

Curricular Practical Training (CPT) Instructions and Application

INFORMATION AND INSTRUCTIONS

Curricular Practical Training

If you are a student in F-1 visa status, you may apply for Curricular Practical Training (CPT) work authorization in your field of study. You may do this if the practical training is determined to be **integral** or **required** as part of your established curriculum and the relevant coursework must connect with your major program of study. This kind of practical training permits a student to take a temporary job or internship for a period no longer than one academic term at a time. Once the student completes all requirements for the degree, CPT is no longer available. You are limited to a total of 20 hours a week during the academic school year and 40 hours a week during university-scheduled breaks and holidays.

To qualify for CPT, the following must apply:

You must be in lawful full-time F-1 student status for a full academic year (two semesters or three
quarters.)
You must be in good academic standing with the university.
The requested training must be an integral or required part of your program of study.
You must have a job or internship offer.

The two most common types of CPT are outlined below:

- 1. **CPT as an integral part of established curriculum**. The student and the advisor will need to note the appropriate course number on the CPT authorization form. Students can either be enrolled in an internship course OR connect CPT to a relevant course being taken that term or the term prior.
- 2. **CPT to fulfill a degree program requirement.** In order for training to be considered "required," *all students in the degree program must be required to complete an internship in order to receive their degree*.

If you meet the above qualifications, you are eligible to apply for CPT. You must be authorized for CPT by the Office for International Programs before you begin your employment. Working without authorization is illegal and will result in the termination of your F-1 status.

Steps to Obtain CPT Authorization

Please read both the instructions above and the following steps carefully:

- 1. Obtain a job or internship offer letter from the proposed employer; the following information must be included within the letter:
 - a. Beginning and end dates of the proposed employment or internship
 - b. The number of hours you will work each week
 - c. A general job title and description of the nature of the work
- 2. Complete the attached CPT Application form. Fill out the student section.
- 3. Meet with your academic advisor to get their signature for the advisor section of the attached form.
- 4. Meet with an international student advisor to review your completed documents; you can set up an appointment by calling 773-508-3899 or visit during walk-in hours.

CPT: Frequently Asked Questions

Q: When can I begin work?

A: You can begin work after your new SEVIS form I-20 has been endorsed by the Office for International Programs.

Note: Once you obtain written authorization from the Office for International Programs on your SEVIS I-20, no further authorization is required by the United States Citizenship and Immigration Service.

Q: How many hours a week can I work?

A: You are limited to a total of 20 hours per week during the academic school year and 40 hours a week during university-scheduled breaks/holidays.

The only exception to this is students whose academic program requires a full-time internship during the academic year.

Q: What happens if I work on CPT for longer than 12 months?

A: If you engage in full-time CPT for a total of twelve months or more, you will no longer be eligible for Optional Practical Training.

Q: I'm volunteering – do I need CPT authorization.

A: You will need CPT authorization even if the work you're doing is on a volunteer basis.

Q: I'm taking a required class, but it's not part of my major – can I use CPT for this?

A: The CPT opportunity must connect with what is indicated on your I-20 as your program of study; even if your coursework satisfies a university requirement it must be relevant to your major in order to qualify for CPT.

For further questions, please contact the Office for International Programs by phone at 773-508-3899 or by email at iss@luc.edu.

CPT APPLICATION

Student Inform	ation						
Family Name (L	ast Name)	Given Name (First Name)					
LUC Email		LUC ID Number	(LID)	Phone N	umber		
Level of study:	☐ Undergraduate	e □ Graduate					
Major/Program	of Study:						
I am applying fo	r: □ Part-time CPT □ Full-time CPT limitations	(20 hours per wee (20 hours a week	,	act your ISS	advisor for full-	time CPT	
Employment In	formation						
Company/Orgar	nization Name		Job Title				
Company/Orgar	nization Address: S	treet		City	State	Zip Code	
Training Supervisor Name			Training Supervisor Phone Number				
Start date of employment			End date of employment*				
Hours per week	of employment:		Position title:				
•	escribe the nature of studying mechanical	•			•	y company.	
*Note: If no end	date is specified th	e end date will he	set for the end	of the term			

Explore | Engage | Transform | Lead
Office for International Programs, Sullivan Center 206, 6339 N. Sheridan Road, Chicago, IL 60660 T: 1-773-508-3899 F: 773-508-7125 E: iss@luc.edu W: luc.edu/iss

I certify that I have been enrolled on a full-time basis and have maintained lawful F-1 student status for at least one academic year at Loyola University Chicago (or, that I qualify for participation in off-campus employment in my field of study prior to the completion of one academic year at Loyola University Chicago due to the documented requirements of my degree program or extenuating circumstances discussed with both my academic advisor and the Office for International Programs. I will not begin off-campus employmen before receiving the appropriate authorization to do so and I am aware that unauthorized employment will result in the termination of my SEVIS immigration record and F-1 visa status.						
Student Signature		Date				
SECTION TWO: Academic Advisor/P The student above has enrolled in the part of their established curriculum a	ne following c	ourse, which has been dete				
Course Name/Number		Course Credit Hours				
Semester/Quarter Student Enrolled in C	 Course	Student's Expected Semester/Quarter/Year of Graduation				
This CPT opportunity has been determined.	•	eck one): the student will receive acad	emic credit			
☐ An integral part of the s			cirilo dicult			
☐ A summer CPT opportunity						
☐ Necessary for the compl e	etion of a doc	ctoral dissertation				
I certify that the course identified above clearly defined goals/objectives, and is expected to continue making normal pro off-campus employment in their field of	listed in the U	niversity's course catalog. Th	e student above is			
Academic Advisor/Program Director Name	Academic A Signature	Advisor/Program Director	Date			