

PSYCHOLOGY OF ADOLESCENCE
CPSY 458
Summer 2016

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COURSE OBJECTIVES:

The focus of this course is an advanced examination of the processes, contexts, and clinical issues associated with adolescent development. The course is geared toward professional, graduate-level students who have a background in human development (e.g., CPSY 454) and who intend to work with adolescents in clinical, school, or other applied settings. There will be an emphasis on understanding normal developmental processes as well as the contexts which compromise adolescent mental health and well being. Specific objectives of this course include: (1) Gaining a basic understanding of the adolescent developmental issues (e.g., factual knowledge, methods, principles, generalizations, theories), (2) Learning to apply course material to your work (to improve thinking, problem solving, and decisions), and (3) Developing specific skills, competencies, and points of view needed by professionals in the field.

REQUIRED TEXT (please check Loyola's EBL collection):

Lerner, R. M. & Steinberg, L. (2009). *The Handbook of Adolescent Psychology*. Volume I
Wiley & Sons: Hoboken, NJ.
ISBN: 978-0-470-14920-1

Additional Readings (see below)

COURSE REQUIREMENTS:

1. Class participation (20%): This is a graduate level, seminar-style class and as such, requires that all students attend class prepared to engage in discussions of the readings and their applications. Participation will be in small and large groups.
2. Case Study (40%): You will be asked to prepare an in-depth analysis of one particular individual's experience of adolescent development. We will watch a documentary in class that traces the lives of several individual adolescents and you will be asked to a) identify the major developmental issues facing the subject (cognitive, social, moral, vocational, etc.) and b) discuss how environmental contexts (family, school, friends, culture) contribute positively and/or negatively to the adolescent's development. In-class assignment, June 16, 2016.

3. Research Paper (40%): You will be asked to research a particular topic of interest to you (e.g., a special population, clinical issues, etc.). You should present the status of the literature in whatever area you choose (i.e., what do we know, what is still unknown). Approve your topic with the instructor. Length: 10-12 pages. Due date: June 30, 2016.

Course Emphases:

Social Action through Education: As a professional counselor, higher education professional, school psychologist or counseling psychologist you can be a vehicle for justice in what ever setting you work. Issues of oppression, privilege, access, opportunity, inclusion, exclusion, discrimination and bias occur throughout our society. You will be in a unique position to apply the knowledge base of your profession and the skills that you will acquire in an ethical and reflective manner that promotes the self-development and self-determination of others. This class is designed to help you consider social action as a critical aspect of your professional work. The School of Education conceptual framework is described here: www.luc.edu/education/mission/

Diversity: Your program is committed to issues of diversity including, but not limited to, race, gender, sexual orientation, social class, ethnicity, ability status. This class is designed to facilitate your development as a culturally competent professional, able to work effectively with diverse clients and communities.

Dispositions: The dispositions of *Professionalism and Fairness* will be assessed in this class. Professionalism is assessed by examining your conduct as a student both in your interactions with the instructor as well as other students. Students who show impairment in this regard may be assessed as deficient. Students who exhibit exemplary conduct will be assessed as such on this dimension. Fairness is an indication of how you perceive your future clients in terms of social justice issues. Students who show impairment in this regard may be assessed as deficient. Students who exhibit exemplary conduct will be assessed as such on this dimension.

COURSE SCHEDULE

Date:	Topic:	Readings:
May 24	Introduction	Ch. 1
May 26	Cognitive, biological, social development	Ch 4 5 6 7 8
May 31	Adolescent Sexuality	Articles, Ch 14
June 2	Adolescent Leisure	Articles
June 7	Family Context	Articles, Ch 11

June 9	Peer and School Contexts	Articles, Ch 12
June 14	Cultural Contexts	Articles, Ch 10 13 17
June 16	Case Analysis Project (Mid-term)	
June 21	Affective Disorders, Self-injurious behavior, Suicide & Eating Disorders	Articles, Ch. 19
June 23	Conduct Disorder, Substance Abuse and Antisocial Behavior	Articles, Ch. 20 21
June 28	Treatment Issues	Articles
June 30	Prevention and Policy Final Papers Due	Articles, Ch. 15 16

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Articles:

Leisure:

Ferguson, C.J, Rueda, S.M., Cruz, A.M., Ferguson, D.E., Fritz, S., Smith, S.M. (2008). Violent video games and aggression: Causal relationship or byproduct of family violence and intrinsic violence motivation? *Criminal Justice and Behavior*, 35, 311-332.

Kaiser Family Foundation. (2010). *Generation M²: Media in the Lives of 8- to 18-Year-Olds*. 15-18.

Ward, L. & Friedman, K. (2006). Using TV as a Guide: Associations Between Television Viewing and Adolescents' Sexual Attitudes and Behavior. *Journal of Research on Adolescence*, 16, 133-156.

Wolf, S., Aber, J. L., & Morris, P. A. (2015). Patterns of time use among low-income, urban minority adolescents and associations with academic outcomes and problem behavior. *Journal of Youth and Adolescence*, 44, 1208-1225.

Sexuality:

- Martin-Storey, A. (2015). Prevalence of dating violence among sexual minority youth: Variation across gender, sexual minority identity and gender of sexual partners. *Journal of Youth and Adolescence*, *44*, 211-224.
- Ream, G.L., & Savin-Williams, R.C., (2005). Reciprocal associations between adolescent sexual activity and quality of youth–parent interactions. *Journal of Family Psychology*, *19*, 171-179.
- Robinson, M., Holmbeck, G., & Paikoff, R. (2007). Self-esteem enhancing reasons for having sex and the sexual behaviors of African American adolescents. *Journal of Youth and Adolescence*, *36*, 453-464.

Family:

- Cumsille, P., Darling, N., & Martínez, M. L. (2010). Shading the truth: The patterning of adolescents' decisions to avoid issues, disclose, or lie to parents. *Journal of Adolescence*, *33*(2), 285-296.
- Moum, T., Roysamb, E., Storksen, I., & Tambs, K. (2005). Adolescents with a childhood experience of parental divorce: a longitudinal study of mental health and adjustment. *Journal of Adolescence*, *28*, 725-739.
- Riina, E. M., & McHale, S. M. (2014). Bidirectional influences between dimensions of coparenting and adolescent adjustment. *Journal of Youth and Adolescence*, *43*, 257-269.
- Updegraff, K. A., Thayer, S. M., Whiteman, S. D., Denning, D. J., & McHale, S. M. (2005). Relational aggression in adolescents' sibling relationships: links to sibling and parent-adolescent relationship quality. *Family Relations*, *54*, 373-386.

Peer:

- Card, N. A., Stucky, B.D., Sawalani, G.M., Little, T. (2008). Direct and indirect aggression during childhood and adolescence: A meta-analytic review of gender differences, intercorrelations, and relations to maladjustment. *Child Development*, *79*, 1185-1229.
- Pagano, M. & Hirsch, B. (2007). Friendships and romantic relationships of Black and White adolescents. *Journal of Child and Family Studies*, *16*, 347-357.
- Way, N. (2013). Boys' friendships during adolescence: Intimacy, desire, and loss. *Journal of Research on Adolescence*, *23*, 201–213.

School:

Finn, J. D., Gerber, S. B., & Boyd-Zaharias, J. (2005). Small classes in the early grades, academic achievement, and graduating from high school. *Journal of Educational Psychology, 97*, 214- 223.

Suh, S. & Suh, J. (2007). Risk factors and levels of risk for high school dropouts. *Professional School Counseling, 10*, 297-306.

Greenberg, M. T., Weissberg, R. P., O'Brien, M. U., Zins, J. E., Fredericks, L., Resnik, H., and Elias, M. J. (2003). Enhancing school-based prevention and youth development through coordinated social, emotional, and academic learning. *American Psychologist, 58*, 466-474.

Culture:

Garbarino, J. (2001). An ecological perspective on the effects of violence on children. *Journal of Community Psychology, 29*, 361-378.

Gaylord-Harden, N. K. & Cunningham, J.A. (2009). The impact of racial discrimination and coping strategies on internalizing symptoms in African American youth. *Journal of Youth & Adolescence, 38*, 532-543.

Harper, G., Brodsky, A., & Bruce, D. (2012). What's good about being gay? Perspectives from youth. *Journal of LGBT Youth, 9*, 22-41.

Antisocial Behavior:

Dahlberg, L. L. & Potter, L. B. (2001). Youth violence: Developmental pathways and prevention challenges. *American Journal of Preventive Medicine, 20*, 3-14.

Meldrum, R. C., Barnes, J. C., & Hay, C. (2015). Sleep deprivation, low self-control, and delinquency: A test of the strength model of self control. *Journal of Youth and Adolescence, 44*, 465-477.

Substance Abuse:

Kilpatrick, D. G., Acierno, R., Saunders, B., Resnick, H. S., Best, C., & Schnurr, P. P. (2000). Risk factors for adolescent substance abuse and dependence: Data from a national sample. *Journal of Consulting and Clinical Psychology, 68*, 18-30.

Suicide and Self-Injurious Behavior:

Goldston, D., Molock, S., Whitbeck, L., Murakami, J., Zayas, L. & Hall, G. N. (2008). Cultural considerations in adolescent suicide prevention and psychosocial treatment. *American Psychologist, 63*, 14-31.

Nock, M. & Prinstein, M. (2004). A Functional Approach to the Assessment of Self-Mutilative Behavior. *Journal of Consulting and Clinical Psychology*, 72, 885-890.

Treatment:

O'Connor, C. (1994). Illinois adolescents' rights to confidential health care. *Illinois Bar Journal*, 82.

Kazdin, A. E. (1993). Adolescent mental health: Prevention and treatment programs. *American Psychologist*, 48, 127-141.

Lee, C.M., Horvath, C. & Hunsley, J. (2013). Does it work in the real world? The effectiveness of treatments for psychological problems in children and adolescents. *Professional Psychology: Research and Practice*, 44, 81-88.

Prevention & Policy:

Nation, M., Crusto, C., Wandersman, A., Kumpfer, K., Seybolt, D., Morrissey-Kane, E., & Davino, K. (2003). What works in prevention: Principles of effective prevention programs. *American Psychologist*, 58, 449-456.

Steinberg, L., Cauffman, E., Woolard, J., Graham, S., & Banich, M. (2009). Are adolescents' less mature than adults? *American Psychologist*, 64, 583-564.

Walcott, C., Meyers, A., & Landau, S. (2008). Adolescent sexual risk behaviors and school-based sexually transmitted infection/HIV prevention. *Psychology in the Schools*, 45, 39-51.

Academic Honesty

Academic honesty is an expression of interpersonal justice, responsibility and care, applicable to Loyola University faculty, students, and staff, which demands that the pursuit of knowledge in the university community be carried out with sincerity and integrity.

The School of Education's Policy on Academic Integrity can be found at:

www.luc.edu/education/resources/academic-policies/academic-integrity/

For additional academic policies and procedures refer to:

www.luc.edu/education/resources/academic-policies/

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available at: www.luc.edu/sswd/

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Loyola University Chicago has implemented EthicsLine Reporting Hotline, through a third party internet & telephone hotline provider, to provide you with an automated and anonymous way to report activities that may involve misconduct or violations of Loyola University policy. You may file an anonymous report here [on-line](#) or by dialing 855-603-6988. (within the United States, Guam, and Puerto Rico)

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www.luc.edu/media/lucedu/education/pdfs/SOE_Netiquette_Guidelines.pdf
www.luc.edu/its/itspoliciesguidelines/index.shtml

IDEA Course Evaluation Link for Students

At the end of this course, you will need to provide an evaluation via the IDEA Campus Labs website: <http://luc.edu/idea/> by going to the *Student IDEA Log In*.

LiveText

LiveText is used to complete the benchmark assessments aligned to the Conceptual Framework Standards and all other accreditation, school-wide and/or program-wide related assessments. Use this link for additional information about [LiveText](#).