

Potential Impact of COVID-19 on Different Student Populations – Students in Recovery from Alcohol or other Substance Abuse

The Wellness Center's Health Promotion team compiled information on different student populations and how they may be impacted by the COVID-19 pandemic. We have included some background information, as well as some national and Loyola specific resources for students to access in this time of uncertainty. See below for information on students in recovery, the rest of the specific population factsheets can be found in separate pdfs on the [website](#).

Students in Recovery from Alcohol or other Substance Abuse

Some of the biggest risk factors for people who are in recovery or for those suffering from addiction include isolation and boredom. While the Stay-at-Home orders are important to prevent the spread of COVID-19, this creates an environment for relapse or increased drug use (including alcohol). Although in person support meetings have largely been suspended, there are still many online resources to provide some social interaction, consistency and accountability.

Resources:

- [National hotline and resources](#)
- [App for recovery support](#)
- [List of resources including information and online connections](#)