



Mental Health Resources for Black Students

Loyola Resources

Wellness Center Counselors are available for online counseling and to help connect you with needed care. In addition, Dr Andrea Boyd, Staff Counselor for Diversity, Inclusion and Social Justice Initiatives, is a Black-identified psychologist who also has availability for regularly scheduled counseling sessions and for drop-in hours. Appointments may be made [here](#).

Websites, Articles, and Social Media Accounts to Follow

[The Steve Fund](#)

[Mental Health Resource Library for African Americans](#)

[Grief is a Direct Impact of Racism](#) article

[Mental Health Resources for People of Color](#)

[Meditation App](#) for the Black, Indigenous, and People of Color community

@blackmentalwellness

Online Resources for Finding a Black Therapist

[Black Female Therapists](#)

[Sista Afya](#) (and their preferred list of [Chicago providers](#))

[Melanin and Mental Health](#)

[Therapy for Black Girls](#)

[National Queer and Trans Therapists of Color Network](#)

[Changing Perspectives](#)

A practice that is [providing limited free counseling](#) visits for Black patients

[African American Therapists](#)

[The Association of Black Psychologists](#)