

Potential Impact of COVID-19 on Different Student Populations – Students with Housing/Food Insecurities

The Wellness Center's Health Promotion team compiled information on different student populations and how they may be impacted by the COVID-19 pandemic. We have included some background information, as well as some national and Loyola specific resources for students to access in this time of uncertainty. See below for information on students with housing/food insecurities, the rest of the specific population factsheets can be found in separate pdfs on the [website](#).

Students with Housing/Food Insecurities

Housing insecurity can be broadly defined as difficulty paying rent, frequent moves, those who live in overly crowded conditions or unsafe homes. Food insecurity includes people who have limited access to nutritious food. For many people, Universities and k-12 schools provided stable housing and/or dependable meals or income from student employment. Some home environments may not be suitable for online or distance learning because of lack of technology or places to study. Housing insecurities and frequent moves have also been associated with negative health outcomes and chronic conditions which may put people at a higher risk for contracting COVID-19. If you or a friend is experiencing food/housing insecurity or an unsafe home here are some online resources:

Resources:

- [CARE \(Coordinated Assistance & Resource Education\) Referral](#): assistance from the Office of the Dean of Students
- [St. Ignatius Church](#): food pantry near Loyola's Lake Shore Campus
6559 North Glenwood Ave.
Phone: (773) 764-5936
Email: info@stignatiuschurch.org
Food Pantry Hours: Wed. 2pm-4pm, Fri. 10am-12:pm
- [Care for Real](#): food pantry near Loyola's Lake Shore Campus
5341 N. Sheridan Rd.
Phone: (773) 769-6182
Email: info@careforreal.org
Pantry: Monday, Wednesday, Friday: 9 AM – 12 PM
- [Howard Area Community Center](#)
7648 N. Paulina St.
Phone: (773) 262-6622

Pantry: 1st & 3rd Mon: 9 am-11 am; 2nd & 4th Wed: 2 pm-5 pm

- [Streetlight Chicago](#): locate resources near your current location using their website or free app
- [National Foodbank locator](#)
- **For Maywood Residents:** Proviso Partners for Health ([PP4H](#)) and [VeggieRx](#) are providing fresh produce and dry goods free of charge to Maywood residents impacted by COVID-19.
- [CPS Food Assistance for Families](#): Available to all CPS students and families; Undocumented families can receive these services as well- no need to prove citizenship, ID, or proof of a student attending a particular school
- [Cook County Food Pantries](#): Available to all Cook County residents
- [Cook County Mobile Pantries](#): Available to all Cook County residents
- [Cook County Soup Kitchens](#): Available to all Cook County residents
- [Women, Infants, and Children \(WIC\)](#): Food benefits from the state available for low to medium-income families consisting of pregnant women, new mothers and young children
- [Supplemental Nutrition Assistance Program](#): Food benefits from the state available for low-income individuals and families
- [Emergency Food](#): Food benefits from the federal government available for low-income individuals and families
- [Food Resources offered by the City of Chicago](#)
- [Hotlines and text lines for unsafe homes or domestic violence](#)
- [For Illinois housing and homelessness resources, including legal resources and rights](#)