

Wellness Center Statement of Solidarity with Our Asian American and Pacific Islander Community

The Wellness Center stands in solidarity with the Asian American community as we witness rising levels of hatred toward and violence against Asian Americans. As we have seen with violence against Black lives and against immigrant communities, we once again witness the tragic results when humans direct anger, aggression and hatred toward individuals whose common humanity they refuse to acknowledge. First and foremost, we want our Asian and Pacific Islander students to know we are here for you. Wellness Center counselors are available for crisis and trauma response, for outreach training and consultation, for [drop-in sessions](#), for individual and group counseling, and for after-hours consultation. To schedule an appointment to speak with a counselor, please click [here](#). For mental health resources for Asian Americans, please click [here](#).

Additional LUC Resources:

[Student Diversity and Multicultural Affairs](#)

[Center for Student Assistance and Advocacy](#)

Additional Community Resources:

[Asian Human Services](#)

[Stop AAPI Hate](#)