WOMEN'S LEADERSHIP FORUM · 2022

ADVICE AND STRATEGY SO YOU CAN HAVE A HIGH-PERFORMANCE CAREER AND FAMILY

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LOYOLA UNIVERSITY CHICAGO
1870
AD · MAJOREM · DEI · GLORIAM
QUINLAN SCHOOL of BUSINESS

Start with the ENDGAME - a problem-solving strategy in which the solver begins at the goal state and attempts to find a path back to the problem's starting conditions.

Why Is It Hard

What is the **Challenge** when pursuing a high-performance career and fulfilling family life?

- Life has Many Seasons - A quick Survey
- Defining Priorities and Goals is a learned Skill
- Measuring success along the way is difficult, but not impossible

Setting Your Path

- **Priority** - A thing that is regarded as more important than another.
  - A lens to focus our goals
- **Goal** - The object of a person's ambition or effort; an aim or desired result.
  - Get a degree, Start a family , Start a business

Why is it important to have Goals and Priorities clearly defined? Together they create Leverage:

- To get big things done
- For the little things that make life wonderful

Step One

Define Your Priorities

Step Two

Imagine your best life at the end - looking back what do you see

Step Three

Imagine you get it wrong at the end - looking back what do you see

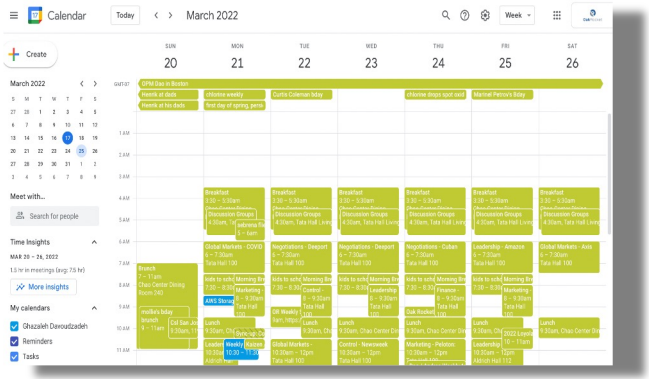
My Story…

Steps to Your Endgame

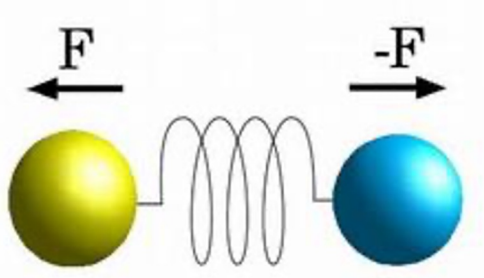
Have Gumption

- **Initiative**
- **Aggressiveness**
- **Resourcefulness**

Block it Out



Forcing Functions



The Corner Office and Family Room

Family Room

Corner Office

Time is the most important thing in life

Time is the most precious resource in your life. You can’t make one more second of it, it is always used and you can never get it back.

Thank you