Hi Current Students, Faculty, and Alumni! 2017-2018 has been another great year for our program! We greeted a new class of 6 students last August and we have a great incoming class of 5 starting later this year. Our 6 applicants for internship all placed at excellent sites (see placements in this newsletter) and half received their first choice! Our 7 current interns have either defended or are about to defend their dissertations and all have post-docs that will start this summer or Fall. Most of our students have been successful in publishing and/or presenting their research; several have won poster awards at national meetings. Also, Amy Heard and Stephanie Torres are still on their NSF and Ford fellowships, respectively.

I’m happy to report that Dr. Cate Santiago was granted tenure this year (which was very well deserved!). Congratulations Cate! Sadly, Dr. Jerry Wagner will be retiring after this year. Jerry has contributed so much to our program with his teaching and clinical supervision—we will all miss him very much!

I’m very pleased to report that our APA site visit went very well and we received the maximum number of years of accreditation (10 years!) under the new accreditation criteria. A big thanks to everyone who helped with this; it was a true team effort!

We added something new to our admission process this year. We included an “Inclusivity Gathering” where we discussed issues of diversity for all students. Most of the applicants stayed for this event (which was held at the conclusion of our admissions interview day). We also now have a separate Diversity committee within our Clinical program (that complements our departmental Committee on Diversity Affairs; CODA).

In this newsletter, we have reports from each of our research teams, a list of all practicum, internship, and post-doctoral placements, news from our alumni, and lists of publications by students and faculty. We are very proud of our program, our current students, and our alumni. We are always astonished (but not surprised) by the many accomplishments of our students and alumni!

I would love to get your feedback about this newsletter; suggestions for future issues are always welcome. Feel free to contact me at 773-508-2967 or gholmbe@luc.edu.

Best wishes to all of you,

Grayson Holmbeck, PhD Professor and Director of Clinical Training
Meet the First Years  
By Diana Ohanian

The members of the first-year class, more commonly known as the “Six Pack”, are excited to have almost completed their first year of graduate school. In terms of friendship, the Six Pack hit the ground running. Just a few weeks into the first semester, a Thursday night dinner tradition began and lasted throughout the semester. The Six Pack was also reportedly the first cohort to make and distribute its own holiday card. The Six Pack has been known to order enough Crab Rangoon to feed a family for a week at all-you-can-eat sushi restaurants, could probably tell you all the best ramen spots in Chicago, and dreams of someday being able to keep up with the older students on karaoke nights.

Liz Sargent grew up in Northern Wisconsin and graduated from the University of Wisconsin-Madison. Prior to joining Loyola’s program, she worked at Northwestern University’s Center for Behavioral Intervention Technologies on studies testing online and mobile treatments for depression and anxiety. At Loyola, Liz works with Dr. Noni Gaylord-Harden in the Parents and Children Coping Together (PACCT) Lab. Liz’s interests are in youth mental health, exposure to community violence, and involvement in the juvenile justice system. In her free time, Liz enjoys hiking, biking, going to the beach, and visiting the many music venues and museums around Chicago.

Jenny Phan was born and raised in the greater Boston area. Upon graduating from Boston College, she worked in a variety of positions including as a physical and occupational therapy aid at Massachusetts General Hospital, as a milieu staff member at a residential treatment facility, and as a research assistant at Boston Children’s Hospital in the Refugee Trauma and Resilience Center. As a member of the Risk & Resilience Lab and the Parents and Children Coping Together Lab, she is interested in understanding the effects of chronic exposure to community violence (ECV) on parent and children’s abilities to cope. She is also interested in exploring protective factors against the effects of ECV and exploring culturally-sensitive assessments for racial/ethnic minority youth. In her spare time, she enjoys practicing her Master Chef skills in the kitchen, running, practicing yoga, and trying to befriend all of the dogs in Chicago.

Yvita Bustos was born and raised on the south side of Chicago and graduated from DePaul University. Yvita has conducted research across many universities including DePaul, Northwestern, University of Chicago, and UCLA. As a member of Catherine DeCarlo Santiago’s Children Adapting to Stress and Adversity (CASA) Lab, Yvita is interested in trauma, anxiety, and depression among low-income, Latino youth, and how to promote resiliency in the context of accumulative stress. Outside of school, you can find Yvita at a concert, a festival, or downtown enjoying the city. On the other hand, you’re just as likely to find her sitting at home reading Bukowski, painting a canvas, or designing new clothes.

Nathan Lutz was born and raised in Columbus, OH and earned his Bachelor's degree in psychology with a minor in neuroscience from Miami University in 2015. For the next two years, Nathan worked as a Clinical Research Coordinator at Cincinnati Children's Hospital in a lab that focused on the complex health needs of youth in the child welfare system. Nathan spent most of his time working on a project that developed an intervention to aid adolescents who were aging out of the child welfare system. He currently works in the Scott Leon’s PACE lab, where he hopes to continue to learn about the development and evaluation of interventions for this population. He is also interested in learning about the effects of various forms of maltreatment and how to lessen their impact throughout one’s childhood. When not at school, you can find Nathan obnoxiously cheering for the Cincinnati Reds, the Ohio State Buckeyes, or just sports in general, watching old episodes of Community or The Office, or carefully crafting a running route down Lakefront Trail so that it ends at Portillo’s.

Adrien Winning is an Ohio native who stayed true to her buckeye roots and graduated from The Ohio State University in 2015. After graduation, she worked as a full-time research assistant at Nationwide Children’s Hospital examining family adjustment to various pediatric medical conditions and the death of a child. As a member of Grayson Holmbeck’s CHATS lab, Adrien is interested in family and neuropsychological factors that impact long-term adjustment in youth with spina bifida. In her “free time,” Adrien enjoys yoga, concerts with friends, and eating as much Chicago food as is socially acceptable.

Elicia Wartman was born and raised in St. Louis, Missouri. She left the mid-west and moved far away to attend Ithaca College, in central New York. While at Ithaca College, Elicia worked in a Child Cognition Lab and an Autism research lab. After college she worked as a behavior therapist for children with autism. She then accepted a research assistant/coordinator position at The Children’s Hospital of Philadelphia working with a pediatric pain team and later with the section of behavioral oncology. Elicia is very excited to be back in the mid-west and to continue to work in pediatric psychology with the CHATS lab! Elicia is interested in studying developmental outcomes in children with Spina Bifida. Outside of school, Elicia loves to listen to NPR and podcasts, travel, ice skate, see live music, and explore Chicago!
Greetings! Looking back over the past year (2017-2018) several highlights come to mind (in no particular order):

- Collecting pre-renovation data at two Chicago Public Schools to evaluate the impact of renovated green schoolyards that will be built in 2018.
- I was so impressed by the fortitude and resourcefulness of our research team in collecting survey data at five CPS schools in May/June 2018 for this project.
- Developing and working on collaborative projects with colleagues locally, nationally and internationally focused on obesity with a focus on summertime influences on weight gain.
- Starting collecting data for Amy Heard’s NSF project which involves our first lab-based experiment with Loyola undergraduates in more than a decade.
- The project includes an EEG component and we are most grateful to the support by the WELL lab, especially Becky Silton and Ian Kahrilas, in getting our team trained on capping and running EEG.
- Taking a large group of our graduate students to SBM in New Orleans to network and present.
- Connecting with former graduate students including diner with Lea Ventura & Edin Randall in Boston over the summer & brunch with Nikki Arola Anderson and family in Minneapolis this winter.
- Competed in two triathlons including my first international distance race.
- Lots of great adventures near and far with my husband and kids including a 50 mile bike ride in MI and cave exploring in Belize.
- Still loving my standing desk!
- Fulfilled lifelong dream of owning a convertible by surprising my husband with one for our 15th anniversary!
Dr. Colleen Conley

What a rich year this was! Two of my amazing graduate students, Brynn Huguenel and Carol Hundert, and I geared up this summer to launch two new college student interventions and continue a third one. We designed protocols and wrote IRB proposals in consultation with local, national, and international research partners. In our own backyard, we met with dozens of community partners who serve Loyola students; we presented our research findings and new intervention program offerings, aiming to connect these programs to students who would benefit. Not coincidentally, this year I got invited to serve on several student/teaching-related committees and to give workshops to UNIV 101 instructors on promoting mental health in students and in instructors – my other amazing graduate student, Jenna Shapiro, gave the latter workshop.

More recently, our team got invited to partner with Loyola’s Career Development Center to create and test the effectiveness of a social-emotional learning seminar for upper-level students preparing for life beyond college. On the teaching front, this spring I had three times as many students as I’ve ever had, and suddenly first-year undergrads seem so young – closer in age to my 10-7-, and 2-year-old daughters than to me! My girls are all thriving, and considering Loyola already, especially after watching the Ramblers in March Madness!

Dr. Noni Gaylord-Harden

accepted into the M.S. Program in Marriage and Family therapy at Northwestern University. I look forward to continued work with PACCT Lab (The Remix), and I thank my students for all of their hard work and dedication.

Dr. Grayson Holmbeck

Hi Alumni! I’m delighted to add some comments about our lab. This year, we welcomed 2 new graduate students into our lab: Elicia Wartman (from CHOP) and Adrien Winning (from Nationwide Children’s Hospital). Its great to add to our already wonderful group of graduate students! Also, we sent Jackie Lennon Papadakis off for internship at Lurie Children’s; we miss her, but she will be back to defend her dissertation very soon. We continue to collect Times 5 and 6 data on our study that began in 2004 on youth with spina bifida. At Time 6, all youth are older than 18; thus, we are studying the important transition to adult health care in this older age group. Also, we had another great summer at Camp Independence with a record number of campers.

Each summer, a trained interventionist lives on site and runs our independence program (while having lots of fun at the same time). We recently submitted a paper that examines the cumulative effects of camp (for those who come back year after year). While we weren’t working, we enjoyed watching the Loyola men’s basketball team make it to the Final 4! Amazing! My daughter Kaitlin graduates from Loyola in May (she was a psych major!) and my son has applied to Loyola for the Fall.
Dr. Scott Leon

The Pace lab had another busy year. I remember being at APS a few years ago and listening to a famous academic receive a lifetime achievement award. I will never forget what he said: “Really, all I have ever tried to do was keep up with my graduate students”. I couldn’t agree more! In the past year, I’ve seen Anne Fuller go on to a research postdoc, Grace Jhe Bai go to a great internship site, Lauren Hindt defend an impactful thesis, Brynn Huguenel work on two papers for publication, and Nathan Lutz jump into the data with great passion. In general, we continue to work to promote the role of extended family in children’s lives. This aspect of children’s ecologies has been largely neglected in the literature, a neglect we seek to play a role in remedying. Life for me continues to chug along steadily, which is a good thing. My kiddos are now 14 (Ava), 9 (Benjamin), and 7 (Victoria). Ava started high school and is doing well but reminding me of the strains of adolescence. Meanwhile, I call Victoria and Benjamin Mischief and Mr.chief. Never a dull moment.

Photo: The Psychology Department brain “on tour” at Victoria’s school as she presents to her class.

Dr. Maryse Richards

The Risk and Resilience Lab has continued to remain very busy in our fourth year of funding from the Office of Juvenile Justice and Delinquency Prevention mentoring grant, during which we have wrapped up intervention sites for the cross-age peer mentoring program and are in the process of finishing data collection. As we analyze these data, we continue to uncover exciting nuances among those youth who participated in the program and we are eager to disseminate our findings over the next year. To keep things interesting (because who needs free time?), I have also begun the first year of funding from the Department of Health & Human Services Office of Minority Health for the Building Resilience Against Violence Engagement (BRAVE) project in collaboration with Dr. Caleb Kim and Dr. Katherine Tyson-McCrea in the School of Social Work. I have continued to be thoroughly impressed with the hard work of my team of undergraduates, grad students, and post-bacs as they have remained dedicated to serving the communities in which we work. On a personal note, I am currently helping my younger daughter (Niara) decide where to attend college next year and my older daughter (Heather) is living and working in New York City.

Dr. Patricia Rupert

I have had another rewarding year and continue to feel very fortunate to be able to work with such wonderful, talented colleagues and students at Loyola. My research focus on self-care has been building momentum, and over the past year our lab has been able to bring several projects to fruition, with publications addressing the measurement of self-care, self-care across the professional lifespan, and self-care among graduate students in clinical psychology. We are also rushing to wrap up other projects and to launch a new survey of mental health professionals who work with trauma victims before Katie Dorociak and Evan Zahniser officially leave the lab to begin their internships this summer. It will be tough to carry on without them! On a personal note, my son Matt was married last May and with both children successfully launched, I enjoy finding new and fun ways to engage in my own “self-care.”
Trauma Coalition to support immigrant and refugee youth throughout Chicago. The CASA team has been collecting data to evaluate the impact of professional development trainings for teachers, mental health clinicians, and other community members working with refugee or immigrant families. We have also been busy coding videotaped interactions from our longitudinal study on family coping and submitted our first paper using coded data! It has been rewarding to see several other projects come to fruition this year: we are about to submit our paper examining the implementation of Bounce Back, a trauma intervention for elementary students, and my book about school-based trauma interventions written with my colleagues Tali Raviv and Lisa Jaycox, was just released by APA. I am also excited to celebrate the successes of Stephanie Torres in matching at Lurie Children’s for internship and Stephanie Brewer in obtaining a great postdoc. As our CASA graduate students achieve great milestones in their careers, my little ones at home are working on theirs too. Roma (4) is an aspiring artist, great traveler, and “part psychologist like my mom.” Tasi (almost 2) is excited to be keeping up with her big sister and joining her at Loyola preschool this summer.

The past academic year has kept the Well-Being and Emotion Lab on our toes! Our accomplishments reflect a collaborative team effort and it has been fulfilling and rewarding to work alongside talented WELL lab graduate and undergraduate students who are dedicated to advancing knowledge regarding the neural correlates of well-being. I began the academic year by hosting a week-long international Brain Electrical Source Analysis workshop at Loyola. I also updated all of the computers/monitors in our EEG control room and participant rooms (which is no small task for an EEG lab) in order to prepare for a busy year of data collection on three EEG projects involving nearly 150 EEG assessments. We are excited to provide EEG support on a collaborative study emerging from Dr. Amy Bohnert’s Activity Matters lab regarding the relation between cognitive function and health behaviors. I am also thrilled to be collaborating with Dr. Colleen Conley’s IMPACT lab and Headspace to evaluate the influence of eight weeks of daily mindfulness practice on positive emotion regulation in college students. Related, I received a Research Support Grant from Loyola to investigate the physiological mechanisms of positive emotion regulation. I was also honored to receive an invitation to join the Human Affectome Taskforce as a project leader for the Happiness team. At the beginning of 2018, it was exciting to see original research from our lab featured in the Loyola Phoenix and the British Psychological Society Research Digest. I was fortunate to be a recipient of the 2018 Langerbeck Award for Undergraduate Research Mentoring. On the home front, my family continues to be a source of inspiration and they keep me anchored as well as focused on appreciating the enjoyment in our everyday routines and conversations.

And Introducing Postdoctoral Fellow Dr. Colleen Stiles-Shields!

I am so excited to have joined the CHATS Lab and Clinical Psychology Program as a Post Doc this year. Switching gears from Medical Center settings to an Academic environment, I have been so fortunate to be welcomed warmly at every level of this program. Within the Psychology Department, we are now offering a monthly grant-writing workshop, promoting discussions, feedback, and support for students and faculty at every level of the often-intimidating grant writing process. Within our own section of the Department, the second years and Drs. DeCarlo Santiago, Leon, and Wagner have kindly allowed me a space to jump on my soap box every week in Psychology 464 to lecture about the mechanisms, benefits, and wonders of CBT. Finally, within the CHATS lab, I have enjoyed learning more about spina bifida and the exciting (and impressive) longitudinal work the lab is completing as a team year after year. I have also been fortunate to work with multiple students on a variety of publications and conference presentations. Most recently, Dr. Holmbeck and I were invited to write a commentary for the Journal of Pediatric Psychology, “Smartphone-delivered interventions for pediatric populations: Improving methodologies to address concerns of feasibility and efficacy.” I am also thrilled to report that Dr. Holmbeck and I recently secured grant funding to support a multi-faceted proposal: “Assessing and addressing weight and body image management in transitioning youth with spina bifida.” We plan to hit the ground running on our Aims in the coming months and are so excited to analyze and disseminate the results! A big thanks to each of you for contributing to such a wonderful first year of Post Doc and making me feel so welcome. I cannot wait to see what year two will bring...
Activity Matters Lab **By Carolyn Bates & Dorothy McLeod Loren**

Dr. Bohnert and the Activity Matters Lab continue to stay active with numerous projects and a record number of undergraduate lab members! Amy Heard Egbert and Laura Nicholson are in the midst of collecting exciting data for the FOODCUES study funded by the National Science Foundation which was awarded to Amy Heard Egbert. This study has two phases: (1) to investigate the impact of unhealthy food marketing on self-control and eating (2) examine the consistency of health behaviors in college students. We have enjoyed expanding our skills in neurophysiological assessment with EEG data for this project, with the help of Becky Silton’s WELL lab! Laura has also continued to lead our collaboration with Girls in the Game, which examines the impact of after-school programming on health and pro-social behaviors among urban girls. Carolyn Bates has been busy disseminating findings from our study of green schoolyard transformations in low-income areas around Chicago (Space to Grow), preparing publications and presentations. Dorothy McLeod Loren has secured her title as the lab expert on systematic review papers by consulting on numerous such projects throughout the past year. She will continue to expand on this skill set by completing a meta-analysis funded by a Child and Family Research Fellowship. We are excited to take on the city of New Orleans as a lab for the Society of Behavioral Medicine annual conference this spring, and we look forward to celebrating a productive year with festivities at Café Iberico to conclude the semester!

IMPACT Lab **By Brynn Huguenel**

Colleen Conley and the IMPACT (Improving Mental health and Promoting Adjustment through College Transitions) Lab have had a busy year focusing on multiple exciting projects! We launched two new intervention studies this year for college students. The Supported Mindful Learning (SMiLe) study is an 8-week intervention wherein students with depression engage in Headspace, an app delivering brief, guided mindfulness exercises, along with an online support group. We have enjoyed collaborating with the science team at Headspace, as well as Dr. Becky Silton and the WELL lab to make this study possible! Additionally, we are a site in the nationwide study, Life Skills Training for College, which is a prevention program for incoming college students that teaches coping skills for a range of challenges. We also have continued to collaborate with researchers at Illinois Institute of Technology, and four other universities across the country, on a peer-led intervention that aims to reduce self-stigma among college students with mental illness. Further, we completed collecting data for the multi-cohort longitudinal IMPACT survey that follows student adjustment and psychological functioning throughout college, and have been working diligently disseminating these findings on a university level, as well as through manuscript writing and conference presentations. The lab has been busy presenting at different conferences this past year, including SSEA, ABCT, SRA, SPPAC, and APA.
PACCT Lab By Lauren Hindt

The Gaylord-Harden PACCT (Parents and Children Coping Together) lab continues to be productive this year! We began data collection for our Police Contact Study which will examine experiences of contact with law enforcement among African American young adults in Chicago. The lab is currently working on publications using Pathways to Desistance data to explore how recurrent trauma exposure and community violence affect youth in the juvenile justice system. Several other manuscripts in preparation are continuing to evaluate how youth and families respond to and cope with exposure to community violence, and factors that may predict community violence exposure. The lab welcomed two new graduate students in the Fall of 2017: Jenny Phan and Liz Sargent. Graduate and undergraduate student work has been represented in the Journal of Interpersonal Violence, Journal of Traumatic Stress, and Youth & Society. Lab members have presented at conferences such as the Society for Research on Adolescence in Minneapolis, the International Society for Traumatic Stress Studies in Chicago, the Midwestern Psychological Association in Chicago, and Loyola’s Weekend of Excellence. The PACCT lab looks forward to continuing data collection, working with secondary datasets, and publishing in the coming year!

CHATS Lab By Alexa Stern

The Holmbeck Lab continues to keep busy managing multiple research projects studying the psychosocial, family, and neuropsychological functioning among youth with spina bifida. We are continuing data collection for Time 6 of CHATS (Chicago Health Adolescent Transition Study), which focuses on the transition from pediatric to adult health care. We are looking forward to another exciting summer with campers delivering a psychosocial intervention aimed at increasing social and medically-related independence. We also continue to collect data for the longitudinal study comparing youth with spina bifida to a typically-developing control group. Additionally, in collaboration with Dr. Robin Bowman, pediatric neurosurgeon at Lurie Children’s Hospital, we are continuing to collect data for a study examining the neuropsychological effects of shunt placement for youth with spina bifida. We enjoyed working on all of these projects and have also made time to prepare publications and present at conferences. The CHATS team enjoyed catching up with past members of the Holmbeck crew at this year’s Society of Pediatric Psychology Annual Conference in sunny Orlando. Colleen Driscoll received an APA Scholar Award from the Society of Pediatric Psychology to present her research at the annual APA conference in San Francisco, Alexa Stern continued her position as a Campus Representative for the Society of Pediatric Psychology, and Diana Ohanian successfully proposed her thesis. The Holmbeck lab has had a lot of changes this year! Jackie Papadakis accepted a prestigious pediatric psychological internship position in Chicago. We welcomed first year graduate students Elicia Wartman and Adrien Winning to the CHATS team. Last but not least, Colleen Stiles-Shields has joined our lab as a postdoctoral fellow! Dr. Stiles-Shields was awarded a grant to examine weight management among youth with spina bifida, and is looking forward to data collection this summer. Welcome Elicia, Adrien, and Colleen!
The PACE (Promoting Adjustment in Children through Evaluation) Lab has enjoyed another productive year! The Lab continues to analyze data from the Recruitment and Kin Connection Project, a child welfare intervention that seeks to promote well-being by increasing family-finding and engagement. We presented at several conferences, including APA, ISTSS, MPA, and SRA. Additionally, we continue to develop manuscripts examining emergency shelter care utilization, the impact of geographic distance from family members on well-being, and youths’ perceptions of kin and caregivers, along with related outcomes. Grace Jhe went on internship to one of the premiere sites in the country (Boston Children’s) and is preparing to defend a dissertation on the relationship between maltreatment, self-concept and well-being. Lauren Hindt defended a master's thesis on the impact of visitation with incarcerated fathers on the well-being of youth in foster care, which has key policy implications for child welfare and justice systems. Brynn Huguenel is working on two papers; one seeks to predict college female’s disordered eating experiences and the other examines clusters of maltreatment types experienced by youth in foster care. Our newest member, Nathan Lutz, has jumped head first into our data, exploring predictors of placement disruption in foster care, and the role of self-esteem on well-being in foster care and in the college population.

The Risk & Resilience Lab has had another exciting year studying the effects of community violence on urban minority youth. The lab completed the intervention phase of its longitudinal cross-age peer mentoring study across multiple schools and neighborhoods in the South and West Side of Chicago, supported by the Department of Justice. Members continue to work hard to collect remaining data from youth and parents and we are currently in the process of quantitative analyses and qualitative coding to prepare for the dissemination of our findings. We have also begun collaboration with the School of Social Work to evaluate the Building Resilience Against Violence Engagement (BRAVE) model providing extensive services to adolescents over four years, supported by the Office of Minority Health. With the help of our undergrads, post-baccs, and graduate students (particularly our new addition, Jenny Phan!), the lab has produced numerous undergrad honors theses, manuscripts, and conference presentations. We would like to highlight that, over this past year, Cynthia Onyeka proposed her thesis, Catherine Dusing and Cara DiClemente defended their theses, and Kyle Deane and Dakari Quimby both defended their dissertations. We look forward to upcoming presentations at MPA, SRA, and the Weekend of Excellence. Here’s to continuing the team effort in the coming year!
PIER Lab  By Katie Dorociak

It has been a busy year for the PIER (Professional Issues and Ethics Research) Lab! This lab’s primary focus has been on launching a project examining self-care and professional functioning among mental health professionals who work with trauma victims. We are hoping to complete our first major survey in this area before Katie Dorociak and Evan Zahniser leave for their internships this summer. In addition to launching this new line of research, we successfully completed a number of projects. Last year Evan Zahniser took the lead on a project examining self-care among clinical psychology doctoral students with the study’s findings published this year. Katie Dorociak led a project exploring stress and self-care over the professional lifespan of clinical psychologists and the findings were also published this year. We continue to present at local and national conferences on psychologists’ self-care, burnout, and professional functioning.

CASA Lab  By Stephanie Torres

It’s been an exciting and productive year for the CASA (Children Adapting to Stress and Adversity) Lab! We welcomed first year Yvita Bustos to our team this year. Our team has been collaborating with Ann & Robert H. Lurie Children’s Hospital of Chicago on the You Are Not Alone (YNA) project, an initiative aimed at training professionals to take an evidence-based and trauma-informed lens when working with marginalized youth. Moreover, our team has been following-up with our families in the Immigrant Family Coping Study, examining the cumulative impact of pre-migration and post-migration stress (e.g., fear of deportation, discrimination, language conflicts) on the mental health of Latino parents and children. In addition, our graduate students, Stephanie Brewer, Stephanie Torres, Anna Ros, Laura Distel, and Yvita Bustos, have been busy publishing and preparing manuscripts on the implementation of Bounce Back (a trauma-focused, school-based program), stress and protective factors among Mexican-origin immigrant families, and a paper on immigration policy and mental health. The team is excited to continue to use these data to inform research, clinical, and policy recommendations for underserved families!

WELL Lab  By Kelly Polnaszek

It has been a very productive and exciting year for the WELL Lab! Lorri Kais is finishing up her internship at the University of Minnesota, defended her dissertation, and accepted an incredible postdoctoral fellowship at the Children’s Hospital Colorado in pediatric neuropsychology. Kelly Polnaszek is continuing practicum work at UIC and University of Chicago and has continued her work on the psychological and neural correlates of chronic pain and is excited to be applying for internship in the coming year. Ian Kahrilas successfully proposed his masters thesis while also collaborating with Fred Bryant on a manuscript examining the relationship between affect, depression, and savoring. He also won the psychology department’s 3-Minute Thesis competition! The lab embarked on a huge EEG data collection this past year, running over 150 participants for multiple projects, and we are excited to spend the summer cleaning and analyzing the data! The WELL Lab also presented research at multiple national conferences and continues to collaborate with many research labs throughout the city and beyond to inform research on the neural correlates of well-being.
The Information Committee hopes that you are enjoying this year’s edition of the Psyren! In addition to this newsletter, we have continued to update the Clinical Program bulletin board as well as a separate Graduate Psychology bulletin board showcasing the scholarly works of graduate students from all three Psychology Graduate programs. If you are in Coffey Hall, please stop and check them out! Lastly, our committee made updates to the student Annual Review form, in accordance with recommendations from APA following our site visit. We enjoy being able to share the many accomplishments (both scholarly, personally, and leisurely) of the Clinical Program! If you have any suggestions (for this newsletter or beyond), please do let us know!

Committee Updates

Clinical Students Association  By Cara DiClemente

The Clinical Student Association leadership has met monthly with the clinical students to address concerns, feedback, and questions our students have regarding the program, classes, assistantships, practicums, committees, and all other related activities. We have continued to pass on information to Grayson after each student meeting, who has swiftly addressed all issues or suggestions brought to his attention. Of note this year, we polled students’ perspectives on the new universal practicum deadline. We will be holding one last CSA meeting at the end of the semester, after which point Cara will pass the torch to Carol.

Colloquium Committee  By Ian Kahrilas

The Colloquium Committee has been busy organizing a variety of events for the program. Students and faculty met multiple times to watch videos from the Society for a Science of Clinical Psychology's monthly brown bag series and discuss a range of clinical topics. Everyone loved Dr. Alex Psihogios’ engaging presentation on postdoctoral fellowships. Students and faculty also enjoyed a presentation by Dr. Keith Baird on preparing for a career in psychology, the financial aspects of a career in clinical psychology, and the implications of a single-payer healthcare model. The fifth years shared their wisdom about applying to internship and tracking clinical hours to 1st-4th years. Everyone is looking forward to closing out the semester with the upcoming case conference, during which students can share experiences from externship.

Diversity Committee  By Stephanie Torres

The Diversity Committee created the new Diversity section on the Loyola clinical website, which includes information about diversity in clinical training, research, and resources for students. We also planned our first Diversity event (Inclusivity Gathering) for prospective applicants during interview weekend and hope that this continues in future years. Finally, we are helping organize the second annual Diversifying Clinical Psychology Event in partnership with several other Chicago Ph.D. programs and look forward to participating in the event!

Employment Committee  By Alexa Stern & Brynn Huguenel

The Employment Committee disseminated the 2018 annual employment survey, and continue to collect new data on grant and fellowship opportunities. We hope that this information will help students to learn how others navigated the grant application process, and that relevant materials about grant and fellowship opportunities can be shared with students more formally. We look forward to sharing the results of our annual survey with the program soon!

Information Committee  By Colleen Driscoll

The Information Committee hopes that you are enjoying this year’s edition of the Psyren! In addition to this newsletter, we have continued to update the Clinical Program bulletin board as well as a separate Graduate Psychology bulletin board showcasing the scholarly works of graduate students from all three Psychology Graduate programs. If you are in Coffey Hall, please stop and check them out! Lastly, our committee made updates to the student Annual Review form, in accordance with recommendations from APA following our site visit. We enjoy being able to share the many accomplishments (both scholarly, personally, and leisurely) of the Clinical Program! If you have any suggestions (for this newsletter or beyond), please do let us know!

Social Committee  By Cara DiClemente

The Social Committee had a great year of planning fun events for facilitating program bonding! This included two family-friendly gatherings: an afternoon of food and laughter at Uncommon Ground in the spring, followed by an adventure to AceBounce Ping Pong Bar and Restaurant in the fall. We are looking forward to our next event coming up in May: a potluck hosted by Colleen Conley! We are constantly searching for the next best way to bring us clinical folks together, so suggestions are always welcome!

Technology Committee  By Jenny Phan

This past year, members of the Technology Committee (Jenny Phan and Kelly Polnaszek) worked hard on the unveiling of the new clinical program website! Beyond this exciting update, the Technology Committee is in the process of collecting the 2018 biennial student survey. Student feedback helps us to recognize the positive aspects of the program, as well as identify ways that we can grow in order to provide the most effective training experience. We are excited to share the results with everyone!
# Faculty and Student Awards

## Faculty Awards

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<th>Name</th>
<th>Award Description</th>
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<tr>
<td>Colleen Conley</td>
<td>2018 Sujack Teaching Award Winner</td>
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<tr>
<td>Rebecca Silton</td>
<td>Langerbeck Undergraduate Research Mentoring Award</td>
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## Student Awards

- **Stephanie Brewer**: Joseph Becker Research Award, University of Washington
- **Colleen Driscoll**: Society of Pediatric Psychology (Division 54) APA Scholar Award
- **Amy Egbert**: Research Mentoring Program Fellowship
- **Lauren Hindt**: Heckler Fellowship
- **Carol Hundert**: Kobler Travel Award
- **Ian Kahrilas**: Kobler Travel Award
- **Dorothy McLeod**: Child and Family Research Fellowship, Loyola University Chicago
- **Kelly Polnaszek**: Research Mentoring Program Fellowship
- **Dakari Quimby**: Chicago Fund for Safe and Peaceful Communities Grant; Loyola University Chicago President’s Medallion
- **Alexa Stern**: Society of Pediatric Psychology (Division 54) Adherence Special Interest Group Poster Award
- **Adrien Winning**: Society of Pediatric Psychology (Division 54) Student Travel Award
Devin Carey, Ph.D. (Class of 2015)
This was quite a year for me! I started a new job at Lurie Children’s as a psychologist integrated within the primary care practices at Town & Country Pediatrics. I got married on September 16 at the Union League Club Chicago and was so happy to celebrate with many from my Loyola cohort (Daniel Dickson, Edna Romero, Lea Ventura, and Amanda Ward). My husband and I recently went on our belated honeymoon to Australia. I love being back in Chicago and have monthly "consultation" dinners with Edna Romero and Lea Ventura at restaurants around town. Looking forward to seeing what the rest of 2018 brings!

Rachael Coakley, Ph.D. (Class of 2004)
Rachael Coakley lives in Boston with her husband and two sweet boys, ages 11 and 6. She continues her work in the Department of Anesthesiology at Boston Children’s Hospital. Her CBT program that teaches coping skills to kids with pain has just launched a website: http://www.TheComfortAbiltiy.com If you work with pediatric patients, you should check this out for great resources, parent friendly articles on pain management, and information about where to attend a workshop in the US or Canada.

Emily Preheim DuPre (Class of 2008)
I am currently living and working in London, UK, with my Kiwi husband, my daughter Zoe (7), and my daughter Tabitha (4). I work part time at Nightingale Hospital, which is a private mental health hospital, in their outpatient clinic. I also have a part time private practice. I work with adults and older adolescents and specialize in DBT for BPD and other impulse control disorders. I also see patients with mood disorders and anxiety disorders, especially OCD. When I’m not busy working or with my family, I enjoy my yoga practice and cooking.

Molly Pachan, Ph.D. (Class of 2011)
In 2017, I happily welcomed a new baby and a new business! My husband Jason LaHood and I welcomed our son Hargan on September 1, 2017. We are thrilled to be his mom and dad, and worried about what our son will write in his book one day about having two psychologist parents.

In March of 2017, I launched a new practice doing divorce mediation and custody evaluations, called Chicago Family Mediation. I’ve been building slowly and enjoying this new way to interact with families, while still working in my regular group practice. It’s been fun to start something from scratch now that I’m out of the “early career” phase.

Here is a picture of Hargan. He’s just the best. :)
Laura Renteria, Ph.D. (Class of 2005)

After 15 years of living in Chicago, my husband and I moved to Beaverton, Oregon in September 2016. The move was prompted by our desire to be closer to family and nature. Our new home is surrounded by protected green space and walking trails. We have enjoyed more frequent visits from nearby family and friends.

I'm the only Spanish speaking board certified neuropsychologist in the state of Oregon, which has been good for business. I started my own private practice and have thankfully seen a steady stream of referrals in just the first few months. My commute to work has also gotten much better! My drive to work in Chicago was 3 hours (round trip), but in Oregon I was able to shrink that down to 22 minutes.

Moving to Oregon allowed me to reunite with my former academic advisor, Dr. Susan Li. Some of you may recall that she moved to Beaverton after my second year at Loyola. I’m so thankful for a familiar face. She has introduced me to several colleagues and has also twisted my arm into teaching a course at Pacific University.

Over the past few years, I have been thankful to serve in various leadership positions. I’m a past president of the Hispanic Neuropsychological Society, have served as Federal Advocacy Coordinator for Division 40, and was recently elected to serve as a member on the American Board of Clinical Neuropsychology.

Glad for a life that keeps me busy and feeling fulfilled. Hoping to explore more of Oregon in the months to come.

Justin Resnick, Ph.D. (Class of 1991)

I have lived in Jerusalem (Israel) for 10 years, with my wife and our boy son 9 and daughter 12. I'm loving working in Israel. I work with ultra-orthodox Jewish therapists-in-training, whom I do experiential classes to build their own emotional literacy. I also teach them therapy skills, including Strengths-Based Couples Therapy which is something I've been slowly developing on my own here (and am trying to write a book on!).

I am not a religious guy but was asked several years ago to be in a pilot program working with "haredi" (ultraorthodox) schools, learning how we bring psychology to settings that have not historically been receptive. (Haredi communities are fundamentalist and tend to dress in black, avoid all contact with the opposite sex, hold strictly to religious observance, and in many communities don't use the internet or smartphones). I find the work with the staff wonderful and rich and I'm amazed at how receptive they are once there is some trust.

Part of my work in school psychology is being part of the family therapy team, where we provide family therapy to families identified by school staff as in distress.

I have also been studying "Ayeka" for 4 years which is a new Israeli-grown model for parent guidance, designed for parents of kids who have resisted all other forms of intervention, particularly with very extreme defiant behaviors. My first case that I treated was a 10 year old haredi boy who was repeatedly stealing large sums of money from relatives and neighbors (and threatened to ruin the family's reputation in the community).

Anyway, all of that is to say I've drifted far from my clinical roots - but not too far - and I'm having lots of fun in my work here.

Mary Jo Rogers, Ph.D. (Class of 1994)

Mary Jo Rogers became the managing partner of her firm, Strategic Talent Solutions in 2017. STS is a management consulting firm that helps leading companies with their leadership assessment and development and talent management needs. Mary Jo’s book, Nuclear Energy Leadership, helped her become the consulting leader in this market sector in the US.
Lea Ventura, Ph.D. (Class of 2014)
Lea Ventura is the new director of the Pediatric Neuropsychology Clinic at the University of Illinois Chicago (UIC). She is conducting neuropsychological evaluations of infants, children, adolescents, and young adults with a wide range of medical, neurodevelopmental, genetic, psychiatric, and learning disorders. She has also started a pediatric neuropsych training program, which will include several current Loyola grad students beginning this summer!

Rachel Wasserman, Ph.D. (Class of 2014)
This last year has been a whirlwind! Ryan and I moved, I started a new job, and we welcomed our second child, Mason Bennet Daniels, all within 5 months. Throw in a couple of hurricanes (we barely missed Harvey and made it to Orlando just in time for Irma) and it’s been quite a time… I finished my fellowship at Texas Children’s Hospital last August and began working at Nemours Hospital for Children in Orlando, FL. My new position is 20% clinical and 80% research, and will primarily focus on children and adolescents with Type 1 Diabetes. Orlando is home to me, so it’s been a nice homecoming. It’s been an adjustment for our whole family, but we are very much enjoying the warm weather, the time with both of our kids, and lots of visitors now that we live so close to Mickey.
Good News!

Thesis Defenses

Cara Diclemente: Coping with Exposure to Community Violence: Assessing the Role of Avoidance in Reducing Delinquency and Aggression in Low-Income Urban Adolescents

Laura Distel: The Impact of Chronic Stress on Childhood Obesity and the Protective Effects of Parental Warmth

Catherine Rice Dusing: Children's exposure to violence across contexts: Profiles of family, school, and community witnessing and victimization

Lauren Hindt: Impact of Visitation with Incarcerated Fathers on Behavioral Adjustment among Children in the Foster Care System

Brynn Huguenel: Fear of Missing Out: A Moderated Mediation Approach to Social Media Use

Alexa Stern: Depressive Symptoms, Neuropsychological Functioning, and Self-Management in Youth with Spina Bifida: Direct, Mediating, and Reciprocal Pathways

Dissertation Defenses

Emma-Lorraine Bart-Plange: Cultural Assets and Racial Discrimination: A Person-based Exploration of Culturally Relevant Coping with African American Male Adolescents

Stephanie Brewer: The roles of HPA axis activity and attentional bias in the development of anxiety symptoms in low-income Mexican-origin children

Kyle Deane: Measuring community violence, trauma, and family functioning among youth living in low-income, urban environments

Katie Dorociak: Pain and Neuropsychological Performance following Electrical Injury

Anne Fuller: Social Support and Well-Being Among Foster Care Youth: Self-Concept as a Mediator

Grace Jhe Bai: Child Maltreatment and Psychosocial Functioning among Foster Care Youth: Self-concept as a Mediator and a Moderator

Lorri Kais: Affect and Cognitive Control: The Influence of Naturalistic Mood on Interference Processing

Jaclyn Papadakis: The Impact of Sociodemographic Factors on Health-Related, Neuropsychological, and Psychosocial Functioning in Youth with Spina Bifida

Dakari Quimby: The Experience of Mentors in a Cross-Age Peer Mentoring Program: Exploring the Helper Therapy Principle

Evan Zahniser: Person-Profiles of Emotion Regulation Skills: Implications for Mental Health and Wellbeing
Good News!

Postdoctoral Fellowships for 2018-2019

Emma-Lorraine Bart-Plange: Children's Hospital of Los Angeles - Project Heal Trauma

Stephanie Brewer: University of Washington - School Mental Health Assessment, Research, and Training (SMART) Center

Kyle Deane: Shriners Hospital for Children, Chicago - Clinical Pediatric Rehabilitation

Grace Jhe Bai: Harvard Medical Center/Boston Children's Hospital - Leadership Education in Adolescent Health (LEAH), Division of Adolescent Medicine

Lorri Kais: Children's Hospital Colorado - Pediatric Neuropsychology/Neurology Resident

Jaclyn Lennon Papdakis: Ann & Robert H. Lurie Children's Hospital of Chicago - Diabetes Fellowship Program, Department of Child and Adolescent Psychiatry

Dakari Quimby: Children's Hospital of Los Angeles - The University of Southern California University Center for Excellence in Developmental Disabilities

Internship Placements for 2018-2019

Carolyn Bates: Children's Mercy Kansas City Pediatric Psychology

Katie Dorociak: Minneapolis VA Medical Center - Neuropsychology

Jenna Shapiro: Rush University Medical Center - Child, Adolescent, and Pediatric Psychology

Suzanna So: University of Southern California / Children's Hospital of Los Angeles - Child/Family & Early Childhood

Stephanie Torres: Ann & Robert H. Lurie Children's Hospital

Evan Zahniser: Vetrans Affairs Medical Center West Los Angeles - Geropsychology

Externship Placements for 2018-2019

Amanda Burnside: University of Chicago, U-STAR Clinic (Stress, Trauma, and Resilience)

Cara DiClemente: University of Chicago Disruptive Behavior Disorders Program

Laura Distel: University of Chicago Child/Adolescent Advanced Psychotherapy and Pediatric Psychology Externship

Colleen Driscoll: Shriners Hospitals for Children, Chicago, Advanced Pediatric/Rehabilitation Psychology Therapy Practicum

Catherine Rice Dusing: University of Chicago Disruptive Behavior Disorders Program and Rheumatology/Chronic Pain Rotation

Amy Heard Egbert: University of Chicago Medical Center, Department of Psychiatry - Eating Disorders Program

Lauren Hindt: University of Chicago Child/Adolescent Advanced Psychotherapy and Pediatric Psychology Externship

Brynn Huguenei: University of Chicago, CBT Program

Carol Hundert: University of Chicago, Pediatric Neuropsychology

Ian Kahrilas: NorthShore University HealthSystem Adult Neuropsychology

Dorothy McCleod Loren: Seattle Children's Hospital, Pediatric Psychology

Laura Nicholson: University of Illinois at Chicago, Pediatric Neuropsychology

Diana Ohanian: University of Illinois at Chicago, Pediatric Neuropsychology

Cynthia Onyeka: University of Chicago, Pediatric Neuropsychology

Kelly Polnaszek: Edward Hines Jr. VA Hospital, Adult Neuropsychology

Anna Maria Ros: Advocate Illinois Masonic Medical Center, Behavior Health Services

Alexa Stern: University of Chicago Child/Adolescent Advanced Psychotherapy and Pediatric Psychology Externship


Marriages and Engagements!

Catherine and Steven

Catherine Rice married Steven Dusing in Notre Dame, IN on June 23, 2017!

Amy and Tom

Amy Heard married Thomas Egbert in New Orleans on June 3, 2017!

Dorothy and Sam

Dorothy McLeod married to Sam Loren in Portland, ME on September 16, 2017!
Life Outside Loyola

Alumni, Faculty and Students reunited at the annual Loyola get-together at the Society of Pediatric Psychology Annual Conference in Orlando, FL.

Welcome, Baby Deane!

Kyle and Claire Deane welcomed Maggie Jennifer Deane on 12/3 weighing 6lbs, 9oz in Chicago!

The Clinical Program at the Winter Social Event!

Yvita Bustos, Nathan Lutz, Jenny Phan, Elicia Wartman, Adrien Winning, and Liz Sargent on their first day of graduate school (17th grade)!
Internship Interview Season!

Darrick Scott, Dakari Quimby, Suzanna So, Evan Zahniser, and Emma-Lorraine Bart-Plange catch up in LA during interview season (with Emma-Lorraine and Dakari imparting their wisdom)!

Some of the 5th years and their significant others getting tacos in LA during internship interview season.

Stephanie, Carolyn, Evan, Katie and Jenna celebrate end of interviews in Chicago with their “ready for match day and internship” game faces.

Stephanie Brewer, Jackie Papadakis, Grace Jhe Bai, Lorri Kais, Emma-Lorraine Bart-Plange, Dakari Quimby, and Kayle Deane out for dinner with Grayson to celebrate 2017 internship matches!

4th Years Colleen Driscoll, Anna Maris Ros, Amanda Burnside, Kelly Polnaszek, Dorothy McCleod Loren and Amy Heard Egbert celebrate completing qualifying exams!

3rd Years Lauren Hindt, Alexa Stern, Brynn Huguenel, Cara DiClemente, Catherine Rice Dusing, and Laura Distel presenting their Thesis “So Lit” Festival to faculty and other students.
Christmas card photoshoot with the 1st Years!

The Clinical Psychology students celebrate the start of another school year!

Anna Maria Ros, Cara DiClemente, Carol Hundert, and Yvita Bustos represent their Clinical Buddy lineage at the Winter Social

2nd Years Carol Hundert, Ian Kahrilas, Diana Ohanian, and Laura Nicholson rocking it out at the House of Blues where Ian often plays with his band!

Jacquie Hamilton, Carol Hundert, Laura Nicholson, Cara DiClemente, Ian Kahrilas, Kelly Polnaszek, Perla Gamez, Griskell, and Becky Sifton and her family take some time out of their day to watch the solar eclipse by the lake outside Coffey Hall!
2nd Years Cynthia Onyeka, Carol Hundert, and Diana Ohanian at Run for the Zoo!

Evan Zahniser, Stephanie Brewer, Anna Maria Ros, and Laura Distel celebrate Laura’s birthday!

The 1st Years celebrate the end of their first year!

The 3rd Years celebrate defending their theses!

The 4th Years got to celebrate two weddings this year – one in New Orleans for Amy and one in Maine for Dorothy!