WELLNESS CENTER
CARING FOR YOURSELF
ASHLAR WELCOMES YOU TO LOYOLA!
WELLNESS CENTER 101

WHO?

Doctors
Mental Health Professionals
Nurse Practitioners
Sexual Assault Advocates
Nurses
Health Educators
Registered Dietitian
Lab Technician
Administrative Staff and Peer Health Educators
WELLNESS CENTER 101

WHERE?

• 2 locations
  – LSC: 6439 N. Sheridan, 3rd floor
  – WTC: 26 E. Pearson, 2nd floor
WELLNESS CENTER 101

WHEN?

• Academic Year Hours
• Monday-Friday

Emergency and Urgent Care locations available on the website
WELLNESS CENTER 101

WHAT?

Medical care:
• Acute illnesses
• STI/HIV testing
• Gynecology

Mental Health:
• Brief Counseling
• Group Counseling

Services are FREE!*
Don’t bill insurance

*Some lab tests may carry a small fee
WELLNESS CENTER 101

HOW?

• Dial-A-Nurse
  773-508-8883

• Online Scheduling
  luc.edu/wellness

• The Line
  773-494-3810
A NOTE ON COVID-19

If you have questions about COVID-19, visit luc.edu/coronavirus

If you have questions about COVID-19 symptoms, call Dial-A-Nurse at 773-508-8883
SOCIAL MEDIA

Instagram:
@loyolawellnesscenter
@ashlarthetherapydog
NEWSLETTER

Every Monday

• Upcoming programs
• Health news
• Recipes
• …and more!
IMMUNIZATIONS

State requirement
• 2 step process:

1. Enter in LOCUS

2. Submit a copy via email or fax to the Wellness Center (wellnesscenter@luc.edu; Fax-773-508-2505)

• May be a non-compliance fee
ALCOHOL

ALCOHOL DOES NOT GIVE YOU WINGS

DRINKING IMPAIRS JUDGMENT AND CAN MAKE US FEEL INVINCIBLE. 16% OF LOYOLA STUDENTS HAVE INJURED THEMSELVES OR OTHERS WHILE DRINKING ALCOHOL.

LOYOLA WELLNESS CENTER LEARN MORE AT LUC.EDU/WELLNESS

DONT LET YOUR ALTER EGO BE A VILLAIN

39% OF LOYOLA STUDENTS HAVE DONE SOMETHING THEY REGRET WHEN DRINKING. ALCOHOL HEIGHTENS EMOTIONS AND IMPAIRS JUDGMENT.

LOYOLA WELLNESS CENTER LEARN MORE AT LUC.EDU/WELLNESS
GENDER-BASED VIOLENCE

Umbrella term for any harmful act that is perpetrated against a person’s will based on their sex and/or gender (or perceived sex/gender)
CONSENT

Stay in your lane

If they’re too drunk to drive, they’re too drunk to have sex.

If they’re too drunk to have sex, it’s sexual assault.

Learn more at LUC.edu/CCRT
ADVOCACY SERVICES

• Advocacy is:
  • Specialized services and support for survivors of GBV
  • Completely confidential

• An advocate can:
  • Help survivors process incidents of GBV
  • Assist with safety planning
  • Help with navigating medical, legal, and/or LUC options
  • Accompany survivors to appointments, as appropriate
  • Provide referrals both on and off-campus
CONFIDENTIAL

• Wellness Center staff: counselors, medical practitioners, advocates

NON-CONFIDENTIAL

• Everyone else employed by Loyola, including student staff

I’M HERE FOR YOU.

LET’S TALK.
Dating Violence • Sexual Assault • Stalking
LUC.edu/ccrt
MENTAL HEALTH

- Mental Health and Meditation Groups
- Phone Triage/Brief Counseling
- Care Management

*Groups and Counseling are Free to LUC Students*
Questions?

Thank you!

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