

Wellness Center Statement of Solidarity in Response to the Deaths of George Floyd and Ahmaud Arbery

The Wellness Center stands in solidarity with all who are angry, grieving, afraid, and concerned about our nation in the wake of the senseless murders of George Floyd and Ahmaud Arbery, along with numerous other racially motivated injustices. We are dismayed by the frequency of such incidents of violence, often by the police, against our African American brothers and sisters. The names change but the story remains the same. This pattern and system of injustice and inequity cannot stand. We are grimly aware that these recent episodes will not be the last we see in a system entrenched with the legacy of our racist history, however we also remain hopeful in the greater power of the goodness in humanity to overcome the insidious forces of racism and violence that threaten to harm and divide our citizens and tear apart our communities.

Please know that even from a distance during these troubled times of a pandemic, our staff remains available to you. We are available for crisis and trauma response, for outreach training and consultation, for individual and group counseling, and for after-hours consultation.

To schedule an appointment to speak with a counselor, click [here](#).

Dr Andrea Boyd, Counselor for Diversity, Inclusion and Social Justice Initiatives, will be present at the upcoming event: **Black Ramblers Community Circle**. This is a closed space for Black students to voice personal concerns, express feelings, name needs, and find solidarity-based support from Black staff and faculty. Students can email diversity@luc.edu for the meeting ID and password.

Additional LUC Events: Confronting Racism: Aspiring Allyship & Anti-Racist Frameworks. On June 5th at 3:30pm, SDMA will host a workshop that will address how community members can uproot anti-blackness and provide tangible tools for aspiring allyship to use when dismantling racism. This is open to all Ramblers, staff and faculty. The meeting ID is 978 2111 2105.

Additional LUC Resources:

[Student Diversity and Multicultural Affairs
Center for Student Assistance and Advocacy](#)

Additional Resources

[Black Lives Matter: Toolkit](#)
[Grief is a Direct Impact of Racism: Eight Ways to Support Yourself](#)
[Liberate Meditation App](#) (by and for people of color)
[75 Things White People Can Do for Racial Justice](#)
[Antiracism Learning Opportunities through Enrich Chicago](#)