

# PEDALING AROUND

a workshop on  
safe & smart cycling  
in the city

CHAINLINKS

PARKING STRUCTURE

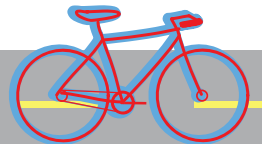
LAKE SHORE CAMPUS

FRIDAY, SEPT. 7

3:00 - 5:00 PM

FREE

CONTEMPLATING DUSTING OFF THE OL' BIKE? THINKING ABOUT WAYS TO GET SOME EXERCISE? WAYS TO SAVE MONEY? OR JUST INTERESTED IN SPENDING LESS TIME INDOORS?



Chicago Bike Ambassadors, the city's bike experts, will discuss the best bicycling practices, including:

- Bicycle safety in traffic
- Laws that apply to cyclists
- Preparing for the ride
- Dressing for different seasons/weather
- Cleaning up for the office or class
- How to prepare for mechanical bike emergencies
- Useful accessories to transport your favorite things
- Combining transit with pedaling
- Tips for planning your route(s)
- Time to plan your route and input from the experts

Please RSVP at [luc.edu/sustainability/registration](http://luc.edu/sustainability/registration)

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Office of Sustainability