate completes few components of the case conceptualization and displays an insufficient understanding of the client's background and develops an inappropriate treatment plan without behavioral goals.</td>
</tr>
<tr>
<td><strong>IEP Prototype</strong></td>
<td>N/A</td>
<td>Candidate completes an IEP/Plan summary form that includes the overall goals of the student and adequately describes how goals will be measured.</td>
<td>Candidate completes an IEP/Plan summary form and fails to adequately describe the overall goals of the student or fails to describe how goals will be measured.</td>
<td>Candidate completes an IEP/Plan summary form and fails to include the overall goals of the student and fails to describe how goals will be measured.</td>
</tr>
<tr>
<td><strong>Progress Notes</strong></td>
<td>N/A</td>
<td>Candidate turns in progress notes according to template after each session addressing all items on the template, including mood check-in, homework review, agenda, setting, session content, homework assignment, eliciting feedback.</td>
<td>Candidate turns in progress notes late according to the template after two sessions. Candidate includes responding to most items on the template</td>
<td>Candidate fails to regularly turn in progress notes after client sessions.</td>
</tr>
<tr>
<td><strong>Summary Notes</strong></td>
<td>Thorough summary report addresses all areas completely and candidate demonstrates growth and understanding of the counseling process.</td>
<td>Summary report addresses all areas adequately, which demonstrated candidate growth and understanding of the counseling process.</td>
<td>Summary report addresses all areas adequately but candidate does not demonstrate growth and understanding of the counseling process.</td>
<td>Incomplete summary report and candidate does not demonstrate growth and understanding of the counseling process.</td>
</tr>
</tbody>
</table>
The counseling process.

<table>
<thead>
<tr>
<th>Total Assessment</th>
<th>At least all but one section rated as Exceeds Standard. No section rated as Partially Meets Standard or Does Not Meet Standard.</th>
<th>All sections rated as Exceeds Standard or Meets Standard. No section rated as Partially Meets Standard or Does Not Meet Standard.</th>
<th>Any Partially Meets Standard rating will result in an overall rating of Partially Meets Standards. No section rated as Does Not Meet Standard.</th>
<th>Any Does Not Meet Standard rating will result in an overall rating of Does Not Meet Standard.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Overall</td>
<td>Exceeds Standard</td>
<td>Meets Standard</td>
<td>Partially Meets Standard</td>
<td>Does Not Meet Standard</td>
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</tbody>
</table>

PREPaRE WS1 Reflection Rubric
<table>
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<tr>
<th></th>
<th><strong>Exceeds Standard</strong></th>
<th><strong>Meets Standard</strong></th>
<th><strong>Partially Meets Standard</strong></th>
<th><strong>Does Not Meet Standard</strong></th>
</tr>
</thead>
<tbody>
<tr>
<td>Vulnerability Assessment</td>
<td>Candidate completes all items from the assigned Vulnerability Assessment pages thoroughly with all relevant columns addressed, including additional comments.</td>
<td>Candidate completes all items from the assigned Vulnerability Assessment pages thoroughly with all relevant columns addressed.</td>
<td>Candidate completes most items from the assigned Vulnerability Assessment pages.</td>
<td>Candidate completes half or fewer of the items from the assigned Vulnerability Assessment pages.</td>
</tr>
<tr>
<td>Choosing an area for intervention</td>
<td>Candidate identifies more than one area marked as requiring either immediate attention or attention soon. Candidate compares/contrasts the areas and includes rationale for the choice of one over the other.</td>
<td>Candidate identifies one of the areas marked as requiring either immediate attention or attention soon and includes rationale for such a choice.</td>
<td>Candidate identifies one of the areas marked as requiring either immediate attention or attention soon.</td>
<td>Candidate identifies one of the areas marked as requiring either immediate attention.</td>
</tr>
<tr>
<td>Choosing a program</td>
<td>Candidate cites relevant research from multiple sources in the rationale for choice including but not limited to clearinghouses and databases. Candidate clearly explains why the program is feasible citing relevant features of the program that match the context of the school across multiple dimensions.</td>
<td>Candidate cites relevant research from multiple sources in the rationale for choice including but not limited to clearinghouses and databases.</td>
<td>Candidate cites relevant research from books and articles in the rationale for choosing a program of choice.</td>
<td>Candidate cites minimal relevant research from books and articles in the rationale for choosing a program of choice.</td>
</tr>
<tr>
<td>Members of the Safety Team</td>
<td>Candidate lists members from the categories of personnel/stakeholders from Handouts 3 and 4 of the WS1 workbook and provides rationale for including these people. Rationale includes a description of the relevant leadership and personality characteristics that members bring to the</td>
<td>Candidate lists members from the categories of personnel/stakeholders from Handouts 3 and 4 of the WS1 workbook and provides rationale for including these people. Rationale includes a description of the relevant leadership and personality characteristics that</td>
<td>Candidate lists members from the categories of personnel/stakeholders from Handouts 3 and 4 of the WS1 workbook.</td>
<td>Candidate lists few members from the categories of personnel/stakeholders from Handouts 3 and 4 of the WS1 workbook.</td>
</tr>
</tbody>
</table>
team. Candidate also explains how participants might be invited to be included on the team and the manner in which active participation could be enhanced.

### Total Assessment

<table>
<thead>
<tr>
<th>Overall</th>
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<td>At least all but one section rated as Exceeds Standard. No section rated as Partially Meets Standard or Does Not Meet Standard.</td>
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<td>Any Does Not Meet Standard rating will result in an overall rating of Does Not Meet Standard.</td>
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