

Deborah Watson, EdD, LPC, NCC
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Education

Doctorate of Education
May 2015

Governors State University
College of Education
Division of Psychology and Counseling
Counselor Education and Supervision

M.A. in Counseling
Jan. 2010

Governors State University
College of Education
Division of Psychology and Counseling
Marriage and Family Counseling (CACREP accredited)

B.A. in Psychology
Dec. 2000

Governors State University
College of Education
Division of Psychology and Counseling

A.A.
May 1998

Prairie State College

Teaching Experience

Governors State University
Visiting Professor
January 2016-Current

Marriage and Family Internship; Family Systems
Lifespan Development (Hybrid): Individual Practicum 2

The Chicago School of
Professional Psychology
Fall 2015-Current

Theories of Counseling and Psychotherapy;
Family Systems and Family Therapy (Blended)

The Chicago School of
Professional Psychology
Summer 2015

Advanced Couples and Family Therapy

Governors State University
2010-2013

Individual Practicum (FA 2012, SP 2013)
with Patricia Robey, Ed.D

Introduction to Family Dynamics (SP2012)

Family Systems Theory (FA2008, SP2011)
with Catherine Sori, Ph.D

Family and Couples Counseling (FA2010, SU2011)
with Catherine Sori, Ph.D

South Suburban College
Fall 2010

Marriage and Family Adjunct Lecturer

Graduate Assistant
Governors State University
University Park, IL
Aug. 2007-Dec. 2009

Graduate Assistant to the program coordinator of the Marriage and Family track of the counseling program. This assistantship included co-teaching, research, and participating on interview committees.

Supervision Experience

Governors State University
Jan. 2016-Aug. 2017

Individual Practicum Supervision; Marriage and Family Internship.

Governors State University
Jan. 2012- Feb. 2013

Individual Counseling Practicum
Supervised practicum under the meta-supervision of
Patricia Robey, Ed.D

Governors State University
Aug. 2010- May 2011

Family and Couples Practicum (live supervision)
Catherine Sori, Ph.D

Presentations

Cosentino, A. & Watson D. (2016, October). The influence of education on stepfamily counselling. Round table. Association for Counselor Education and Supervision, North Central Conference. Minneapolis, MN.

Watson, D. & Cosentino, A. (2015, October). The culturally relevant genogram: In research and training. Round Table 6. Association for Counselor Education and Supervision, National Conference. Philadelphia, PA.

Watson, D. & Dermer, S. (2013, October). Counseling in the kingdom of Bhutan: Working in a developing country. Round Table 10. Association for Counselor Education and Supervision, National Conference. Denver, CO.

Sori, C., Schnur, C., Watson, D. & Randick, N. (2013, October). Sex and Supervision in the sand: Expressive arts to promote intimacy, unity, and appreciation of diversity. Education Session. Association for Counselor Education and Supervision, National Conference, Denver, CO.

Sori & Watson (2013, July). Sex in the Sand: Play therapy techniques with couples. Panel presentation for Taiwan students visiting Governors State University, University Park, IL.

Watson, D., Dolkar, T., & Norbu (2013, May) Beginning counseling Skills for HIV counselors in Bhutan. RENEW workshop, Thimphu Bhutan.

Sori, C., Watson, D. Schnur, S., & Randick, N. (2012, June). Sex in the Sand: Play therapy techniques with couples. Governors State University, Workshop, University Park, IL.

Cosentino, A., & Watson, D. (2012, March). Choice Theory: A supervision model. Southern Illinois Counseling Association (ICA).

Sori, C., Watson, D., Schnur, S., & Randick, N. (2012, March). Expressive Arts: Use in promoting couples' intimacy, resiliency, and supervision. Illinois Association of Marriage and Family Therapy Conference (ILAMFT), Elgin, IL.

Robey, P., Sori, C., & Watson, D. (2010, November). Supervision in the sand: Helping supervisees understand their clients, and themselves, through sandtray work. North Central Association for Counselor Education and Supervision Conference (NCACES), Itasca, IL.

Robey, P., Kokaska, C., Watson, D., Saeed, M., Slawinski, J., & Cordero, A. (2008, November). Play Therapy from a Multicultural Perspective. Illinois Counseling Association (ICA). Tinley Park, IL.

Publications

Watson, D. (2016). Sculpting narratives: Experiencing positive narratives in therapy. In Sori, C. F., Hecker, L. L., & Bachenberg, M. E. (Eds.), *The therapist's notebook for children and adolescents: Homework, handouts, and activities for use in psychotherapy* (2nd ed., pp.). New York: Routledge.

Watson, D. (2016). Genograms. In J. Carlson & S. Dermer (Eds.) *The SAGE encyclopedia of marriage, family, and couples counseling* (pp. 733-737). Thousand Oaks, CA: Sage.

Clinical Experience

Clinical Mental Health Counselor Thimphu, Bhutan February –March 2015	Provided clinical mental health counseling and mentoring at the Jigme Dorji Wangchuck National Referral Hospital (JDWNRH).
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Clinical Mental Health Counselor May – July 2013	Provided clinical mental health counseling and mentoring at the JDWNRH
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Counseling Lab Assistant Governors State University University Park, IL 2008-2009; 2010-2011	Organized and maintained client intakes, files, and schedules for the university counseling lab.
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Licensed Professional Counselor LifeWork Counseling Oak Brook, IL 2010	Provided professional counseling services to couples and families.
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Professional Activities

American Counseling Association (ACA) Member
 Association for Counselor Education and Supervision (ACES)
 Illinois Counseling Association (ICA) Member
 Chi Sigma Iota (2007-2009)

Leadership Roles

Aunt Martha’s Youth Service December 1999 – April 2014	Chairperson, Board of Directors Program Personnel and Quality Improvement Committee Site-visit Committee Chair UCLA Healthcare Executive Program Participant Past Board Liaison for the Adolescent Depression Health Collaborative
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Community Advocacy August 1990 - 1999	Leadership Committees in District 201-U schools Developed Parent Participation Programs Co-chaired parent events throughout District 201-U Rainbows Facilitator
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Other Experiences

APA Video Coordinator May 2016	Recruited and organized participants for APA Video Series
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TOPS Certificate August 2015	Teaching Online Pedagogy and Standards Certificate The Chicago School of Professional Psychology
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Training Workshop Paro, Bhutan August 2015	Basic Counseling Skills Workshop for Helping Professionals
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Film Series Panel Participant April 2015	<i>Great Teachers, Great Courses</i> film series with Dr. Rebecca Michel.
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PTSD & Traumatic Brain Injury April 2014	Participated in professional development workshop presented by Dr. Holly Passi.
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Domestic Violence Training February 2013	Participated in a 40 hour domestic violence training presented by South Suburban Family Shelter.
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Training Workshop Thimphu, Bhutan May 2013	Provided training for basic counseling skills for HIV counselors
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Bhutan 2012 Thunder Dragon Counselor Institute Thimphu, Bhutan Oct 25- Nov 12, 2012	Participated with advocating for and providing mental health counseling services in Thimphu, Bhutan.
APA Video Series Participant August 2013 Summer 2012	Participated in a filmed panel question and answer with Charles J. Gelso John C. Norcross
Focus Facilitator March-September 2010	Facilitated the Focus Inventory with couples preparing for marriage at St. Liborius Parish.

Licensure and Certification

Licensed Professional Counselor, Illinois

Illinois License number: 178.006638

Expiration: 03/31/2019

National Certified Counselor

National Board for Certified Counselors

Certification number: 260425

Expiration: 02/28/2021