



SBIRT Training at Loyola University Chicago

You can now use **Kognito** simulation for no cost as part of the SBIRT@LUC Training Program!

Many health professionals report having little time, training, tools, and treatment resources to conduct screening and brief interventions for adolescents' use of alcohol, tobacco and other drugs.

The American Academy of Pediatrics recommends adolescent substance use screening and education as part of routine care, using the universal *Screening, Brief Intervention, and Referral to Treatment (SBIRT)* process developed by SAMHSA.

Kognito's SBI with Adolescents is a conversation simulation designed to prepare health professionals to screen young patients for substance use, conduct brief interventions using evidence-based principles of motivational interviewing, and, when necessary, refer patients to further support.

This simulation helps practitioners learn basic facts about adolescent substance use, as well as techniques to screen patients and conduct brief interventions to drive positive change in health behaviors.

Learning Objectives:

- Screen patients using evidence-based tools
- Conduct brief interventions using motivational interviewing
- Make collaborative action plans with patients
- Refer patients to treatment service and follow up on referrals

All with cutting edge online simulation technology

Simulation Features:

- Available online 24/7
- **Generalizeable to various populations and settings**
- Completion of the program includes continuing education credits (CEUs) for health professionals; a certificate of completion with score based on assessment. **FREE!!!**
- **Kognito** hosts the program on its secure web server and provides technical support for users

kognito Log-in Information:

Create an account: kognitocampus.com

Enrollment key: **loyolasbi**

For additional information on the SBIRT@LUC Training Program, please contact:

Dr. Michael Dentato, Assistant Professor in the School of Social Work at Loyola University Chicago and SBIRT@LUC Program Director, at 312.915.7030 or mdentato@luc.edu.

This training is made freely available to all schools and community based partners across Chicago through the SBIRT@LUC Training Program and SAMHSA grant ID# DHHS SAMHSA H79 TI026444.

This simulation was developed in collaboration with NORC at the University of Chicago with support from the Conrad N. Hilton Foundation.